COMMENTS: (Ju	dge to tick appropr	iate boxes) TECHNICAL	. B ALL GRADES	
POSTURE:		ARMSWING:		
Body not erect		Incorrect action/timing		
Posture unsteady		Incorrect direction	Incorrect direction	
Shoulders not level and square to front		Height not uniform, as per drill details		
Hesitation not completed		Timing not uniform	П	
	Ш	Arms not naturally straight		
HANDS:		ARMDROP:		
Incorrect grip (fingers/thumbs)		Incorrect action/timing		
Incorrect alignment (up/down/hooking/twisting)		Incorrect direction	П	
Incorrect position at side		Incorrect height		
Not steady			_	
SALUTE:		ARMSWING OUT:		
Incorrect action		Incorrect action/timing		
Incorrect timing		Incorrect direction		
Incorrect position (when raised)		Incorrect height		
HEAD TURN:				
Incorrect action		PAUSES:		
Incorrect timing		Incorrect timing		
Incorrect position (when turned)		Any part of the body moving	g	
POSTURE	HANDS	SALUTE	HEAD TURN	
E = Erect	G = Grip	A = Action	A = Action	
Sh = Shoulders	Al = Alignment	T = Timing	T = Timing	
St = Steady	Pos = Position	Pos = Position	Pos = Position	
Hes = Hesitations		FOS = FOSITION	FOS = FOSITION	
ries – riesitations	St = Steady			
<u>ARMSWING</u>	<u>ARMDROP</u>	ARMSWING OUT		
A = Action	A = Action	A = Action		
T = Timing	T = Timing	T = Timing		
D = Direction	D = Direction	D = Direction		
H = Height	H = Height	H = Height		