

## QUICKSTEP / COMPLIMENTS / MOVEMENTS

### UNDER 16 GRADE

DISC	MOVEMENT
Start	Quickstep / Compliments
1	Right Form
2	Special Right Turn / Form Echelon
3	Reform Team / Reverse Squad
4	Right Turn Countermarch / Form Line
5	Split Line Wheels
6	Form Line / Salute
7	Reform Team
8	Right Wheel
9	Form Echelon / Slow March
10	Reform Team
11	Right Turn / Form Y

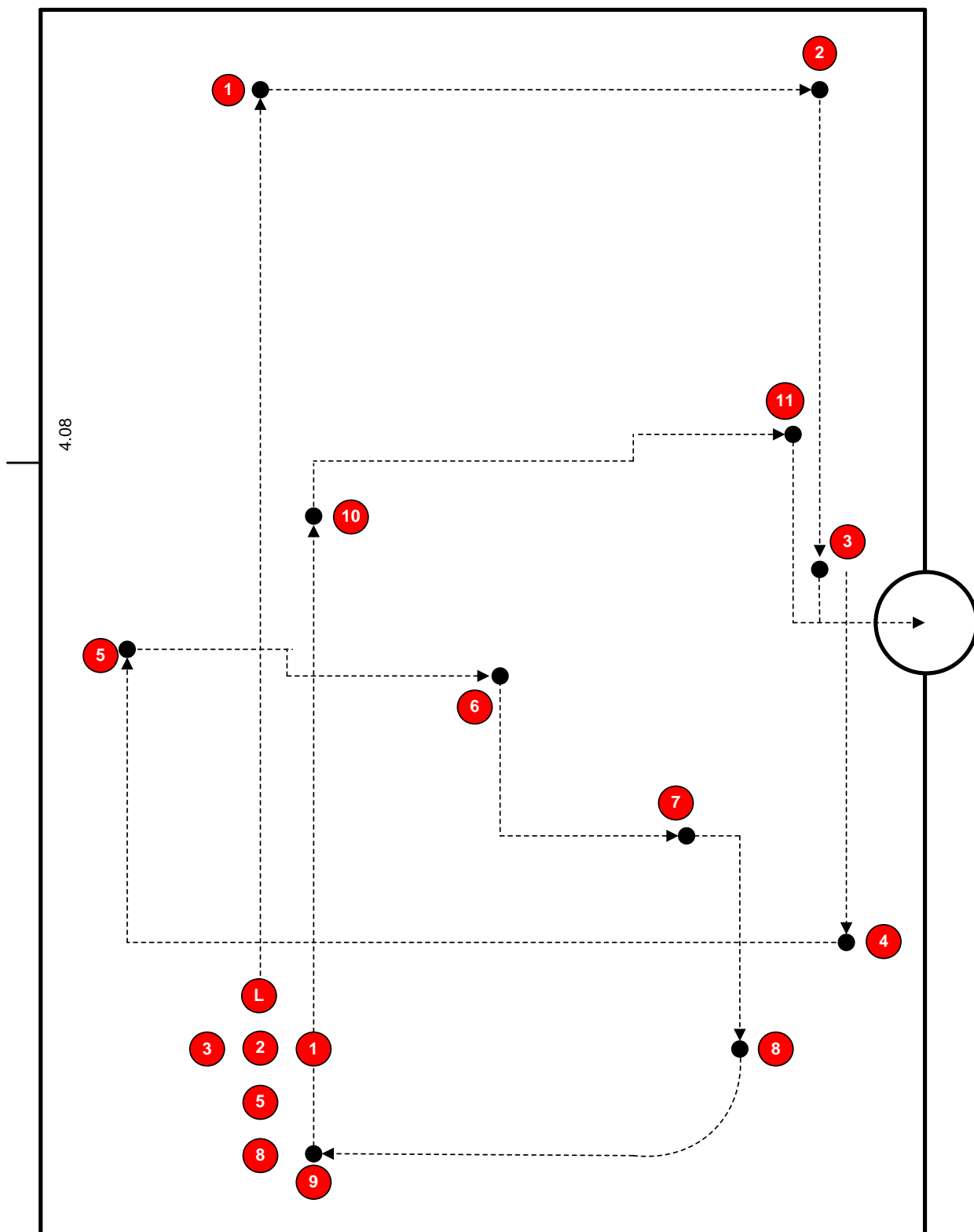
#### DISC MEASUREMENTS:

Disc	Left of Centre	From Front Boundary	Right of Centre
Assembly	19.72 m	17.00 m	
Start	9.52 m	17.00 m	
1		17.00 m	13.60 m
2		2.72 m	13.60 m
3		2.72 m	1.36 m
4	8.16 m	2.04 m	
5	.68 m	20.40 m	
6	1.36 m	10.88 m	
7	5.44 m	6.12 m	
8	10.88 m	4.76 m	
9	13.60 m	15.64 m	
10		15.64 m	2.72 m
11		3.40 m	4.76 m

**Note:** The Assembly Position will be 19.72m, Left of Centre, unless this measurement precludes the use of an indoor venue in which case the Assembly Disc can be moved toward the side boundary at 18.36m or 17.00m.

