

## QUICKSTEP / COMPLIMENTS / MOVEMENTS

### UNDER 12 GRADE

DISC	MOVEMENT
Start	Quickstep / Compliments
1	Pivot Turn Right
2	Open Formation
3	Mark Time
4	Left Turn Countermarch
5	Left Wheel
6	Reverse Wheels
7	Turn Right Incline
8	45 Degree Pivot Left

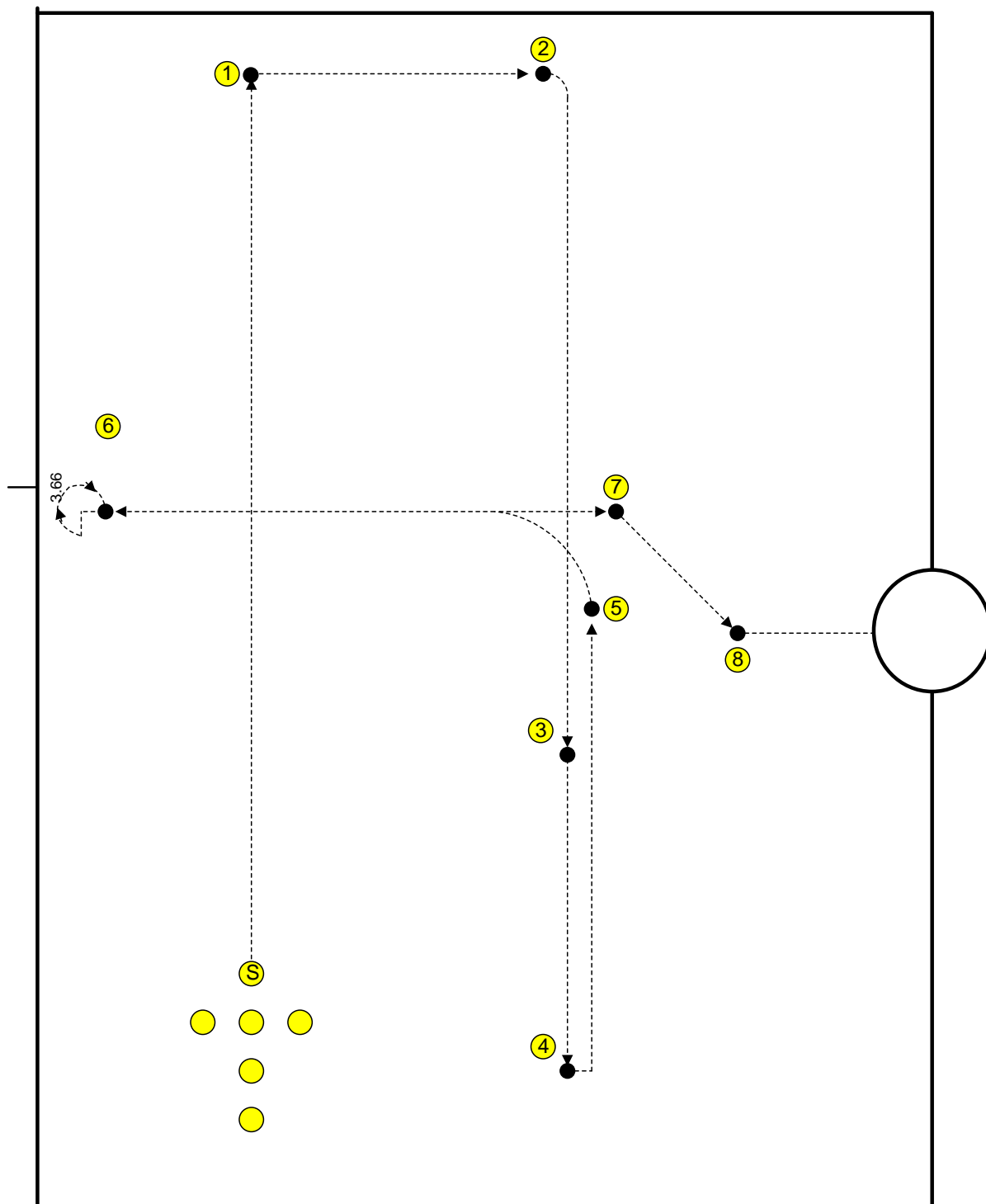
#### DISC MEASUREMENTS:

