

# NEWSLETTER

OCTOBER 2009

From the Desk of the  
Chief Executive Officer

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## Technical Memo's

- ♦ Judging Criteria
- ♦ Field layout



## Coming up

- ♦ Field Day / Opening Day



Kiwi Jump & Jive

# MARCHING

NEW ZEALAND

## September Board Meeting

in brief

- New Director of Coaching Mrs Lisa Tolmie was welcomed to her first meeting
- The Board say THANK YOU to all Associations for sending in Annual Minutes so promptly.
- Congratulations to Associations returning a surplus in their Annual Accounts
- TWP congratulated on very successful Coaches and Judges Workshops held recently
- Association registrations received from Waikato, Bay of Plenty, Hawke's Bay, Nelson, Marlborough, Canterbury, Otago and Southland
- Eight teams registered (seven from Marching Marlborough, the other from Marching Bay of Plenty)
- Board visit to be organised with Marching Auckland
- Concerns no Coaching Co-ordinator in Manawatu and Marlborough
- Attendees evaluated a very successful hands-on Publicity Workshop
- Recommendations from Gala March Sub-Committee implemented
- Entry fess established for NZ Championships 2010 – Under 12 Grade @ \$250 and Under 16, Masters & Senior Grades @ \$350
- Kingsgate Hotel confirmed as Official Hotel for NZ Championships in Rotorua next year
- New NZ Champion Team trophies have been donated in all grades
- Proposed changes to March Plans and F& I for next season approved



the new marching season  
has started

## KIDS CORNER

A message from

*Marching Molly*



Yipppeeee marching time again.... We have started team practise on Wednesday's - at the moment they are from 4pm -5pm but after Labour Weekend we will start having practise from 4pm-6pm. Our three new girls have fitted into the team really well and are great fun especially Megan who is so funny. She is a really good marcher and might be a leader for the display.

We have a new uniform - it is red, green and gold, red jackets with gold trimmings and green skirts. Our dress maker is getting the skirt material pleated and skirts made now and then we will have a get-together and try the jackets she has started.

This month is the Coach Breakfast for Volunteer Coach of the Year and we hope that our Coaches Lisa and Sarah are selected as finalists - they are such great coaches and so much fun. We learn heaps from them, like last practise Sarah showed us how to practise arm swings at home looking in the mirror. Happy marching practise everyone

.....

**Did you no -**

After being removed from the body, the **lungs** can survive longer than any other organ

You have bones in your body that are not attached to any other bone. The '**floating**' bones are your triangular kneecaps and the horseshoe-shaped hyoid in your neck

The **heart** pumps blood around your body with enough pressure to squirt it nine metres away

**Malaria** is caused by parasites in the saliva of mosquitoes that get into the human bloodstream. The parasites multiply in the liver and red blood cells.

**Short-sighted** people have bigger eyeballs than those who are long-sighted.

Those bumps on your tongue are called **papillae** and they contain your taste buds. You were born with 10,000 taste buds but they die with age, so your grandparents may have only 5,000

Your **teeth** are soft in the middle! The outside is made of enamel, which is the hardest substance in your body. Inside is squidgy stuff called pulp, made of nerves, blood vessels and tissue.

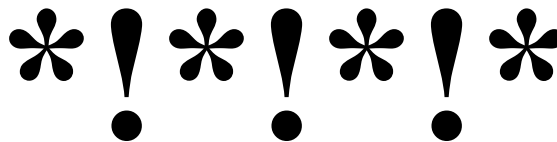
**Blood** is made up of 92% water

To everyone having a birthday in OCTOBER



**HaPPY BiRThdAy**

### Bright Idea



Invite a friend, or maybe a parent of one of the marchers in your team or a senior marcher to be your 'buddy' coach for the season. Share the workload, take turns attending practises, share the glory with someone new and increase the ranks of Coaches in your Association at the same time. Give them a good experience and watch them return, maybe with their own team next season, and all thanks to you.