#### TIME:

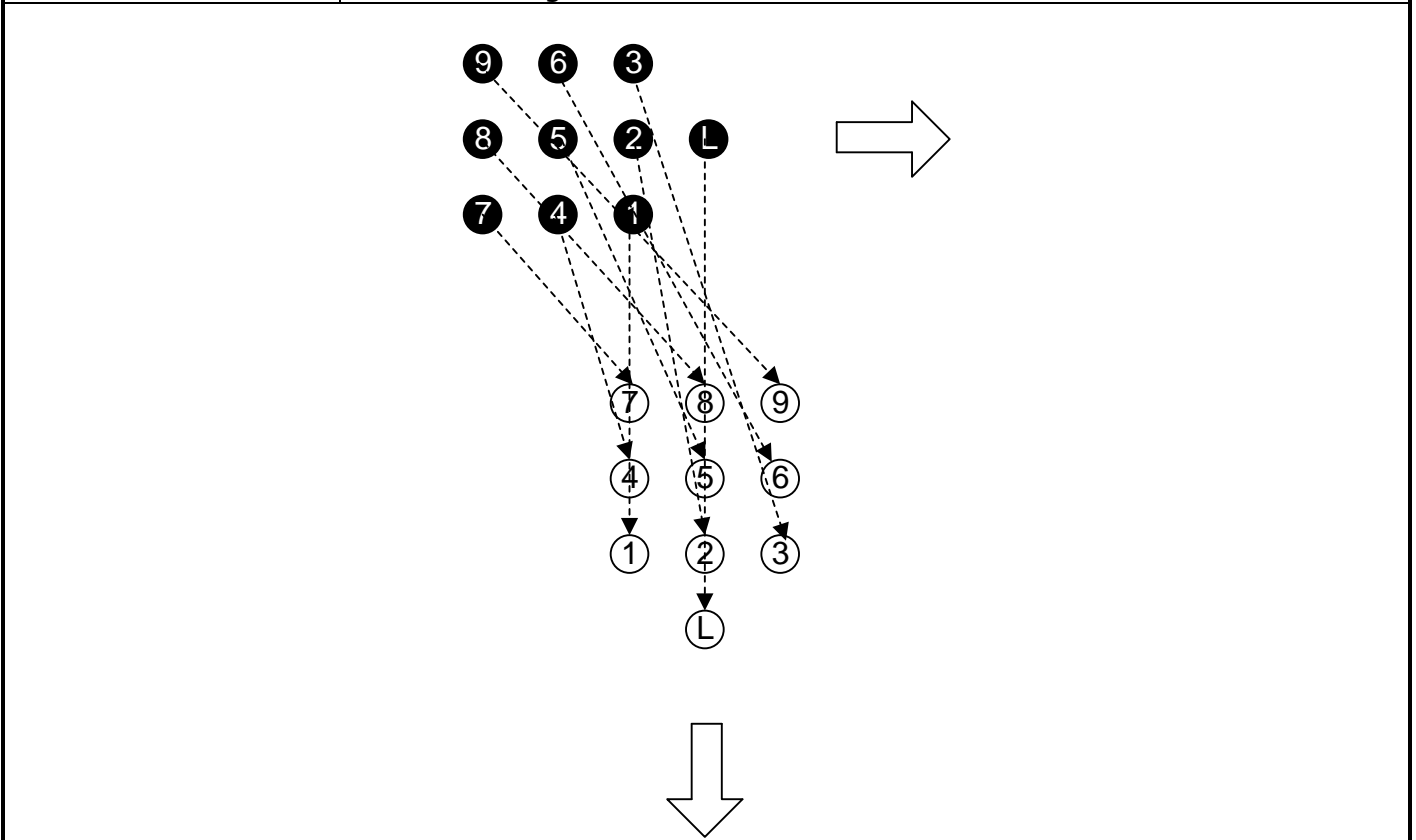
3 minutes 20 seconds (approx.)



**START: By the Centre Quick March**

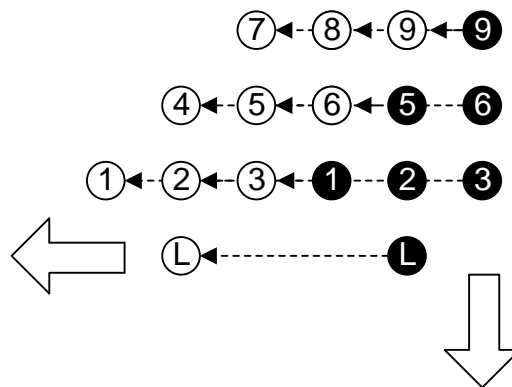
<b>QUICKSTEP/COMPLIMENTS:</b>	
All Members	March 10 paces, mark time two beats with the Leader saluting and team members (except No. 1) turning heads to the right in unison during the second beat of mark time, march 10 paces (to complete the Quickstep course), mark time two beats with team members turning heads to the front and the Leader dropping the salute in unison during the second mark time and step out. Including the step out pace on the LEFT foot, FOURTEEN paces will be taken to bring the Leader's RIGHT foot onto Disc 1.

<b>DISC 1 – RIGHT FORM:</b>	
Leader	Right turn, march thirteen paces, mark time five beats and step out
No.1	Right turn, march nine paces, mark time nine beats and step out
Nos. 4/7	Right turn of sufficient angle to align on finishing positions of normal team formation. March ten regulated paces, mark time eight beats
Nos. 2/5/8	Right turn of sufficient angle to align on finishing positions of normal team formation. March twelve regulated paces, mark time six beats
Nos. 3/6/9	Right turn of sufficient angle to align on finishing positions of normal team formation. March fourteen regulated paces, mark time four beats
Nos. 2/3/4/5/6/7/8/9	As the foot descends from the raised position of the final mark time beat, a pivot will be made to the new front in unison, and step out.
All Members	Including the step out pace on the RIGHT foot, EIGHT paces will be taken to bring the Leader's LEFT foot onto Disc 2.