Disc	Left of Centre	From Front Boundary	Right of Centre
Assembly	18.91 m	17.08 m	
Start	8.54 m	17.08 m	
1		17.08 m	14.03 m
2		9.15 m	14.03 m
3	3.05 m	8.54 m	
4	10.98 m	8.54 m	
5		7.93 m	0.61 m
6		20.13 m	3.05 m
7		7.32 m	3.05 m
8		4.27 m	

**Note:** The Assembly Position will be 18.91m, Left of Centre, unless this measurement precludes the use of an indoor venue in which case the Assembly Disc can be moved toward the side boundary at 17.69m or 16.47m.

#### TIME:

1 minute 57 seconds (approx.)

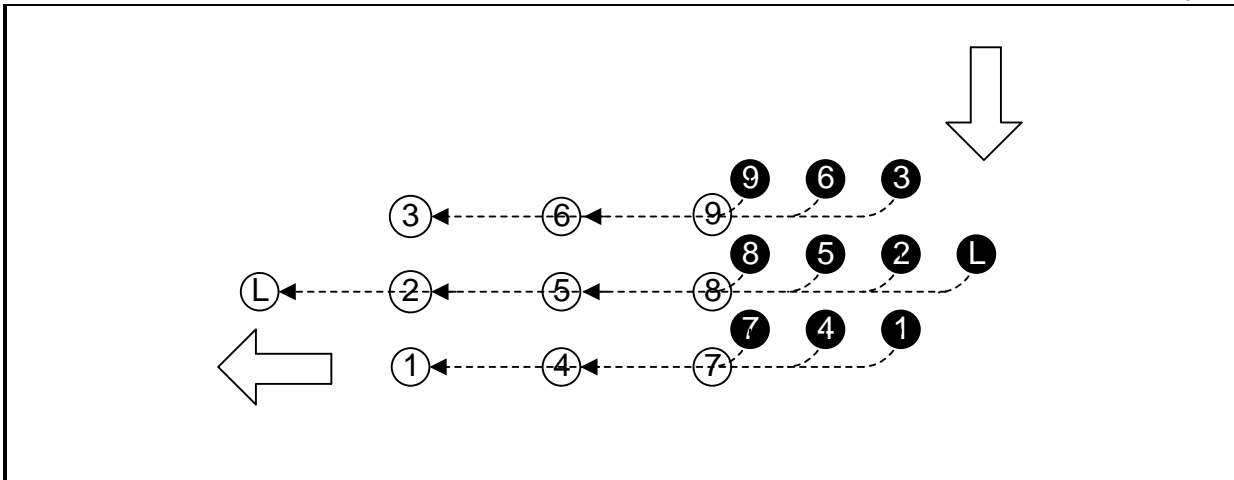


**START: By the Centre Quick March**

<b>QUICKSTEP/COMPLIMENTS:</b>	
<b>Leader</b>	March nine paces, halt, pause two beats saluting and turning head to the right on the first (left) of these beats, march eleven paces (left arm at side), halt, pause two beats dropping the salute and turning head to the front on the first (left) of these beats, and step out.
<b>No. 1</b>	March nine paces, halt, pause two beats (left and right beats), march eleven paces (arms at sides), halt, pause two beats (left and right beats), and step out.
<b>Nos. 2/3/4/5/6/7/8/9</b>	March nine paces, halt, pause two beats turning heads to the right on the first (left) of these beats, march eleven paces (arms at sides), halt, pause two beats turning heads to the front on the first (left) of these beats, and step out.
<b>All Members</b>	Including the step out pace on the LEFT foot, march seventeen paces to bring the Leader's LEFT foot onto Disc 1.

