

# NEWSLETTER

NOVEMBER 2009

From the Desk of the  
Chief Executive Officer

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Kiwi Jump & Jive

# MARCHING

NEW ZEALAND

## REGIONAL CHAMPIONSHIP JUDGING PANELS



### CNIS – HAWKE'S BAY

Technical A – Jenny Cox (Canterbury)  
Technical B – Sally Alcock (Waikato)  
Technical C – Donna Odering (Canterbury)  
Technical D – Graham Blue (Auckland)  
Display A – Susan Lehne (Wellington)  
Display B – Janis Tobeck-Blue (Auckland)

### NORTHERN PLATE – WAIKATO

Technical A – Sue Stenning (Southland)  
Technical B – Dianne Cox (Canterbury)  
Technical C – Shirley Atkinson (Manawatu)  
Technical D – Sherryn Palmer (Canterbury)  
Display A – Viki Yates (Otago)  
Display B – Bob Gibbison (Wellington)

### MAINLAND CHALLENGE – CANTERBURY

Technical A – Raewyn Rice (Taranaki)  
Technical B – Gay Cubitt (Waikato)  
Technical C – Raelene Bettridge (Waikato)  
Technical D – Katharine Simonsen (Otago)  
Display A – Leemarie Pirikahu (Manawatu)  
Display B – Pam Elliot (Waikato)

## KIDS CORNER

A message from

*Marching Molly*



We went to the Field Day and marched in our new uniforms except for the hats which were not quite finished, but we marched in our full uniform on Opening Day. It was so neat to march at Opening Day and we had such neat fun with the new Kiwi Team. My friend is in the Kiwi Team and this is the first time she has marched.

The Coach Breakfast for Volunteer Coach of the Year was held last week and our Coaches Lisa and Sarah did not win but they are the best to us. They are such cool coaches, they are the best.

I have got a pace ladder marked out on the driveway at home. My Dad painted white lines for me to practise getting my paces correct and I march it every night. Even my friends who do not march like doing it with me so one day they might join our team.

Santa Parade coming up and all our teams are all going to be marching in it. Have fun everyone

### Did you no –

**HEADSTART** when you look at your head, you can see your ears, eyes, nose and mouth but you can't see the most important part of all – your brain!

**On the look out** your eyes are your windows to the world. Two-thirds of the information your brain processes comes in through your eyes. They say they stay the same size they were when you were born, but your ears never stop growing.

**Big Boss** - your brain is the control centre of your whole body. Without it you wouldn't be able to blink, think or even breathe. Your brain looks like a huge wrinkly walnut. The left part controls artistic skills. The right half is the logical part and deals with skills such as counting numbers.

**Super sneeze** – your nose helps you smell, taste and breathe. When a particle of dust or something similar irritates your nasal passage, you sneeze. A sneeze fires a tiny jet of mucus out of your nostrils at 160km/hr blasting away the dust.

**Ear, ear** – your ears collect sounds and send up to your brain to interpret what the sounds mean. As well as helping you hear things, your ears also help you to balance standing up.

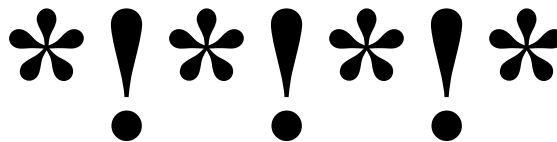
**Open wide, what's inside?** Your mouth is the doorway to your body. You use it to eat, speak, smile and kiss.

To everyone having a birthday in NOVEMBER



**HaPPy BiRThdAy**

### Bright Idea



To attract even more attention during the Santa Parade, have each team member carry a balloon in the colours of the team. Imagine a splash of red, green, yellow ....balloons in the Santa Parade. For a greater effect, helium filled balloons will be better but make sure they are tied to the marchers.



### WANTED

All Marching New Zealand TROPHIES returned to Mrs Sherryn Wells  
C/o Waterford Paint Accessories  
80 Stoddard Road, Mt Roskill, AUCKLAND 1041

### For Sale

Marching New Zealand Badges @ \$5.00  
MNZ Technical Drills Identification DVD @ \$15.00  
Marching Music on Cassette Tape @ \$7.50  
Marching Music on CD's @ \$15.80  
Contact June Elliott,  
MNZ Merchandise Co-ordinator  
Email your order to - [elliott.d.j@xtra.co.nz](mailto:elliott.d.j@xtra.co.nz)



## **FERNZ TEAMS**

Shontae Starlets – Marlborough  
Geyslerland Guards – Bay of Plenty  
Pioneers of Canterbury – Canterbury

## **OUT 'n ABOUT**

Where have all the marching girls gone.... are they  
Out n About? They have been in ...