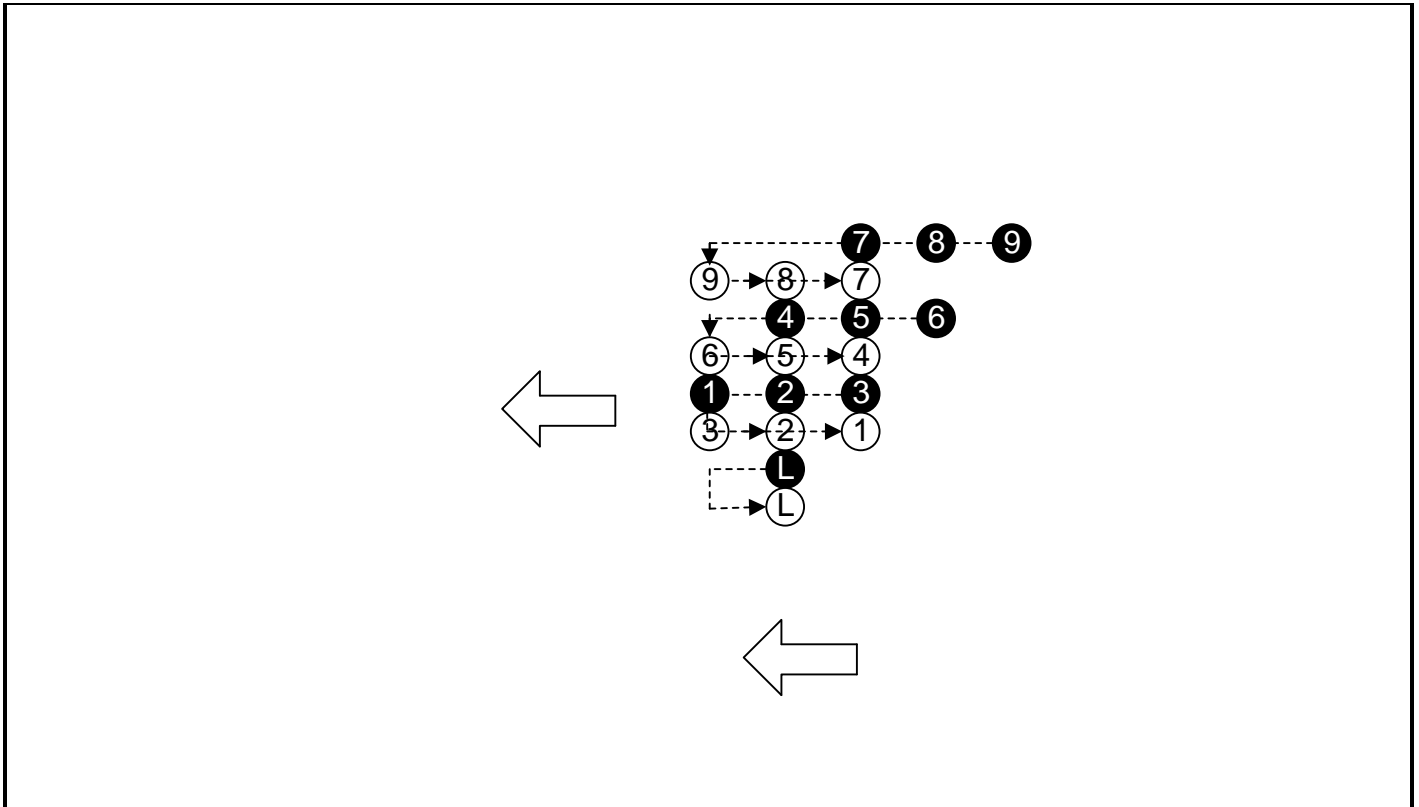
**DISC 2 – SPECIAL RIGHT TURN / FORM ECHELON:**

All Members	Halt, special right turn (as detailed below)
Beat 1 (left)	Pivot 45° to the right on the ball of the left foot and extend the right foot to the line of march (toe to ground) and hesitate
Beat 2 (right)	Pause
Beat 3 (left)	Raise the right foot to the mark time position and hesitate
Beat 4 (right)	Pause
Beat 5 (left)	Lower the right foot to the stationery position and hesitate
Beat 6 (right)	Pause
Beat 7 (left)	Pivot 45° to the right on the ball of the left foot and hesitate
Beat 8 (right)	Pause
Leader and Nos. 1/2/3	March six paces, mark time two beats and step out
Nos. 4/5/6	March four paces, mark time four beats and step out
Nos. 7/8/9	March two paces, mark time six beats and step out
All Members	Including the step out pace on the LEFT foot, TWELVE paces will be taken to bring the Leader’s RIGHT foot onto Disc 3.