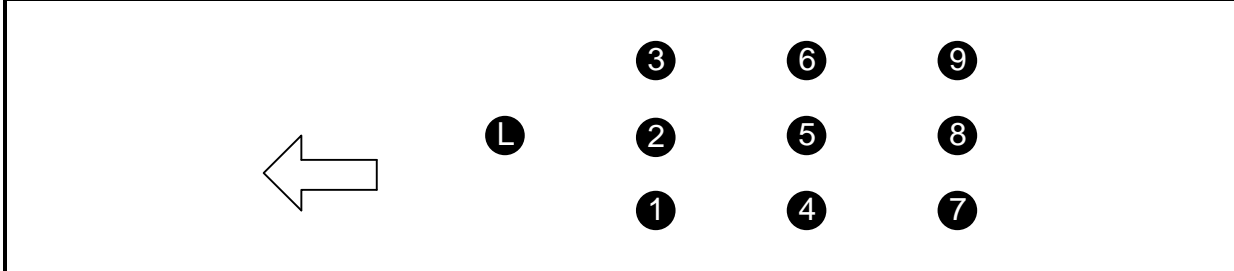
<b>DISC 1 – TURN RIGHT:</b>	
<b>All Members</b>	Halt, pivot 90 degrees to the right on the ball of the left foot, pause one beat.
	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader's LEFT foot onto Disc 2.

<b>DISC 2 – OPEN FORMATION:</b>	
<b>All Members</b>	Halt
<b>Leader</b>	March four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), and step out.
<b>Nos. 1/2/3</b>	Mark time six beats, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), and step out.
<b>Nos. 4/5/6</b>	Mark time six beats, pause six beats, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), and step out.
<b>Nos. 7/8/9</b>	Mark time six beats, pause six beats, mark time six beats, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), and step out.
<b>Leader</b>	Including the step out pace with the LEFT foot, march twenty seven paces to bring the Leader's LEFT foot onto Disc 3.



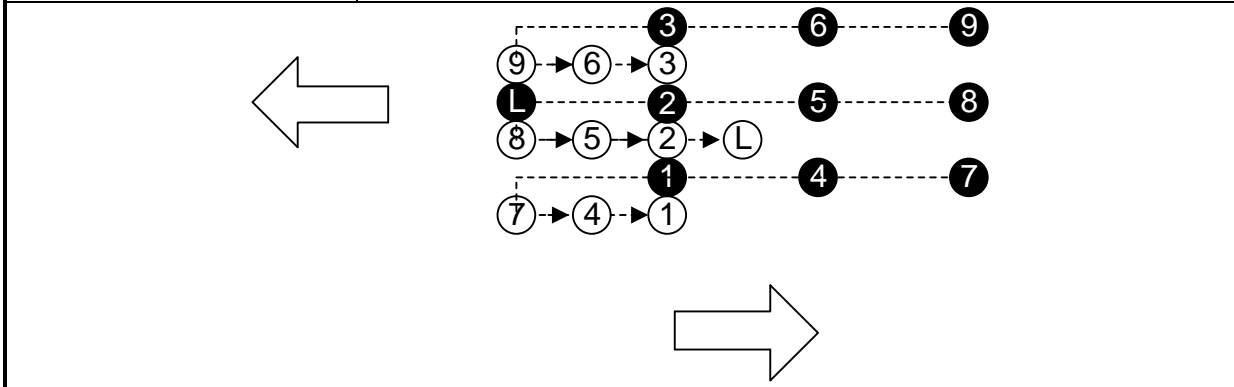
**DISC 3 – MARK TIME:**

<b>All Members</b>	Halt, mark time ten beats and step out.
<b>Leader</b>	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader’s LEFT foot onto Disc 4

