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**SPORT
NEW ZEALAND**

Marching New Zealand is very grateful to Sport New Zealand for their continued investment in our sport



MNZ are looking to present **NEW TROPHIES** for the Plate March or the coming NZ Championships. We are asking for Sponsors for **Plate Technical** and **Plate Display** for Under 12, Under 16 & Senior Grades.

Please ask around your Association members or even your Assn Committee to sponsor a trophy or two for a grade or grades. We do not have the full cost at present but around \$100 each trophy and engraving. MNZ will organize and have the engraving completed with the sponsors name on each trophy.

Contact MNZ Trophy Custodian auckland@marching.co.nz or MNZ CEO ceo@marching.co.nz

NEXT BOARD/TWP MEETING to be held in Christchurch on 30th January 2021



COVID-19

Make this Summer Unstoppable



Whether it's days at the cricket, at the beach or playing in the backyard with whānau and friends, we all want to enjoy summer without the interruption of COVID-19. Everyone can make a difference by continuing with good hygiene behaviours and reinforcing the basics:

- wash or sanitise your hands
- scan QR codes
- turn on Bluetooth tracing on the NZ COVID Tracer app
- stay home if you're sick, and get advice on whether to take a test

Businesses and venues have been asked to actively encourage their customers to scan QR codes. Take a minute to access the [Unstoppable summer toolkit — where you can download posters, social tiles and other assets for your business or event](#)

Thanks for your help in making this summer unstoppable!

**Unite
against
COVID-19**



In the Diary Competitions & Events

JANUARY

- 30 MNZ Board Meeting in Christchurch
- 30 TWP Meeting in Christchurch
- 31 ENTRIES CLOSE for NZ Championships

FEBRUARY

- 7 3rd Competition at Marewa Park, Napier
- 7 Otago Contest at Alhambra Union North Ground
- 13 Taranaki competition in Stratford
- 13 March & Go hosted by Marching Canterbury
- 13 Waikato competition at the Hockey Turf, Hamilton
- 13 Marlborough March & Stay at Lansdowne Park
- 14 Auckland Competition
- 14 Wellington Marching Day at Walter Nash Stadium
- 14 Southland competition at Gore
- 20 Northern Plate (Auckland/Waikato) in Auckland
- 20 March & Stay at Nunweek Park Christchurch
- 21 Local Competition Wellington
- 21 Challenge Cup hosted by Marching Auckland
- 21 Otago/Southland combined contest in Balclutha
- 27 Waikato Competition at the Hockey Turf
- 27 Marlborough Marching Championships
- 27 Canterbury Championships at Nunweek Park
- 28 Hawke's Bay Marching Championships
- 28 Competition in Stratford
- 28 Wellington Marching Championships
- 28 Southland Championships in Invercargill

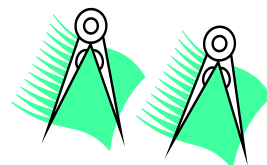
SAFETY AND RISK MANAGEMENT

Officials have a duty to take reasonable care to avoid injury to participants and should

- Always inspect and clear the playing field or area of visible dangers. Consider reducing the size of the playing area if necessary, e.g. if broken glass is found it is difficult to know that all the glass has been collected so consider shortening the boundary.
- Cancel the contest or event if there is inclement or dangerous weather, e.g. extreme heat or thunderstorms where lightning is likely.
- Inspect and control use of competition equipment
- Enforce the rules of the sport and control the conduct of participants
- Be able to provide basic First Aid if required and to deal appropriately with potential and actual injuries
- Seek regular evaluation of their performance and make sure they know about changes to the rules
- Undertake up-skilling courses and ensure they have balance in their life, giving sufficient time away from officiating to avoid burn out



TECHNICAL CORNER



TECHNICAL RESOURCES



JUDGES TRAINING KIT, a resource for judges, that both new and experienced judges will benefit from. and should contact their Chief Judge for information. Technical Drills, release date 1st July (and updates) are all available from the MNZ website
MUSIC also available via the MNZ website

BALANCE IS BETTER

Sport NZ's Balance is Better philosophy is about keeping young people in sport. It focuses on meeting the needs of young people, and the reasons they play sport; to develop and improve, experience challenge, be part of a team, and most importantly have fun with their friends.

7 Tips for Successfully Coaching Teenagers

"I've just started coaching teenagers for the first time, do you have any advice" [Watch Now](#)

Coaching with empathy,

Communicating with purpose

Are you conscious of the language you use with your players? Do you understand the difference between praise and affirmation? Don't miss this excellent discussion with one of the most progressive thinkers in coach and player development. [Watch Now](#)

Balance is Better is a way for you to keep up with the play on the latest help, advice and coaching tips from trusted sources.