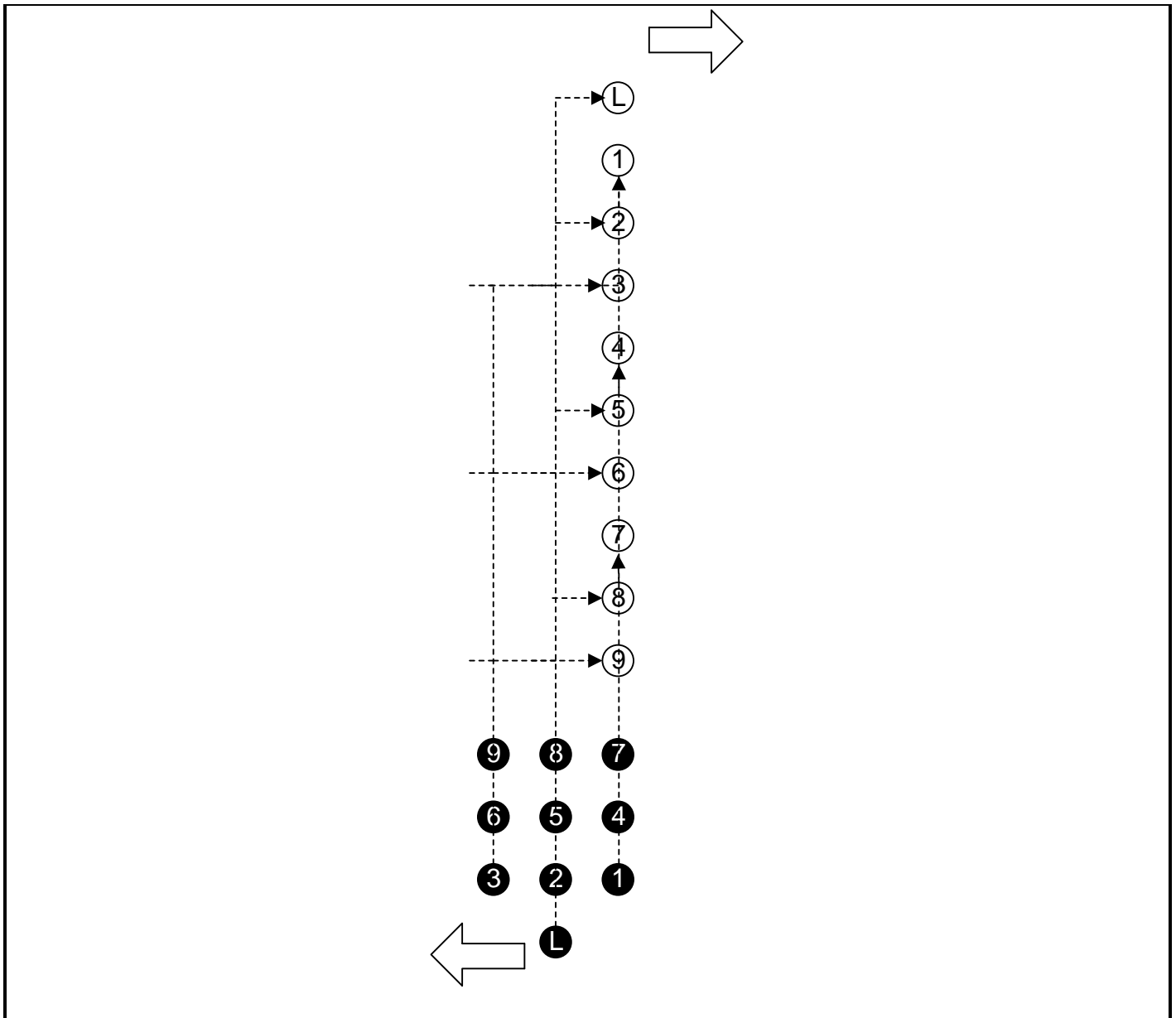


**DISC 3 – REFORM TEAM / REVERSE SQUAD:**

Leader and Nos. 1/2/3	Mark time four beats
Nos. 4/5/6	March two paces, mark time two beats
Nos. 7/8/9	March four paces
All Members	Mark time six beats turning evenly 90° to the left
Nos. 1/4/7	March one pace (arms at sides), halt, take one side pace to the left, pause two beats, take one side pace to the left, pause two beats, take two side paces to the left, pause two beats
Leader and Nos. 2/5/8	Pause two beats, take one side pace to the right, pause two beats, take one side pace to the right, march one pace (arms at sides), halt, take two side paces to the left, pause two beats
Nos. 3/6/9	Pause two beats, take one side pace to the right, pause two beats, take one side pace to the right, pause two beats, take two side paces to the right, march one pace (arms at sides) halt
All Members	Mark time six beats turning evenly 90° to the right and step out
All Members	Including the step out pace on the LEFT foot, FOURTEEN paces will be taken to bring the Leader’s RIGHT foot onto Disc 4.



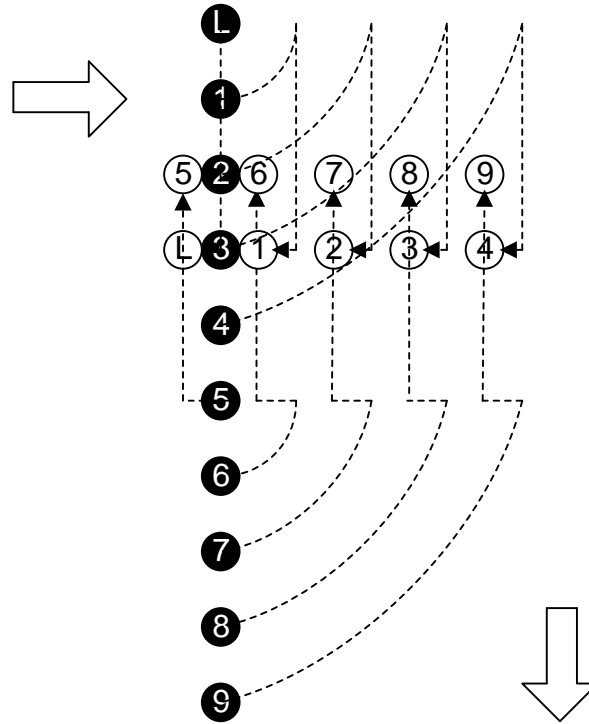
DISC 4 – RIGHT TURN COUNTERMARCH / FORM LINE:	
<b>(Phase one)</b>	
<b>All Members</b>	Right turn
Leader	March twenty seven paces
Nos. 1/2/3	March nineteen paces, take one side pace to the left, pause three beats, take one side pace to the right, pause one beat
Nos. 4/5/6	March eleven paces, take one side pace to the left, pause eleven beats, take one side pace to the right, pause one beat
Nos. 7/8/9	March three paces, take one side pace to the left, pause nineteen beats, take one side pace to the right, pause one beat
<b>(Phase two)</b>	
Leader	Mark time three beats, pivot 90° to the right on the ball of the left foot and march two paces, mark time three beats and step out
Nos. 3/6/9	Mark time one beat, pivot 90° to the right on the ball of the left foot and march four paces, mark time three beats and step out
Nos. 2/5/8	March two paces, right turn, march two paces, mark time three beats and step out
Nos. 1/4/7	March four paces, right turn and without stepping out mark time three beats and step out
All Members	Including the step out pace with the LEFT foot, NINE paces will be taken to bring the Leader's LEFT foot onto Disc 5.