### WANTED

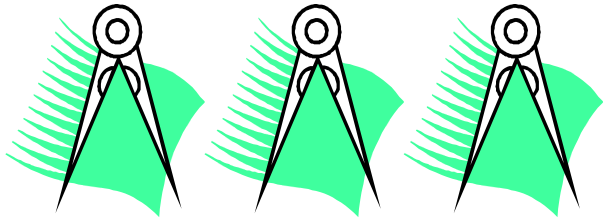
All ASSOCIATION TROPHIES returned.  
Please send to Association Trophy Custodians now

### For Sale

Marching New Zealand Badges @ \$5.00  
MNZ Technical Drills Identification DVD @ \$15.00  
Marching Music on Cassette Tape @ \$7.50  
Marching Music on CD's @ \$15.80  
Contact June Elliott,  
MNZ Merchandise Co-ordinator  
Email your order to - [elliott.d.j@xtra.co.nz](mailto:elliott.d.j@xtra.co.nz)

### FERNZ TEAMS

Shontae Starlets - Marlborough



## TECHNICAL CORNER



21<sup>st</sup> September – Judging Criteria  
28<sup>th</sup> September - memo re Field layout  
- Judges sheets

**Congratulations**  
to all **VOLUNTEER**  
**COACH OF THE YEAR**  
regional winners



### WELLINGTON COACH

**a WINNER ....** Congratulations to Wendy Lappin, coach of Glennette Under 16 nominated in the Watties Coach of the year awards in the Lifetime Coach section. Sport Wellington had 360 entries and Wendy made it to the final three of her category which was fantastic for her and for marching.

Thanks to SPARC, Wattie's and all Regional Sports Trust for recognising the Volunteer Coaches



## MEMBERSHIP REGISTRATIONS

Registrations are now due, please speed up the process



# OUT 'n ABOUT

Where have all the marching girls gone.... are they Out n About? They have been in ...

**HAWKE'S BAY** when the B.G. HUSSARS and BUCKINGHAM GUARDS Marching Teams performed demonstrations at a number of locations over the past few weeks. They have performed at the Hawke's Basketball, the Hawke's Bay Netball Finals, the Sport Expo and at the Warehouse Telethon fundraiser where they also had girls going around and collecting for telethon. The girls have also been asked to perform during the blossom parade taking part in a new initiative providing performances in two locations in town instead of marching the blossom parade.

**MANAWATU** when the Phoenix Team participated in the parade at the 'Foxton Spring Fling'

## MARCHING BOOTS

Individually made-to-measure  
Marching Boots for Australasia  
Robert Tudman  
15a Onepoto Rd, Takapuna,  
Auckland 0622 New Zealand

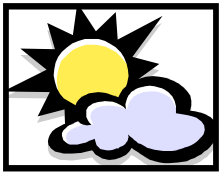
(0064)9 486 2531  
email: [tudman@xtra.co.nz](mailto:tudman@xtra.co.nz)

Please email or phone for  
instructions, costs, and template  
for measuring a team or an  
individual



**GOOD LUCK EVERYONE FOR A  
FANTASTIC MARCHING SEASON**

## MARCHING HAWKES BAY



# CNIS

Marching Hawke's Bay extends an invitation to all teams to attend and take part in our Central Regional Championships competition to be held in December.

**WHERE:** Napier

**VENUE:** McLean Park, Latham St, Napier

**WHEN:** Sat & Sun 5th & 6th December 2009.

**REPORT:** 2.30 Saturday - 9.30 Sunday

**START:** 3.00 Saturday and 10.00 Sunday

**ENTRY:** \$120.00 PER TEAM.

**EARLY BIRD SPECIAL:** \$100.00 if payment and entry received by 1st November

All enquiries to :

**Secretary :**

Jennie MacDonald, 7 Oxford Street, Taradale

Phone No. 06 8449853

Email [MacDonalds@xtra.co.nz](mailto:MacDonalds@xtra.co.nz)



**OCTOBER is  
INTERNATIONAL BREAST  
CANCER AWARENESS MONTH**



### Trick or Treat

Halloween is a holiday celebrated on October 31 (not in NZ though). It has roots in the Celtic festival of Samhain and the Christian holy day of All Saints Day. Irish immigrants carried versions of the tradition to North America during Ireland's Great Famine of 1846. The day is often associated with orange and black, and is strongly associated with symbols like the jack-o'-lantern. Halloween activities include trick or treating, wearing costumes, bonfires, costume parties, carving jack-o'-lanterns, pranking people, reading scary stories, and watching horror movies.

### HEALTH TIP

**Stroke....** is a medical emergency - Act FAST. Call 111.

- A stroke is a sudden interruption of blood flow to the brain, causing brain cell damage. Basically, it is a brain attack.
- Stroke is the second single largest killer in New Zealand (more than 2000 people every year)
- Stroke is the major cause of adult disability in New Zealand
- 8000 New Zealanders each year (that's 22 a day) suffer a stroke
- Each year, 40 stroke victims will be children and nearly 2000 will be under retirement age
- There are 56000 stroke survivors in New Zealand, many of whom need significant daily support.

