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**SPORT
NEW ZEALAND**

Marching New Zealand is very grateful to Sport New Zealand for their continued investment in our sport



In the Diary

Competitions & Events

Due to the unknown times we are facing, we have nothing confirmed in the Diary. Once we have settled back into normal routine will be –

MNZ Board/TWP Meeting, MNZ 75th Annual Meeting, Admin Workshop and Coach Workshops.



2020 ISLAND CHAMPIONSHIPS

South Island Championships

to be hosted by Marching Otago on 6th December at the Lion Arena Dunedin

North Island Championships

to be hosted by Marching Taranaki on 12th December at the TSB Stadium, New Plymouth

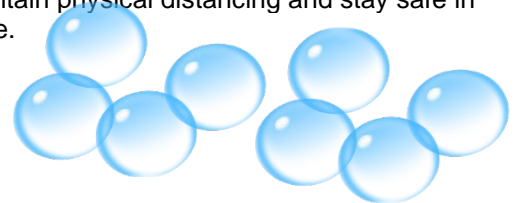
CORONAVIRUS – COVID-19

Alert Level 3 ...and the goal is still to eliminate Covid-19 from New Zealand. "Getting this far has required a collective effort by every New Zealander. We are making extraordinary sacrifices to protect the people, communities, businesses and traditions we care about. The effort we invest now in staying the course and adhering to physical distancing rules will impact how swiftly we can de-escalate through the lockdown levels. The responsibility that everyone in our nation has to do their bit can't be stressed enough – we are a team of 5 million and together we can reach the finish line."

**Unite
against
COVID-19**

The key message is to stay in your bubble, retain physical distancing and keep exercise options low risk. We are still asked to stay at home and work from home if we can, but we can still keep active walking and biking in our neighbourhood. Continued vigilance with personal hygiene, washing hands is still required.

For all Covid 19 information go to the Government's [Covid-19 web site](#) and Sport NZ's website Covid 19 page. Look after yourself, look out for others, stay in touch, maintain physical distancing and stay safe in your bubble.



Wishing all our wonderful Mothers and Grandmothers a very happy & enjoyable Mother's Day on Sunday

THANK YOU FOR KEEPING IN TOUCH

TĒNĀ KOE | TŌ MIHI MAI

GETTING THROUGH TOGETHER
WHĀIA I TĀTOU TE PĀRE TĀWHITI

For ideas on looking after yourself and others, visit allright.org.nz

ALL RIGHT? 
 **MINISTRY OF HEALTH**  **New Zealand Government**

Getting through together
Mental Health Foundation of New Zealand
Need to talk? Call or text **1737** or visit
www.allright.org.nz/campaigns/getting-through-together

THANK YOU to all our Volunteers

Association Committee Members
Thank you to all who have served on local Association Committees over the past 12 months. When you reflect on your contribution, pat yourself on the back for a job well done. No matter what your own expectations were, you will have contributed immense value to the work of the Committee, the running of the Association and , providing marching opportunities for all to enjoy.

THANK YOU Volunteers!
We couldn't do it without you

THANK YOU – THANK YOU – THANK YOU

TECHNICAL CORNER



COACH

Information and resources for both beginner and experienced coaches.
www.sportnz.org.nz/get-into-sport/coaching-guide



Marching New Zealand sincerely thank the Southern Trust who have funded new laptop computers for the Technical Working Party



MNZ Annual Workshop..... even though it's still early days, we believe the right option for now, is to put our MNZ Annual Workshop ON HOLD, we are working through alternative options for later in the year but will update you further as the next few weeks unfold.

As coaches, we equip people to be in touch with their best selves.

COACHING as a career

Some frequently asked questions ...

- Who do I contact to become a Coach?
- How old do I have to be before I can become a Coach?
- Can a Marcher or Judge be a Coach too?
- Can I Coach beside an experienced Coach first?
- Who do I contact to do the accreditation exam?
- How can I up-skill and update my current accreditation?
- I have Coaching Level One is there Level Two?
- Can you tell me what coaching courses or workshops are coming up this year?
- I am interested in furthering my coaching accreditation; can you suggest any courses or ongoing education that I could undertake?
- When and where do I do the accreditation course?
- Does the Regional Sports Trust have courses for coaching?
- Can I start coaching before doing accreditation courses?
- How much does it cost to become a coach?



For the answers – contact the Association Coaching Co-ordinator or any Team coach in your area

JUDGING as a career

Some frequently asked questions ...

- Who do I contact to become a Judge?
- How old do I have to be before I can judge?
- Can I still be a marcher and a judge at the same time?
- Can I be a Judge for my Association only?
- How much does it cost to become a Judge?
- Do I need to buy a Judges Uniform?
- Where can I get a uniform from?
- Who do I contact to do the accreditation exam?
- When and where are the accreditation exam?
- How can I update my current accreditation?
- I am interested in furthering my judging accreditation; can you suggest any courses or ongoing education that I could undertake?
- Can you tell me what judging courses or workshops are coming up this year?



For the answers – contact the Association Chief Judge or any member of the local Judging Panel



VOLUNTEERS

How can we add value to the lives of our volunteers and make sure that their experience is not only enjoyable and fulfilling, but also fits in with modern lives and needs? How can we make sure that our volunteers don't end up feeling drained, unappreciated and de-motivated?