**DISC 5 - SPLIT LINE WHEELS:**

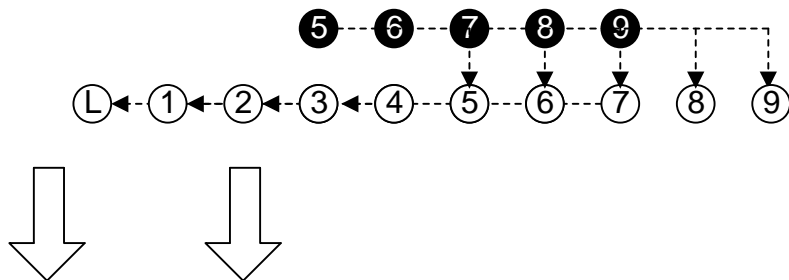
<p>Leader &amp; No. 5</p>	<p>Mark time thirteen beats turning evenly 90° to the left, (turn heads to the right on completion of the first mark time beat), mark time two beats (turning heads to the new front on completion of the second beat of mark time)</p>
<p>Nos. 1/2/3/4/6/7/8/9</p>	<p>March thirteen regulated paces (arms at sides) to wheel 90° to the left (turning heads to the left on completion of the first regulated pace) radius Nos. 1/6 two paces, Nos. 2/7 four paces, Nos. 3/8 six paces, Nos. 4/9 eight paces, mark time two beats (turning heads to the new front on completion of the second mark time beat)</p>
<p>Leader and Nos. 1/2/3/4</p>	<p>Pivot 90° to the right on the ball of the left foot, pause one beat, pivot 90° to the right on the ball of the left foot, pause one beat, march six paces, mark time three beats, side pace one pace to the right, pause one beat and step out</p>
<p>Nos. 5/6/7/8/9</p>	<p>Side pace one pace to the left, pause two beats, march six paces, mark time two beats, pivot 90° to the right on the ball of the left foot, pause one beat, pivot 90° to the right on the ball of the left foot, pause one beat and step out</p>

All Members	Including the step out pace with the LEFT foot, EIGHT paces will be taken to bring the Leader's RIGHT foot onto Disc 6.



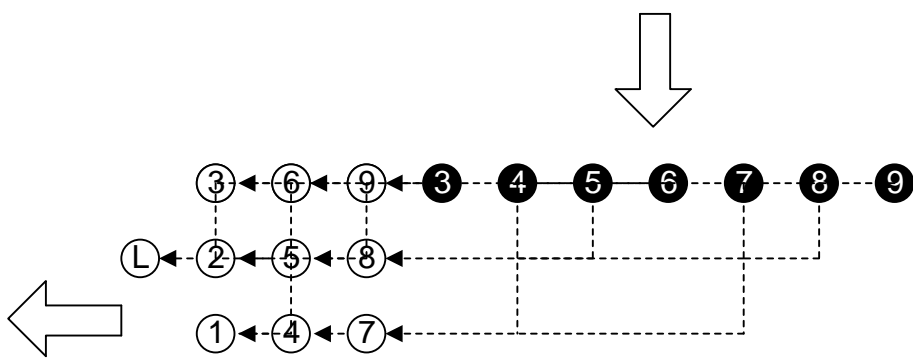
**DISC 6 – FORM LINE / SALUTE:**

Leader and Nos. 1/2/3/4	Right turn, march six paces, left turn and without stepping out mark time two beats
Nos. 5/6/7/8/9	Off-step left turn, march four paces, off-step right turn, march two paces, mark time two beats
All Members	Pause eight beats (saluting in unison on beat three and concluding the salute on beat six) and step out
All Members	Including the step out pace with the LEFT foot, SEVEN paces will be taken to bring the Leader's LEFT foot onto Disc 7.



**DISC 7 – REFORM TEAM:**

<b>(Phase 1)</b>	
All Members	Halt
Nos. 3/6/9	Pause two beats, pivot 90° to the right on the ball of the left foot, pause one beat, march four paces
Leader and Nos. 2/5/8	March two paces, mark time two beats, pivot 90° to right on the ball of the left foot, pause one beat, march two paces
Nos. 1/4/7	March four paces, mark time two beats, pivot 90° to the right on the ball of the left foot, pause one beat
<b>(Phase 2)</b>	
Leader	Mark time twelve beats and step out
Nos. 1/2/3	March two paces, mark time ten beats and step out
Nos. 4/5/6	March six paces, mark time six beats and step out
Nos. 7/8/9	March ten paces, mark time two beats and step out
All Members	Including the step out pace with LEFT foot, SIX paces will be taken to bring the Leader's RIGHT foot onto Disc 8.