**HAWKE'S BAY** when the B.G. HUSSARS and  
BUCKINGHAM GUARDS Marching Teams performed  
demonstrations at a number of locations over the past few  
weeks. They have performed at the Hawke's Basketball, the  
Hawke's Bay Netball Finals, the Sport Expo and at the  
Warehouse Telethon fundraiser where they also had girls  
going around and collecting for telethon. The girls have  
also been asked to perform during the blossom parade  
taking part in a new initiative providing performances in  
two locations in town instead of marching the blossom  
parade.

**MANAWATU** when the Phoenix Team participated in  
the parade at the 'Foxton Spring Fling'

**CANTERBURY** - Pioneers Fernz and Under 12s and  
Guardian Cathedral Teams were out collecting for the  
CANTEEN street appeal on Bandana Day, Friday the 23<sup>rd</sup>  
October. – Well done girls

### **CHANGE OF MARLBOROUGH Coaching Co & Chief Judge**

#### **Coaching Co-ordinator**

Mrs Anita Ireland  
38 High Street  
**RENWICK 7204**  
Contact Day – 027 278 9687  
Contact Evg – (03) 572 8687  
Email [theirelandclan@gmail.com](mailto:theirelandclan@gmail.com)

#### **Chief Judge**

Ms Lara Findlay  
48a South Street  
**BLLENHEIM 7201**  
Contact Day – 027 282 2988  
Contact Evg – (03) 579 2911  
Email: [larfin@xtra.co.nz](mailto:larfin@xtra.co.nz)

## **ENTRY FEES**

### **2010 NZ CHAMPIONSHIPS**

Under 12 – \$250.00  
Under 16, Senior & Masters - \$350.00

## **NOVEMEBR 5<sup>th</sup> –**

### **Bonfire Night/Guy Fawkes Night**

(and the weekend closest to it) is the main night for both  
amateur and official fireworks displays in New Zealand.



In Australia Guy Fawkes Night has not been celebrated  
since the late 1970s, when sale and public use of  
fireworks was banned in most states and territories to  
prevent their misuse and personal injuries, and especially  
because of the danger of bushfires during hot Novembers.  
Prior to this ban, Guy Fawkes Night in Australia was  
widely celebrated with many private, backyard fireworks  
lightings and larger communal bonfires and fireworks  
displays in public spaces. Some recent immigrants to  
Australia from Britain preserve the British tradition and  
arrange private parties with bonfires and sparklers.

In New Zealand, the sale of fireworks has been  
increasingly reduced. This is predominantly due to misuse  
by young people. Firecrackers have been banned since  
1991, and rockets (or any firework where the firework  
itself flies) have been banned since 1994. In 2007, the sale  
period for fireworks was reduced to the four days leading  
to Guy Fawkes Night, and the legal age to buy fireworks  
was raised from 14 to 18. Despite those sales restrictions,  
there is actually no restriction on when one may light  
fireworks, only a restriction on when they may be sold.  
There are some local bans on setting off fireworks,  
usually covering only the days around Guy Fawkes Night.

Whatever you do on – BE VERY, VERY CAREFUL.

### **CHANGE OF CANTERBURY Association Secretary**

#### **SECRETARY**

Ms Becky Butt  
5/16 Warwick Street  
Richmond, **CHRISTCHURCH 8013**  
Contact Day – 027 237 7561  
Contact Evg – (03) 981 7561  
E-Mail: [gcmarching@msn.com](mailto:gcmarching@msn.com)

## **LEISURE TEAMS**

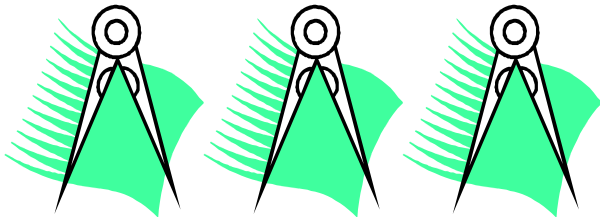
Excelsior – Nelson

## UNDER 12 GRADE TEAMS

Ashton Kilties – Nelson  
City of Tauranga – Bay of Plenty  
Clutha Currents – Otago  
Cordeaux Renwick – Marlborough  
McVicar Challenge – Canterbury  
Miltonette Royal Cavaliers – Taranaki  
Onyx Militaires – Otago  
Pioneers of Canterbury – Canterbury  
Shontae Allstars – Marlborough  
The Southerners – Canterbury  
Skellerup Royal Cadets – Canterbury  
Chevaliers – Canterbury