Volunteers need to inspire other people to be part of our organisation either as a member or a fellow volunteer. If they are having a terrible experience, you can be sure that this will be reflected in how they portray us. There are increasing and widely held negative perceptions associated with volunteering, so we need to try to address why people are having bad experiences and why they are reluctant to put their hand up to volunteer. Because in fact – there are heaps of people who want to help! People generally want to help each other. It contributes to life satisfaction and well-being, but it does need to be in a way which is meaningful to them and fits with their lifestyle. As an organisation, we need to recognise this, accept it and offer those opportunities. Research identifies fun and enjoyment as a huge motivation for volunteering. Therefore, if we don't intend to create a fun and enjoyable environment then we're probably going to struggle to inspire anyone to want to volunteer in our organisation.



NZ CHAMPIONSHIPS

2020 NZ Championships

Marching Auckland still have souvenirs for sale, they remain a souvenir, not of a NZ Championship attended but of one that was cancelled and will be remembered long into the future, not for who won but for the unprecedented event around it.



Blanket - Charm – Badges - Teddy Bears



limited stock, some stock may have sold out



ASSOCIATION NOTES.....

APPRAISAL OF COMMITTEES

The appraisal is of the performance of the Committee not on the performance of individual committee members.

An annual performance appraisal or review provides the opportunity for the members of the Committee to consider its strengths and weaknesses in relation to its key tasks and specific objectives and to define training needs and set new objectives. The responsibility lies with the Chair who may facilitate it themselves or involve other Committee Members as the whole appraisal is seen as a team effort. The Committee may want to involve some key staff or an independent advisory group. Choose a date and make sure all committee members and those who have been invited to attend are asked to prepare for the appraisal by reflecting on the key tasks and any objectives that had been set for this year.

SMART GOALS

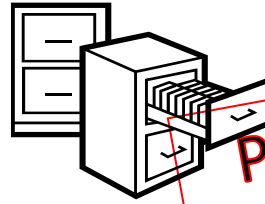
- S** – Be specific about what you want to achieve. The less defined your goal is, the more difficult it is to know how you will go about achieving it.
- M** – Make the goal measurable and be sure that you measure your progress
- A** – Make it achievable, take into account what you're prepare to do in order to achieve this goal and how you will reward yourself once you've achieved, you will deserve it
- R** - Reassess as you go, good goals are set in sand, not in concrete. If you get stuck or your circumstances change then re-evaluate. Focus on feeling positive about the progress made, not negative about missing deadlines
- T** - Time, establish the deadline to meet. Setting 'deadlines' can be important for motivation too

Staying active in lockdown with #fitforfour

You may have noticed that Sport NZ are using the hashtag #fitforfour on social media to encourage people to stay active while in lockdown. This encourages people to exercise at home and in their neighbourhood as an important aspect of maintaining wellbeing during this difficult time. It's pleasing to see so many organisations, athletes and people sharing content that supports this idea. They are encouraging our social media audience to join in and share their exercise and activity routines.

#fitforfour #fitforfour #fitforfour #fitforfour

MNZ ANNUAL MEETING



POSTPONED
75th ANNUAL MEETING

Due to Covid 19 and the unknown timeframes as we de-escalate through Alert Levels the deadline date for receiving Remits, General Business items, Nominations and recommendations for Service Awards will be advised when a date and venue is confirmed, and the Notice of the Meeting is circulated. This does not prohibit Associations from forwarding any that have already been endorsed at an Association Meeting.

NOTICE OF MOTIONS-REMITTS

Does your Association have any proposed changes to the Marching New Zealand Constitution, Policies or Rules of Participation to present to the Annual Meeting? Notice of Motions-Remits must be endorsed at an Association Meeting.

ITEMS FOR GENERAL BUSINESS

Does your Association have any item to be included for discussion in General Business?

NOMINATIONS

For President and One Board Member
A precis penned by your nominee must be included with the nomination.

MNZ SERVICE AWARD

Does your Association have members whom they would like to recommend to the MNZ Board for consideration for an MNZ SERVICE AWARD?

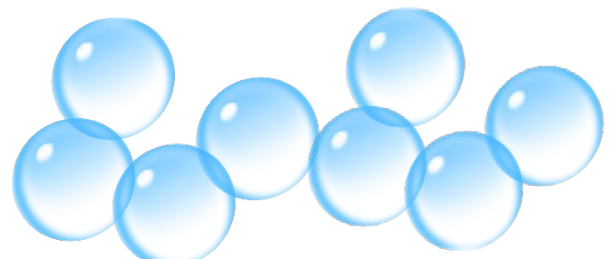
NZ MARCHING CHAMPIONSHIP

2021 in Dunedin @ More FM Arena

2022 in ??????? @

Associations are invited to make application to host the 2022 NZ Marching Championships as outlined in Rule of Participation NZC1-2. All applications are to each the CEO no later than 30th June 2020.

PLEASE NOTE CHANGE OF DEADLINE DATE



STAY SAFE IN YOUR BUBBLE