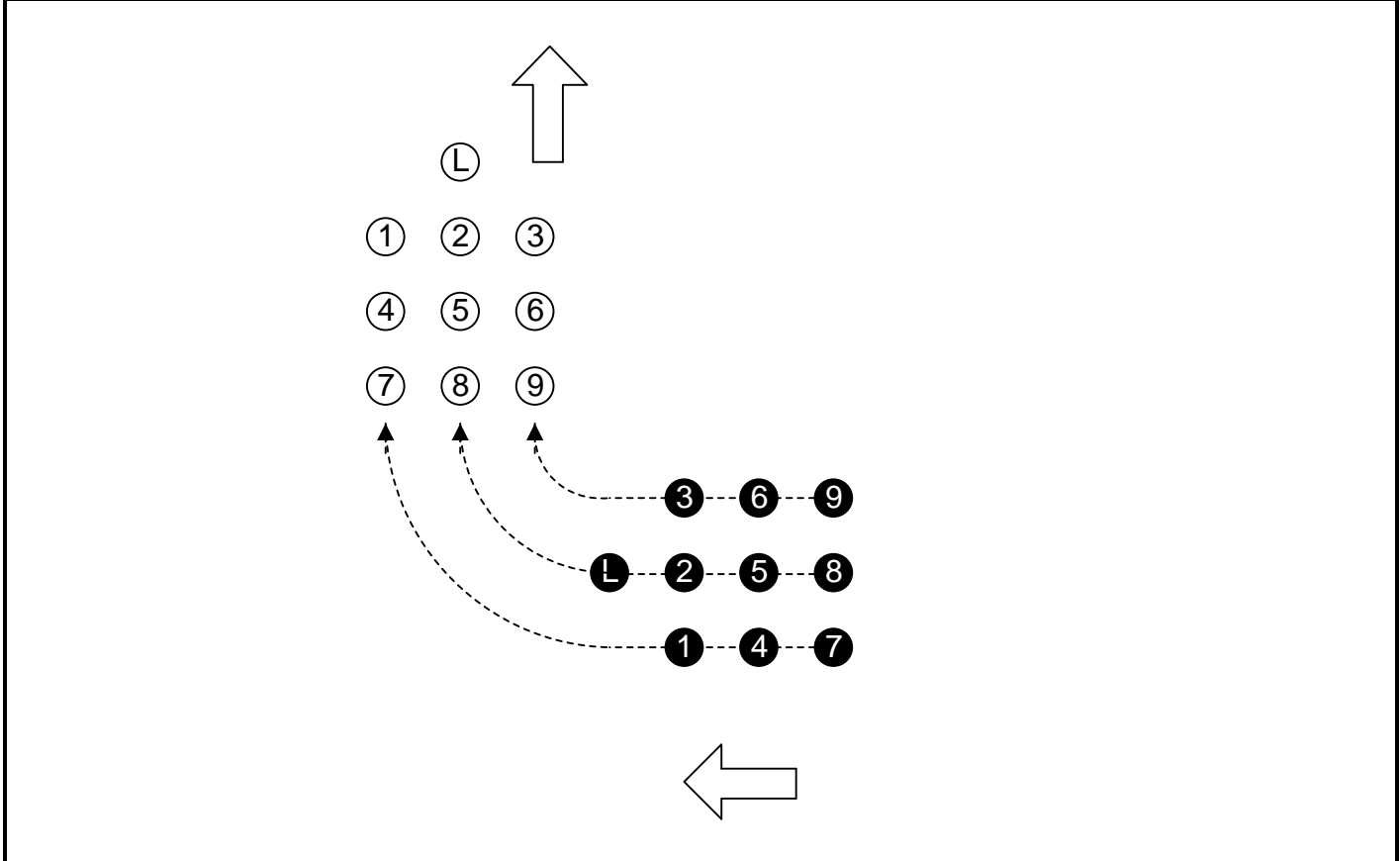


**DISC 8 – RIGHT WHEEL:**

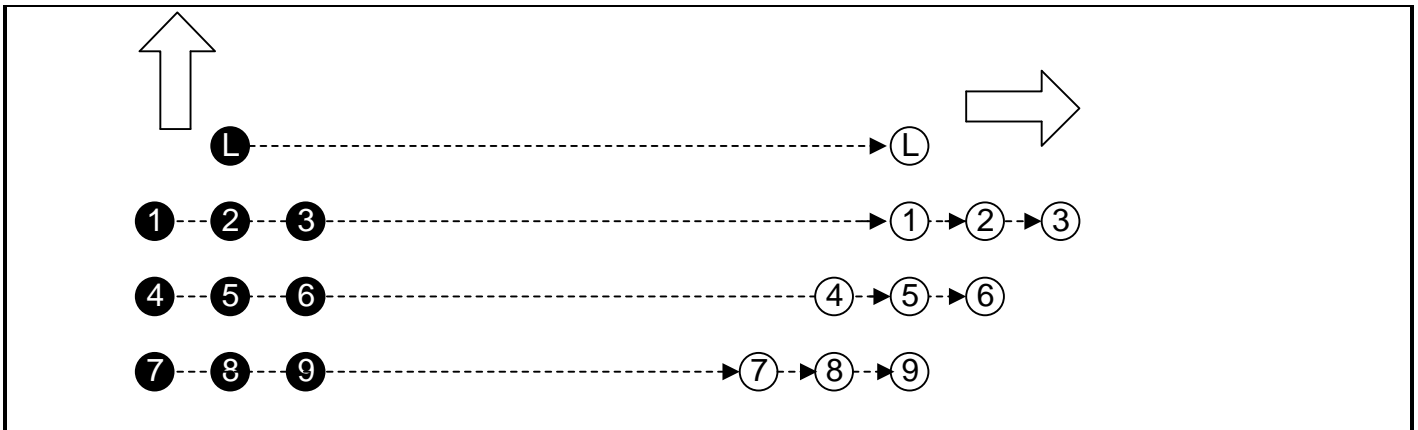
Leader	March ten regulated paces to wheel 90° to the right (radius four paces), turning head to the right on completion of the whistle signal, and turning head to the new front on completion of the tenth regulated pace and step out
Nos. 1/2/3	March two paces, turning heads on completion of the second pace (No. 3 to the left, Nos. 1/2 to the right), march ten regulated paces to wheel 90° to the right (radius – No. 3 two paces, No. 2 four paces, No. 1 six paces) and turning heads to the new front on completion of the tenth regulated pace and step out