**7** steps to reducing your risk of stroke

1. Get your blood pressure checked and if necessary treated.
2. Stop smoking if you do
3. Exercise regularly
4. Limit the amount of alcohol you drink
5. Eat a healthy balanced diet, control your weight and reduce your salt intake
6. Get your cholesterol checked and if necessary treated
7. Find out if you have Atrial Fibrillation (rapid, irregular contraction of the heart)

**Is it a stroke? Act FAST. Call 111**

**F**ace – SMILE (is one side droopy?)

**A**rms – RAISE BOTH ARMS (is one side weak?)

**S**peech – SPEAK A SIMPLE SENTENCE (slurred?)

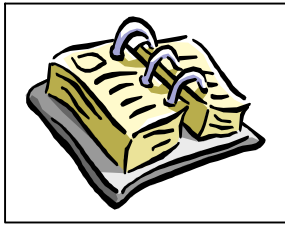
**T**ime – Lost time could be lost brain, get to hospital FAST

**Kiwi Jump & Jive**

Congratulations  
**Madison Blues**

(Senior Team)

1<sup>st</sup> Team registered for the new  
2009-2010 marching season



## Calendar of Events

### October

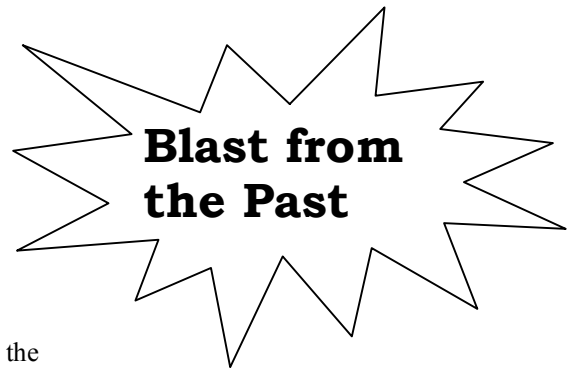
11	Field Day	Wellington
11	Field Day	Nelson
11	Field Day	Canterbury
11	Field Day	Southland
17	Field Day	Waikato
17	Field Day	Bay of Plenty
18	Field Day	Hawke's Bay
18	Field Day	Manawatu
18	Opening Day	Nelson
18	Opening Day	Marlborough
18	Opening Day – March & Go	Canterbury
18	Field Day/Opening Day	Otago
18	Opening Day – March Twice	Southland
31	Competition x 2 marches	Waikato
31	Opening Day	Taranaki

### November

1	Field Day	Auckland
1	Competition – 2in1	Hawke's Bay
1	Competition	Wellington
1	Double Day Competition	Nelson
1	Competition - March & Stay (1)	Canterbury
1	Competition	Otago
7	Competition	Waikato
7	Miltonette Day	Taranaki
7	Double Weekend; March & Go	Marlborough
8	Competition	Manawatu
8	Competition	Wellington
8	Double Weekend; March & Stay	Marlborough
8	Trophy Day - March & Stay	Canterbury
8	Competition (March Twice)	Southland
14	Combined Competition	Bay of Plenty
15	Combined Competition	Bay of Plenty
15	Competition – 2in1	Hawke's Bay
15	Double Day/Promo Day	Nelson
15	Combined Otago/Southland Day	Otago
21	Competition	Waikato
21	Taranaki Day	Taranaki
21	Twilight Challenge March & Go	Marlborough
22	Competition Day	Manawatu
22	Competition Day	Wellington
22	Twilight Challenge March & Stay	Marlborough
22	Competition – March & Go (2)	Canterbury
22	Foveaux Championships	Southland
29	Competition Day	Wellington
29	Double Day	Nelson
29	Competition – March & Stay (2)	Canterbury
29	Caledonian Xmas Championship	Otago

### SENIOR TEAMS

Madison Blues – Bay of Plenty  
Elite of Central – Marlborough



## Blast from the Past

From the  
**Annual Report (1<sup>st</sup> April 1987 – 31<sup>st</sup> March 1988)**