Congratulations  
**EXCEL GUARDS OF RENWICK**  
Under 16 Grade Team

10<sup>th</sup> Team to register this season



## TECHNICAL CORNER



5<sup>th</sup> October – General requirements for Judging  
- Display Judges Criteria page 2  
13<sup>th</sup> October – Index Master List  
- Page 10 – U/16 Grade Technical Drill  
13<sup>th</sup> October - U/16 Grade Disc layout  
14<sup>th</sup> October – Index Master List – updated page 1&3  
20<sup>th</sup> October – Index Master List – updated page 6  
- Judging requirements Fernz Grade  
29<sup>th</sup> October - Update U/12 Technical B Judge Sheet



All **Marching New Zealand Championships trophies** must be returned by the 30 November. Trophies should be cleaned and then carefully packaged to avoid breakages and posted or couriered to – Mrs Sherryn Wells, C/o Waterford Paint Accessories 80 Stoddard Road, Mt Roskill, **AUCKLAND 1041**

## MEMBERSHIP REGISTRATIONS

Registrations are now **OVERDUE**, please speed up the process



## HEALTH TIP

### Carbs and cravings ....

Most carbohydrates are, to put it plainly yum. They tend to be cheap, comforting and abundant. It's no coincidence that carbs make up the lion's share of our natural diet and are the food of choice when we're looking to indulge ourselves.

Some cravings are triggered by low blood sugar levels as your body is seeking out high energy food. You might have low blood sugar because you haven't eaten for a while, or because you've eaten too much simple sugar, which burns away quickly. That 3pm chocolate craving can be kept at bay by eating breakfast and a protein rich lunch.

Eat regularly, drink fluids and consume foods that metabolise slowly (fibrous carbohydrates, protein and essential fats).

It makes sense to eat most of your daily carbohydrate intake for breakfast or lunch because that's when we need their energy the most, but forget any strict rules about eating carbohydrates after 4pm. Focus on getting the majority of your carbohydrate intake from carbs in their most un-processed state, for example, vegetables, fruit and whole grains.

Look for foods with a low glycaemic index. The GI rating looks at how quickly or slowly carbohydrates release energy. Low GI foods will fill you up and keep blood sugar levels more constant.

If you've got a craving for a specific food, then satisfy it. You'll be much better off giving in to a craving (then going for a big walk afterwards) than denying yourself and bingeing later on.

## SENIOR TEAMS

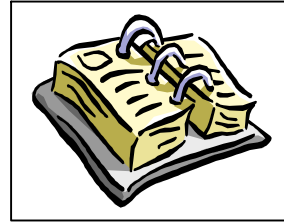
Madison Blues – Bay of Plenty  
Elite of Central – Marlborough  
McVicar – Canterbury  
Miltonette Royal Guards – Taranaki  
Pioneers of Canterbury – Canterbury  
Skellerup Militaire Guards – Canterbury

# Kiwi Jump & Jive

## Blast from the Past

From the  
**Annual Report (1<sup>st</sup> April 1974 – 31<sup>st</sup> March 1975)**

- Celebration of the 30<sup>th</sup> Anniversary of the founding of the New Zealand Marching Association
- Not only is the Treasurer expected to handle the finance of the Associations but they assist the Registrar, handles the sale of March Plans, Judges Manuals and other necessary stock from time to time
- Mrs Norma Mangos was awarded the M.B.E. in the New Year honours
- Canadian Guards (Auckland) were Senior Champion Team, Whitiora (Waikato) Junior Champion Team and Blair Athol (Otago) Midget Champion Team
- After considerable discussion it was decided to support in principal the idea of an Australasian Championship.
- Mr Paul Philips produced a working paper on Marching in Schools
- The regular meetings of the Executive were well attended and the minutes forwarded to all Centres which gave an idea of the work tackled and the decisions arrived at. It also recorded some very difficult decisions concerning individuals, a team and a Centre.
- There were concerns of Australian Visits – some queries had been raised concerning the ways some teams raise their finances for such visits with special reference to 'misleading publicity'.
- The Wairarapa Centre was in recess
- Statistics showed an overall loss of 52 teams (14%)
- There were no senior teams in Bay of Plenty, 10 Junior Teams in Auckland, 8 Midget Teams in Taranaki
- Wellington had 411 marchers and 38 Instructors
- APRA fee was \$6, Conference expenses \$1098.79 and Judges expenses to Championships \$1871.67
- Total Expenditure was \$12375.93 and Income from Membership fees was \$9812.49