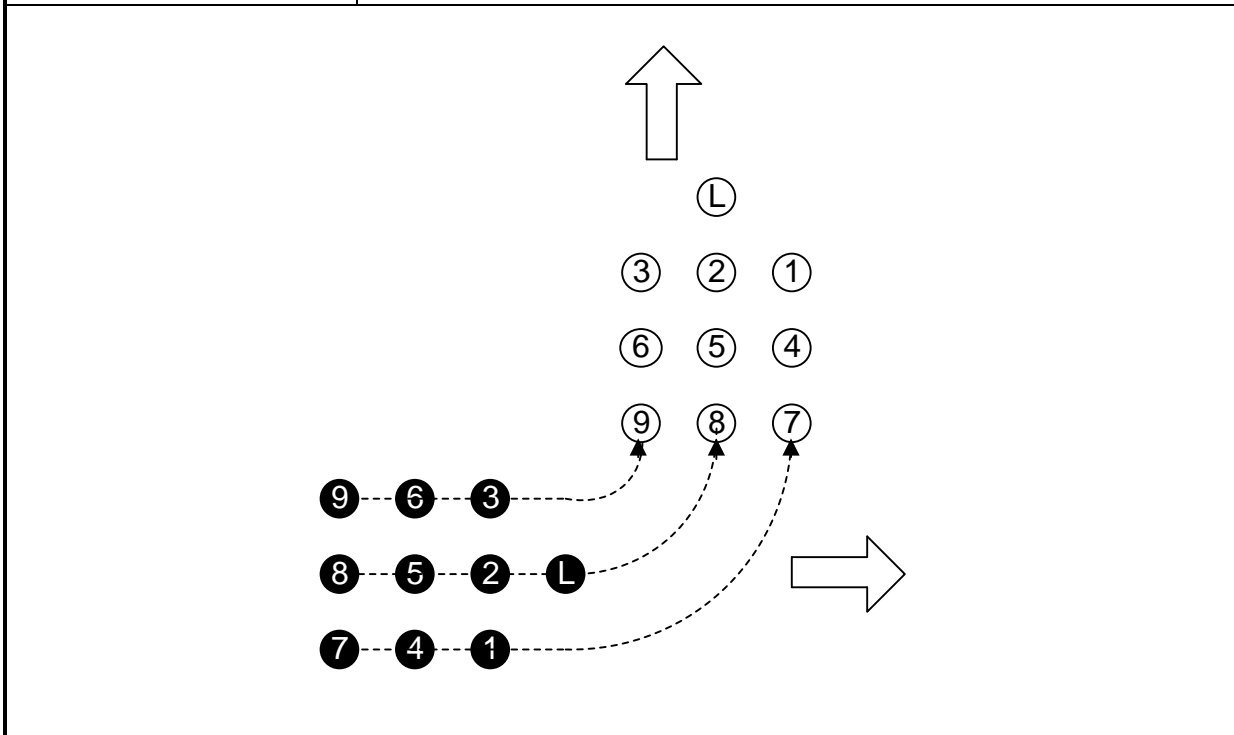


**DISC 4 – LEFT TURN COUNTERMARCH:**

<b>Leader</b>	Left turn, march one pace (arms at sides), left turn, march six paces, mark time six beats and step out.
<b>Nos. 1/2/3</b>	March four paces, left turn, march one pace (arms at sides), left turn, march four paces, mark time four beats and step out.
<b>Nos. 4/5/6</b>	March eight paces, left turn, march one pace (arms at sides), left turn, march two paces, mark time two beats and step out.
<b>Nos. 7/8/9</b>	March twelve paces, left turn, march one pace (arms at sides), left turn and step out.
<b>Leader</b>	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader’s LEFT foot onto Disc 5.



DISC 5 – LEFT WHEEL	
All Members	Halt
<b>Leader</b>	March ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius four paces), turning head to the left on completion of the <b>first regulated pace</b> , and turning head to the new front on the completion of the tenth regulated pace and step out.
<b>Nos. 1/2/3</b>	March two paces, march ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius – No. 3 two paces, No. 2 four paces, No. 1 six paces), turning heads on completion of the <b>first regulated pace</b> (No. 3 to the right, Nos. 1/2 to the left), and turning heads to the new front on completion of the tenth regulated pace and step out.
<b>Nos. 4/5/6</b>	March four paces, march ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius – No. 6 two paces, No. 5 four paces, No. 4 six paces), turning heads on completion of the <b>first regulated pace</b> (No. 6 to the right, Nos. 4/5 to the left), and turning heads to the new front on completion of the tenth regulated pace and step out.
<b>Nos. 7/8/9</b>	March six paces, march ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius – No. 9 two paces, No. 8 four paces, No. 7 six paces), turning heads on completion of the <b>first regulated pace</b> (No. 9 to the right, Nos. 7/8 to the left), and turning heads to the new front on completion of the tenth regulated pace and step out.
<b>Leader</b>	Including the step out pace on the <b>LEFT</b> foot, march sixteen paces to bring the Leader’s <b>RIGHT</b> foot onto Disc 6.



