

TECHNICAL C Pg. 2 U12 GRADE

COMMENTS: (Judge to tick appropriate boxes)

MARK TIMES

- Incorrect action into
- Any change of speed
- Bent legs
- Height not uniform / correct
- Position not uniform / correct
- Incorrect foot placement

REGULATED PACES

- Not lifting directly to relative height
- Not maintaining correct speed
- Leg not straightening
- Not maintaining heights
- Progression not being shown / maintained
- Not following correct arc / line of march
- Incorrect length of pace

STEP OUTS AND PACING

- Hesitations not shown prior
- Short / Long pacing
- Angle of foot to ground incorrect
- Feet not in line of march
- Direction of pace

HALTS / LEFT & RIGHT TURNS

- Incorrect action into
- Feet not in stationary position
- Hesitation not shown / uniform
- Not pivoting to correct angle
- Bent legs
- Pauses not shown / incorrect duration

SIDE PACES / PIVOTS

- Incorrect carriage of foot
- Incorrect length
- Incorrect direction
- Action / degree of pivot incorrect
- Bent legs
- Hesitations not shown / uniform
- Pauses not shown / incorrect duration

A = Action

L = Length

P = Position

H = Height

Pl = Placement

Pv = Pivot

T = Timing

Sp = Speed