Nos. 4/5/6	March four paces, turning heads on completion of the fourth pace (No. 6 to the left, Nos. 4/5 to the right), march ten regulated paces to wheel 90° to the right (radius – No. 6 two paces, No. 5 four paces, No. 4 six paces) and turning heads to the new front on completion of the tenth regulated pace and step out
Nos. 7/8/9	March six paces, turning heads on completion of the sixth pace (No. 9 to the left, Nos. 7/8 to the right), march ten regulated paces to wheel 90° to the right (radius – No. 9 two paces, No. 8 four paces, No. 7 six



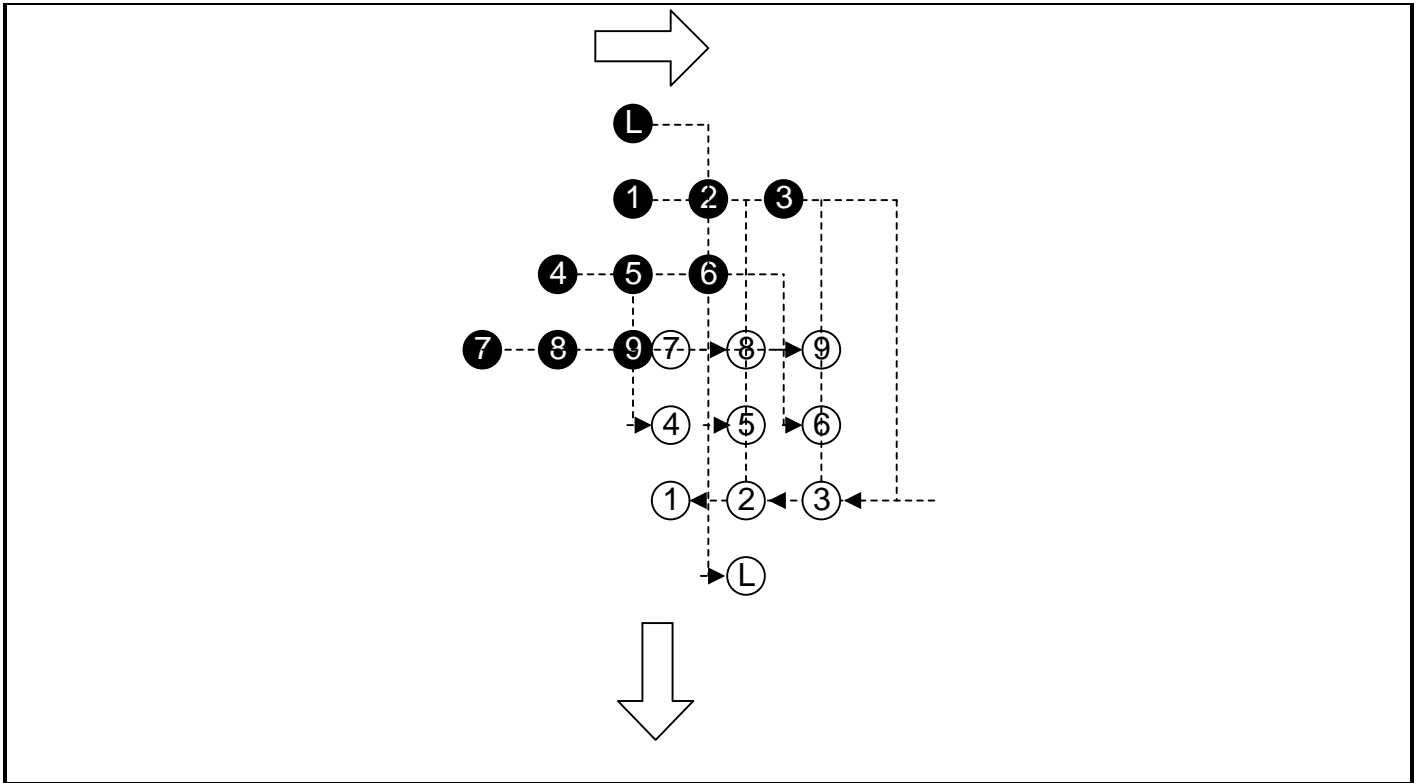
	paces) and turning heads to the new front on completion of the tenth regulated pace and step out
All Members	Including the step out pace with LEFT foot, TWELVE paces will be taken to bring the Leader's RIGHT foot onto Disc 9.