- NZ Executive Committee met seven times and had one meeting by conference telephone call
- Mrs Jan Hoad was appointed to the position of NZ Chief Judge during the year on the resignation of Mrs Maureen Grumball
- Sub-Committee to vet Associations Constitution and By-law amendments and make recommendations on same
- Sub-Committee to research the possibility of introducing a Proficiency Certificate for Instructors
- Sub-Committee to bring forward a possible plan for recruiting judges
- Sub Committee to look into pros and cons of having a Technical Committee taking into account that the 1987 AGM preference was for the Technical Committee to be 'selected' rather than 'elected'.
- For the fifth year in succession there has been a fall-off in registrations
- Only two districts have recorded an increase in teams – Bay of Plenty and Wanganui
- Mr Ernie Bettridge (Waikato) was appointed as Marketing Co-ordinator for a third year to specifically promote the sport in the areas of Rotorua/Taupo and Waihi/Thames
- In line with the feeling of the AGM, medals were introduced at the NZ Championships 2<sup>nd</sup> Division
- Despite an all-out effort and the ability to pay the \$10,000 first asked for by Television New Zealand we were unable to get TV coverage of any of our championships
- Many of the districts supported the Arthritis and Rheumatism Foundation appeal collection
- The Executive Committee investigated/enquired into the administration of the Fielding and Districts, Manawatu and Canterbury Associations. The Manukau and Hastings Associations have been selected for visiting during 1988



### REGIONAL CHAMPIONSHIPS

CENTRAL NORTH ISLAND SHIELD – Hawke's Bay,  
6<sup>th</sup> December @ Napier

MAINLAND CHALLENGE – Canterbury,  
5<sup>th</sup> & 6<sup>th</sup> December @ Christchurch

NORTHERN PLATE – Waikato,  
12<sup>th</sup> December @ Hamilton

Some tips from within the **CHAPERONS KIT**

### SAY GOODBYE TO ALLERGENS

Sneezing Bouts? Itchy, blocked or runny nose? Watery, red or puffy eyes? If it's that time of the year, it's time to do something about it.

Allergens can affect you both seasonally and continually through the year, based on timing and whether signs recur. Pollens from trees, grasses and weeds appear seasonally and cause seasonal rhinitis. Indoors, dust mites, pet dander (especially cat dander) can cause perennial problems with allergens. In some cases, the signs can be so severe that it affects sleep and concentration.

Signs vary from person to person, but some general indications include

- Sneezing bouts
- Itchy, blocked or runny nose, eyes, palate and ears
- Watery, red, puffy eyes
- Sore throat, tickly cough and husky voice

The best way to manage this is to avoid allergens where possible and be prepared with medications or control with health products. See your Chemist for help.

### KIWI GRADE TEAMS

Shontae Stars – Marlborough  
Picton Kilties – Marlborough

### MENTOR PROGRAMME FOR JUDGES

Judging Mentors for this season are –

- Technical A - Alwyn Hawkins (Auckland)
- Technical B – Sally Alcock (Waikato)
- Technical C – Janine Brandhoj (Wellington)
- Technical D – Sue Cornelius (Nelson)
- Display – Bob Gibbison (Wellington)

### CHAMPONSHIP DATES

FOVEAUX	22 <sup>nd</sup> November 2009
BAY OF PLENTY	6 <sup>th</sup> February 2010
TARANAKI	13 <sup>th</sup> February 2010
MANAWATU	20 <sup>th</sup> February 2010
SOUTHLAND	21 <sup>st</sup> February 2010
NELSON	28 <sup>th</sup> February 2010
OTAGO	28 <sup>th</sup> February 2010
AUCKLAND	7 <sup>th</sup> March 2010
CANTERBURY	7 <sup>th</sup> March 2010
WAIKATO	13 <sup>th</sup> March 2010
NEW ZEALAND	19 <sup>th</sup> March 2010

'Tips for Administrators' .....

## Stamp out SPORT RAGE

### I will:

- ♦ create pathways for club members to participate not just as players but also as coaches, referees, administrators etc
- ♦ ensure that rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of players
- ♦ ensure quality supervision and coaching for players
- ♦ remember that players participate for their enjoyment and benefit
- ♦ help coaches and officials highlight appropriate behaviour and skill development, and help to improve the standards of coaching and officiating
- ♦ ensure that everyone involved in sport emphasises fair play
- ♦ distribute a code of conduct to players, coaches, officials and parents and encourage them to follow it
- ♦ respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background
- ♦ promote adherence to anti-doping policies.

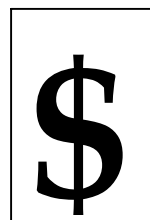
### I will not:

- ♦ arrive at the venue intoxicated or drink alcohol at junior matches
- ♦ allow the unlawful supply of alcohol at training, games or club functions
- ♦ use bad language, nor will I harass players, coaches, officials or spectators.

Next month 'Tips for Parents' .....