An initiative by



HAPPY NEW YEAR

and a fabulous 2021 full of great achievements and experiences.

COACHING

Life is a succession of lessons
which must be lived to be
understood.

Obstacles are things a person
sees when he takes his eyes off
his goal.

It is good to have an end to journey
toward, but it is the journey that
matters in the end.

Have clear guidelines for photographing children

It is important that clubs and coaches understand current advice about acquiring and using images of children.

Some key points include-

- Do not allow photographers (professional, spectators, fans, coaches, or members of the media) unsupervised or individual access to children
- Ensure you inform the team/athlete and parents if you want to photograph or video the athletes as a tool to analyse and improve performance. (This practise would need to consider any photographing policy in existence for the sport and if on private property)
- If the photographs/videos are to be used generally (for example, teaching tools or for some other purpose such as promotional reasons) that the written consent of the parents that the photographs/video can be used for those purposes
- Provide details of who to contact within the club or organisation of concerns or complaints of inappropriate photographic behaviour or content are raised.

CHAMPIONSHIPS

Marlborough	27 th Feb	Blenheim
Canterbury	27 th Feb	Christchurch
Hawke's Bay	28 th Feb	Napier
Wellington	28 th Feb	Wellington
Southland	28 th Feb	Invercargill
Waikato	6 th March	Hamilton
Taranaki	6 th March	Stratford
Auckland	7 th March	Auckland
Otago	7 th March	Dunedin
NZ	18 th March	Dunedin
NZ	19 th March	Dunedin
NZ	20 th March	Dunedin

JUDGING

Judge Group Advisors

Technical A - Sue Stenning
Technical B - Sally Costello
Technical C - Clare McKissick
Technical D - Sue Cornelius
Compliance – Marcella Burke
Display – Viki Kingsley-Holmes



CHIEF JUDGE INCENTIVE

How it works: Association Chief Judges who, through applied training and ongoing support, progress a Trainee Judge to Qualified Judge status and full membership of Marching New Zealand will receive a \$50 Gift Voucher. A proactive and successful Association Chief Judge can receive more than one Gift Voucher

PROGRESS A TRAINEE
JUDGE TO A QUALIFIED
JUDGE (AND FULL
MEMBERSHIP) AND
RECEIVE \$50 GIFT VOUCHER



Chief Judge Incentive gift vouchers have been sent to 2 Chief Judges who have applied training and ongoing support to Trainee Judges in their Association and progressed them through to Qualified Judge status and full membership of Marching New Zealand. A BIG thanks to them both.

CONGRATULATIONS

Qualified Judges

Display Judge - Kate Benseman (Marlborough)
Compliance Judge - Andrea Evans (Canterbury)

EXPECTATIONS OF OFFICIALS

There are a number of expectations of officials including:

- **Trustworthy** - honest and impartial
- **Responsible** - have integrity and take the role seriously
- **Prepared for their role** - prepared physically and mentally for the task
- **Competent** - have and are further developing the skills for the task



2021 NZ CHAMPIONSHIPS

hosted by **Marching Otago**

Thursday/Saturday 18/19/20 March 2021

More FM Arena, Dunedin

Thursday Welcome, Official Opening and Leaders & Coach Meeting at the venue.

Friday Qualifying March for All grades. Qualifying March is 'March n Go' and Coach Judge Interviews, to ask clarifying questions only, will be held as per MNZ Rule of Participation NZC13-1. At the conclusion of Coach Judge interviews, the Contest Draw for the Bowl, Plate, Championship March will be available from the Technical Manager. Results from Qualifying March will determine allocation into the Championship, Plate or Bowl March (MNZ Rule of Participation NZC3-4)

Saturday Bowl/Plate/Championship March followed by Presentation of Awards, Parade of Champions and Flag Ceremony

ENTRY FEE	U12 \$425, U/6/Snr/Masters \$530
ENTRY FORMS	available on the MNZ website
ENTRIES CLOSE	31 st January 2021
INFORMATION	available on the MNZ website

OFFICIAL HOTEL



Scenic Hotel Southern Cross
118 High Street, Dunedin

To accomplish great things, we must not only act, but also dream: not only plan, but also believe.

HERTZ Discount Rental Code is still available to use for the hire of Vans, Cars and People Movers for those attending NZ Championships in Otago 2021. Contact your Association Secretary for the Promo Code Number prior to making your bookings with **HERTZ RENTALS NZ**. Please support HERTZ, they have been great supporting marching over the past season and for this we very much appreciate their involvement and support.