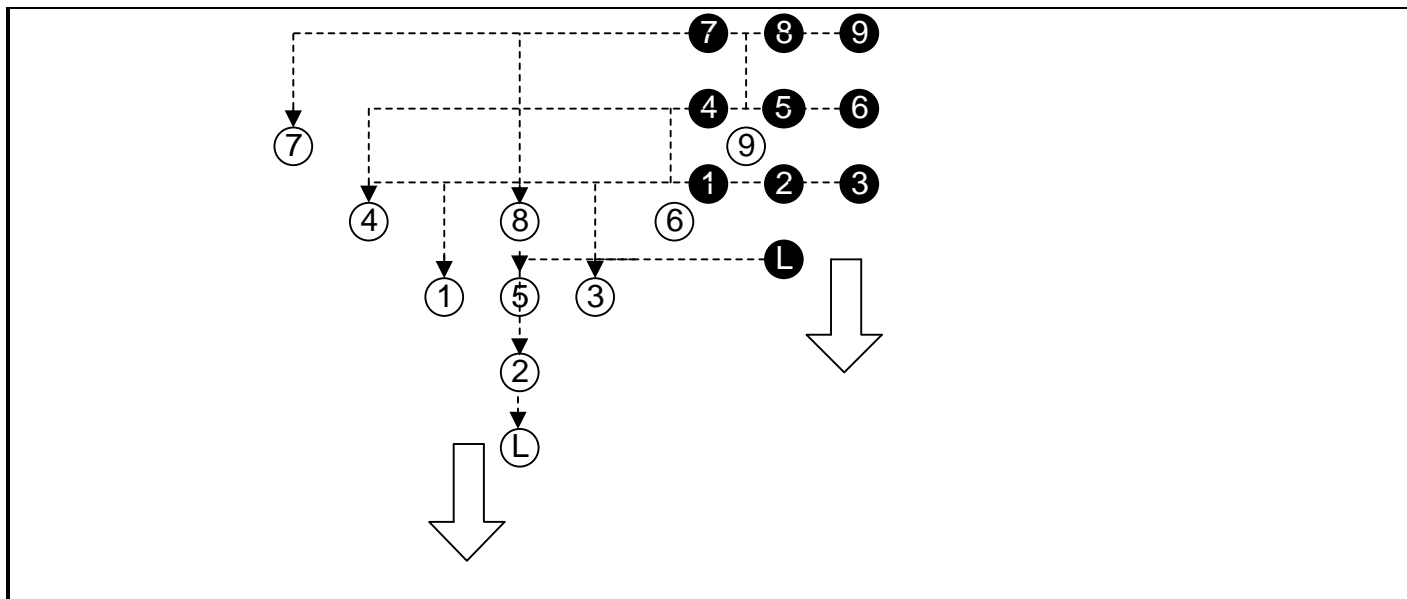
<b>DISC 9 – FORM ECHELON / SLOW MARCH:</b>	
All Members	Right turn
Leader	March eight paces, mark time three beats, pause one beat
Nos. 1/2/3	March ten paces, mark time one beat, pause one beat
Nos. 4/5/6	March eight paces, mark time three beats, pause one beat
Nos. 7/8/9	March six paces, mark time five beats, pause one beat
All Members	Slow March ten paces (approximately 61cm in length commencing with the right foot on the left beat) and step out
All Members	Including the step out pace with the RIGHT foot, march SEVEN paces will be taken to bring the Leader's RIGHT foot onto Disc 10



DISC 10 - REFORM TEAM	
Leader and Nos. 4/5/6	March two paces, mark time two beats
Nos. 1/2/3	March three paces, mark time one beat
Nos. 7/8/9	March one pace, mark time three beats
All Members	Pivot 90° to the right on the ball of the left foot, pause one beat
Leader	March seven paces, mark time one beat, pause two beats
Nos. 1/2/3	March eight paces, take one side pace to the left
Nos. 4/5/6	March four paces, mark time four beats, take one side pace to the left
Nos. 7/8/9	Mark time eight beats, take one side pace to the left
Leader	March five paces (arms at sides), halt, take one side pace to the left and step out
Nos. 1/2/3	Mark time four beats, pivot 90° to the right on the ball of the right foot and march three paces, left turn and step out
Nos. 4/5/6	Mark time three beats, pause five beats and step out
Nos. 7/8/9	Mark time four beats, pivot 90° to the left on the ball of the right foot and march three paces, off-step right turn and step out
All Members	Including the step out pace with the LEFT foot, SIX paces will be taken to bring the Leader's RIGHT foot onto Disc 11.



<b>DISC 11 – RIGHT TURN / FORM Y</b>	
All Members	Right turn
No. 9	March three paces, mark time eight beats
No. 6	March five paces, mark time six beats
Leader and Nos. 1/2/3/5/8	March seven paces, mark time four beats
No. 4	March nine paces, mark time two beats
No. 7	March eleven paces
All Members	Mark time six beats turning evenly 90° to the left
Leader and Nos. 2/5/8	March five paces and halt
Nos. 1/3/4/6/7/9	Pause two beats, march three paces and halt.
All Members	Pause eight beats, saluting in unison on the third paused beat and dropping salute in unison on the sixth beat, left turn and step out



**NOTES:**

1. There will be no whistle signal to indicate the final halt.
2. The left turn executed to march off the competition area is optional, but must not exceed four beats.
3. The team must march directly off the competition area and must not halt or disband until well clear of the side boundary.