### MASTERS TEAMS

Kintyre – Marlborough



## ENTRY FEES

### 2010 NZ CHAMPIONSHIPS

Under 12 – \$250.00

Under 16, Senior & Masters - \$350.00

### Congratulations

### LONG SERVICE AWARDS

were presented at the Coach/Judge Workshop to

*Alwyn Hawkins (Auckland)*

*Janice Fansley (Otago)*

**Rules - Constitution and Rules of Participation**

**A16.4 MEMBERSHIP & REGISTRATIONS**

Marching New Zealand and Associations may use the voluntary services of any person, not being a member of Marching New Zealand, in the conduct of any Championship, Competition, Display, Gathering, or other similar activity.

**A19.8 COMMUNICATIONS**

All communications to the Board shall come via the Association Secretary (and in reverse also), with the following exceptions:

- a. If it can be proven that an Association Committee has not dealt with a subject matter within a reasonable time, and this is accepted as such by the Board;
- b. Matters concerning the participation of a Team in a New Zealand Championship or International Challenge other than in respect to matters associated with the completion of Judging Sheets, subsequent to the submission of an entry form;
- c. Contact between Association elected/appointed personnel and their counterpart Board Member or Appointee, e.g. Treasurer to/from Director of Finance, Coaching Co-ordinator to/from Director of Coaching,, Chief Judge to/from Director of Judging, Registrar/Privacy Officer to/from Membership/Privacy Officer, Promotions/Publicity Officer to/from Marketing Co-ordinator.

**A19.9 COMMUNICATIONS**

Teams are to submit a written report to their Association monthly, by a date determined by the Association Committee, briefly outlining their marching, fund-raising and social activities undertaken in the previous month and those they plan in the subsequent month.

**A20.7 FINANCE & RECORDS**

Any Group/s of Association members, with a common interest in the Sport, who may choose to raise finance for the purpose of assisting their support service activity to the Sport, are to obtain the prior approval of their Association Committee to do so and then must keep and maintain appropriate records and books of account. An audited copy of the annual income and expenditure account/balance sheet, is to be filed with the Association by 30 June. Such Groups are to operate a cheque account with each cheque bearing not less than two signatures, these signatories not being of husband and wife nor two people living at the same household

**A20.10 FINANCE & RECORDS**

All funds raised by Clubs, Teams and Individuals are to be used for the particular marching purpose or venture for which they were raised. If that marching purpose or venture is not to occur, then the funds are to be used for some other legitimate marching purpose within the Club or Team, and, failing that, be directed to the local Association or Marching New Zealand for use in the Sport

**A21.1 TEAM STRUCTURE**

The appointment of Team Officials of a Team not being part of a Club, will be the sole right of the Coach/s of the Team, with all subsequent decision making (other than that covered by Rules of Participation A20-9, A21-2/3/4, A21-5/6 and A21-7/8) being in the collective hands of the Team Officials.

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**NORTHERN AREA MARCHING EXTRAVAGANZA**



Marching Waikato extends and invitation to all competitive grade teams to attend and take part in a great competition to be held annually.

**WHERE:** Taupo  
**VENUE:** **INDOORS** at the AC Baths & Taupo Events Centre Spa Road, Taupo.

**WHEN:** Saturday 27 February 2010.  
**REPORT:** 11.30AM (to be confirmed)  
**START:** 12.30. (to be confirmed).  
**ENTRY:** \$120.00 PER TEAM.

**EARLY BIRD SPECIAL:**  
\$100.00 if payment and entry received by 1<sup>st</sup> February  
**SUPER EARLY BIRD:**  
\$80.00 if payment and entry received by 1<sup>st</sup> December.

All enquiries to:  
Marie Brown, Secretary Marching Waikato  
Ph. 07 8541062 or Mob. 0273357657  
Email: [JPWABrown@xtra.co.nz](mailto:JPWABrown@xtra.co.nz)  
MARCHING SOUTHLAND

**UNDER 12 GRADE TEAMS**

Cordeaux Renwick – Marlborough  
Shontae Allstars – Marlborough



*Marching New Zealand  
is very grateful to SPARC for their continued  
investment in our sport through till 2010*

Field Days this weekend and Opening Days in just a week or two. All the best to Teams and Judges for the coming season and I trust the Team practises have you ready to step out for the season and meet your team and personal goals. Judges, trust your off season revision has prepared you also. Associations - remember to use every opportunity to 'promote the sport' for now is the time to profile marching on the field to potential marchers and judges.

*Diane Gardiner*