Hertz Car Rental



SOUVENIRS



Pen

Marching Otago Badge



NZ Champs Badge



Boot Badge



Penguin



Drawstring Bag



Marching Otago Badge	\$10	Drawstring Bag	\$8
NZ Championship Badge	\$12	Pen	\$2
Penguin	\$15	Programme	\$5

Pre-orders close on 14 February 2020. There will be limited stock available for purchase at New Zealand Championships.



**THANK
YOU
MEMBERS**



Shared Subscriptions have been claimed by 20 members this year and they have been rewarded with 50% of their subscription being refunded into their bank account. A BIG thank you to all for introducing new members to marching and growing our membership.

Coach Incentive gift vouchers have been sent to 10 Coaches who have continued coaching for three consecutive years after first registering as a Team Coach. A BIG thank you to them all for their leadership, time and energy in the role of a Team Coach.

Judge Incentive gift vouchers have been sent to 7 Judges who have judged for two consecutive seasons after qualifying as a Judge. A BIG thank you to them all for their continued participation and commitment to Judging.

THANK YOU to all our Volunteers



South Island Championship Volunteers (Marching Otago)

What can I say, the offers of help were amazing and to all those who volunteered in any capacity at all at the South Island Championships THANK YOU VERY MUCH - your time, effort and commitment to the task was exceptional whether you were a member of our Committee, someone from our wider Marching Otago family or someone from another Association. The support shown to us was fantastic. If I must single out one person, it is Katrina – our Convenor and Chief Recorder. This was her first Championship, and she has done an amazing job.



Recruiting Volunteers

A Volunteer can be defined as 'a person who chooses to contribute their time, skills and experience, for no payment (other than reimbursement for out-of-pocket expenses), to benefit the community'. An important notion in volunteering is freedom of choice. People who feel obligated or coerced into volunteering may not be as willing to contribute their time, skills and experience as someone who freely chooses to become a volunteer.

To recruit volunteers effectively, clubs need to emphasize the opportunities that volunteering provide. The main reasons why people volunteer are to help others or the community, personal satisfaction, personal or family involvement and to do something worthwhile. It is important to know why people first become involved as volunteers. The three main reasons people start volunteering are because they know someone involved, some asks them to, they are already involved in the club. Recruiting volunteers can be difficult when potential volunteers see how existing volunteers get treated or the conditions in which they work. If they see volunteers being treated badly, having to work too hard or stressed, they will be reluctant to volunteer.

ISLAND CHAMPIONSHIP RESULTS

SOUTH ISLAND CHAMPIONSHIPS



UNDER 12 - Champion Team Eclipse

- | | | |
|-----------|-----------------|-----------------------|
| Technical | 1 st | Eclipse (Canterbury) |
| | 2 nd | Hokonui (Southland) |
| | 3 rd | Allstars (Canterbury) |
| Display | 1 st | Eclipse (Canterbury) |
| | 2 nd | Hokonui (Southland) |
| | 3 rd | Allstars (Canterbury) |

UNDER 16 - Champion Team Southern Stars

- | | | |
|-----------|-----------------|----------------------------|
| Technical | 1 st | Southern Stars (Southland) |
| | 2 nd | Eclipse (Canterbury) |
| | 3 rd | Onyx Militaires (Otago) |
| Display | 1 st | Allstars (Canterbury) |
| | 2 nd | Eclipse (Canterbury) |
| | 3 rd | Onyx Militaires (Otago) |

SENIOR - Champion Team Empire

- | | | |
|-----------|-----------------|-----------------------------------|
| Technical | 1 st | Empire (Canterbury) |
| | 2 nd | Skellerup Militaires (Canterbury) |
| | 3 rd | Eclipse (Canterbury) |
| Display | 1 st | Skellerup Militaires (Canterbury) |
| | 2 nd | Eclipse (Canterbury) |
| | 3 rd | Empire (Canterbury) |

MASTERS - Champion Team Eclipse

- | | | |
|-----------|-----------------|----------------------|
| Technical | 1 st | Eclipse (Canterbury) |
| Display | 1 st | Eclipse (Canterbury) |



NORTH ISLAND CHAMPIONSHIPS

UNDER 12

- | | | |
|-----------|-----------------|---------------------------------|
| Technical | 1 st | Glennette (Wellington) |
| | 2 nd | Madison Blues (Waikato) |
| | 3 rd | Millataires Waikato (Waikato) |
| | 4 th | Railfreight Cavaliers (Waikato) |
| Display | 1 st | Burlington (Hawke's Bay) |
| | 2 nd | Glennette (Wellington) |
| | 3 rd | Railfreight Cavaliers (Waikato) |
| | 4 th | Madison Blues (Waikato) |