<b>DISC 6 – REVERSE WHEELS:</b>	
<b>Leader</b>	March <b>one pace, halt, take one side pace to the left, march eight regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the eighth pace pivot 90 degrees to the left on the ball of the right foot, march eight paces, mark time two beats and step out.</b>
<b>No. 2</b>	March <b>one pace, halt, take one side pace to the left, march two paces, march eight regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the eighth pace pivot 90 degrees to the left on the ball of the right foot, march six paces, mark time two beats and step out.</b>
<b>No. 5</b>	March <b>one pace, halt, take one side pace to the left, march four paces, march eight regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the eighth pace pivot 90 degrees to the left on the ball of the right foot, march four paces, mark time two beats and step out.</b>
<b>No. 8</b>	March <b>one pace, halt, take one side pace to the left, march six paces, march eight regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the eighth pace pivot 90 degrees to the left on the ball of the right foot, march two paces, mark time two beats and step out.</b>
<b>No. 1</b>	<b>March one pace, halt, march two paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the right (radius one pace), march seven paces, mark time three beats and step out.</b>
<b>No. 4</b>	<b>March one pace, halt, march four paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the right (radius one pace), march five paces, mark time three beats and step out.</b>
<b>No. 7</b>	<b>March one pace, halt, march six paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the right (radius one pace), march three paces, mark time three beats and step out.</b>
<b>No. 3</b>	<b>March one pace, halt, march two paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the left (radius one pace), march seven paces, mark time three beats and step out.</b>
<b>No. 6</b>	<b>March one pace, halt, march four paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the left (radius one pace), march five paces, mark time three beats and step out.</b>
<b>No. 9</b>	<b>March one pace, halt, march six paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the left (radius one pace), march three paces, mark time three beats and step out.</b>

<b>Leader</b>	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader's LEFT foot onto Disc 7.

**DISC 7 – TURN RIGHT INCLINE:**

<b>All Members</b>	<p>Halt, mark time six beats turning evenly 45 degrees to the right.</p> <p>Including the step out pace on the LEFT foot, march seven Paces, to finish 5 paces forward and 5 paces to the right of Disc 7) to bring the Leader's LEFT foot onto Disc 8.</p>
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<b>DISC 8 – 45 DEGREE PIVOT LEFT:</b>	
<b>Leader and Nos. 1/2/3</b>	Halt, pause four beats, pivot 45 degrees left on the ball of the right foot, pause one beat
<b>Nos. 4/5/6</b>	Halt, pause two beats, pivot 45 degrees left on the ball of the right foot, pause three beats
<b>Nos. 7/8/9</b>	Halt, pivot 45 degrees left on the ball of the right foot, pause five beats
<b>Leader and Nos. 2/5/8</b>	Pause six beats and step out.
<b>Nos. 3/6/9</b>	Take two side paces to the left, pause two beats and step out.
<b>Nos. 1/4/7</b>	Take two side paces to the right, starting with the right foot on the left beat, pause two beats and step out.
<b>All Members</b>	Including the step out pace on the LEFT foot, march seven paces and Halt which should bring the Leader into the centre of the circle.
<b>All Members</b>	Pause eight beats, saluting on the third paused beat and dropping the salute on the sixth paused beat, left turn and step out

**NOTES:**

1. There will be no whistle signal to indicate the final halt.
2. The left turn executed to march off the competition area is optional, but must not exceed four beats.
3. The team must march directly off the competition area and must not halt or disband until well clear of the side boundary.