UNDER 16

- | | | |
|-----------|-----------------|---------------------------------|
| Technical | 1 st | Glennette (Wellington) |
| | 2 nd | Buckingham Guards (Hawke's Bay) |
| | 3 rd | Railfreight Cavaliers (Waikato) |
| Display | 1 st | Glennette (Wellington) |
| | 2 nd | Buckingham Guards (Hawke's Bay) |
| | 3 rd | Railfreight Cavaliers (Waikato) |

SENIOR

- | | | |
|-----------|-----------------|-------------------------------|
| Technical | 1 st | Glennette (Wellington) |
| | 2 nd | Royal Command (Auckland) |
| | 3 rd | Millataires Waikato (Waikato) |
| Display | 1 st | Glennette (Wellington) |
| | 2 nd | Millataires Waikato (Waikato) |
| | 3 rd | Misfits (Taranaki) |

MASTERS

- | | | |
|-----------|-----------------|----------------------------|
| Technical | 1 st | Bandolier (Wellington) |
| | 2 nd | Argent (Auckland) |
| | 3 rd | Bandolier Red (Wellington) |
| Display | 1 st | Bandolier (Wellington) |
| | 2 nd | Miltonettes (Taranaki) |

Congratulations - Everyone



A BIG Thank You to host Associations
Marching Taranaki & Marching Otago
for hosting the Island Championships and
providing such an opportunity for all the
participants and have an amazing experience.

~~~~~  
a snippet from ...**Well Nutrition** ...



Why we're ditching BBQ meat and  
bringing in BBQ veggies instead

As the barbecue season kicks into high gear, many people may be eyeing up a nice looking steak fillet or sausages to throw onto the barbie. But you may want to think twice about using your barbecue frequently to cook your meat. That's because research has shown when meat is cooked using high-temperatures and over an open flame (such as BBQing), nasty chemicals called heterocyclic amines (HCAs) and polycyclic aromatic hydrocarbons (PAHs) are formed. These chemicals have been found to be mutagenic- that is they cause changes in DNA and may increase the risk of cancer. Don't get us wrong, a little BBQ'd meat from time to time is absolutely fine! But we do suggest you avoid getting into the routine of barbecuing your meat *all* the time. The good news is barbecuing veggies is a healthier alternative as they don't contain the same make up as meat proteins which form the nasty chemicals. So next time you hit the grill, why not take a plate of colourful veggies to throw on the barbecue instead of sausages or meat? You'll be getting extra vitamins, minerals, antioxidants, and fibre, plus they taste delicious too!

Here are some veggies that cook well on the BBQ:

- Corn
- Capsicum
- Asparagus
- Fresh green beans
- Onion
- Halved tomatoes
- Mushrooms
- Eggplant
- Zucchini
- Pre-boiled kumara
- Pre-boiled potatoes



Lightly brush or spray vegetables with oil and season before cooking. Seasoning ideas include dried or fresh herbs, garlic, ginger, pepper, dried chilli flakes, lemon zest, paprika or cajun spice.



## ASSOCIATION NOTES .....

### PRIVACY ACT 2020

The Privacy Act has some changes which came into effect 1 December 2020.

- The Privacy Act 2020 governs how individuals, organisations and businesses collect, use, disclose, store, and give access to personal information.
- Personal Information is any information which tells something about a specific individual. The information does not need to name the individual, as long as they are identifiable in other ways, like though their home address. The Privacy Act is concerned with the content of personal information, rather than the specific form that content is in. This means that all sorts of things can contain personal information, including notes, emails, recordings, photos, text messages and scans, whether they are in hard copy or electronic form
- The Privacy Act applies to 'agencies, almost every business, organisation, and individual that handles personal information is considered an agency under the Privacy Act – whether they are a government department, a private company, religious group, school, or even an individual person in some cases.
- As an NSO, a sport club, an RST or any other organisation you need to be aware of the new requirements and how they apply to you. If you breach the Privacy Act here can be a substantial financial cost to your organisation or potentially cause harm to others. The Privacy Commissioner has created a short video to help you understand the changes. We recommend that you watch this video - Click [here](#)

#### Summary of the main changes

- A requirement to report a serious breach to the Privacy Commissioner and in most cases those users that are affected.
- The need to ensure that when collecting information from young people it is collected fairly and reasonably using language they understand.
- The ability of the Privacy Commissioner to issue Compliance Notices and Access Directions to agencies.
- New offences and increased penalties for misleading an agency to get someone's personal information.
- A new principle on what to do when sharing personal information with overseas companies and a requirement for overseas companies who do business in New Zealand to comply with the Privacy Act.

Forget regret, or Life is yours  
to miss