Calendar

## of Events

### November

1	Field Day	Auckland
1	Competition – 2in1	Hawke's Bay
1	Competition	Wellington
1	Double Day Competition	Nelson
1	Competition - March & Stay (1)	Canterbury
1	Competition	Otago
7	Competition	Waikato
7	Miltonette Day	Taranaki
7	Double Weekend; March & Go	Marlborough
8	Competition	Manawatu
8	Competition	Wellington
8	Double Weekend; March & Stay	Marlborough
8	Trophy Day - March & Stay	Canterbury
8	Competition (March Twice)	Southland
14	Combined Competition	Bay of Plenty
15	Combined Competition	Bay of Plenty
15	Competition – 2in1	Hawke's Bay
15	Double Day/Promo Day	Nelson
15	Combined Otago/Southland Day	Otago
21	Competition	Waikato
21	Taranaki Day	Taranaki
21	Twilight Challenge March & Go	Marlborough
22	Competition Day	Manawatu
22	Competition Day	Wellington
22	Twilight Challenge March & Stay	Marlborough
22	Competition – March & Go (2)	Canterbury
22	Foveaux Championships	Southland
28	Combined	Auckland
29	Competition Day	Wellington
29	Double Day	Nelson
29	Competition – March & Stay (2)	Canterbury
29	Caledonian Xmas Championship	Otago

### December

5	Competition	Hawke's Bay
5	Mainland Challenge	Canterbury
6	CNIS – Regional Championship	Hawke's Bay
6	Mainland Challenge	Canterbury
12	Northern Plate	Waikato
13	Competition	Marlborough



## REGIONAL CHAMPIONSHIPS

CENTRAL NORTH ISLAND SHIELD – Hawke's Bay,  
6<sup>th</sup> December @ Napier

MAINLAND CHALLENGE – Canterbury,  
5<sup>th</sup> & 6<sup>th</sup> December @ Christchurch

NORTHERN PLATE – Waikato,  
12<sup>th</sup> December @ Hamilton

Some tips from within the **CHAPERONS KIT**

- Lemon juice is good for removing scorch stains
- Dirty iron? Rub a rhubarb leaf over the bottom of the iron
- To remove felt pen marks – treat with neat dettol.
- Sharpen scissors by pulling them across the neck of a glass bottle
- Sticking zip? Rub a lead pencil up and down the zip

### **KIWI GRADE TEAMS**

Shontae Stars – Marlborough

Picton Kilties – Marlborough

Clutha Currents – Otago

Clutha Currents Cadets – Otago

Geyserland Guards – Bay of Plenty

Maitahi Guards – Nelson

Onyx Cadets – Otago

Onyx Militaires – Otago

Pioneers of Canterbury – Otago

Southerner Cadets – Canterbury

Temuka Militaires – Canterbury

City of Tauranga – Bay of Plenty

### **MENTOR PROGRAMME FOR JUDGES**

Judges are you utilising your Mentors expertise? Have you seen something at a Competition Day that you need some clarification on? Any queries don't hesitate to contact your section mentor –

Technical A - Alwyn Hawkins (Auckland)  
Technical B – Sally Alcock (Waikato)  
Technical C – Janine Brandhoj (Wellington)  
Technical D – Sue Cornelius (Nelson)  
Display – Bob Gibbison (Wellington)

### **CHAMPONSHIP DATES**

FOVEAUX	22 <sup>nd</sup> November 2009
BAY OF PLENTY	6 <sup>th</sup> February 2010
TARANAKI	13 <sup>th</sup> February 2010
MANAWATU	20 <sup>th</sup> February 2010
SOUTHLAND	21 <sup>st</sup> February 2010
NELSON	28 <sup>th</sup> February 2010
OTAGO	28 <sup>th</sup> February 2010
AUCKLAND	7 <sup>th</sup> March 2010
CANTERBURY	7 <sup>th</sup> March 2010
WAIKATO	13 <sup>th</sup> March 2010
NEW ZEALAND	19 <sup>th</sup> March 2010

'Tips for Parents' .....

## **Stamp out SPORT RAGE**

### **I will:**

- ◆ Encourage my child to play within the rules and respect officials' and coaches' decisions
- ◆ Teach my child to respect the efforts of their opponents
- ◆ Remember that children learn best by example so I will applaud good plays/performances by both my child's team and their opponents
- ◆ Give positive comments that motivate and encourage continued effort
- ◆ Support my child's efforts and performances
- ◆ Thank the coaches, officials and other volunteers who give their time to conduct the event for my child
- ◆ Help when asked by a coach or official
- ◆ Respect the rights, dignity and worth of all people involved in the game regardless of their gender, ability or cultural background.

### **I will not:**

- ◆ Pressure my child in any way – I know that this is their game not mine
- ◆ I will not arrive at the venue intoxicated or drink alcohol at junior matches
- ◆ Use bad language, nor will I harass players, coaches, officials or other spectators
- ◆ Criticize or ridicule my child's performance after the game

Next month 'Tips for Officials' .....

### **GAMING MACHINE FUNDING....**

Sport can still receive gaming society funding. Gaming machine funding can still go to sport, says Minister of Internal Affairs Nathan Guy and Minister for the Community and Voluntary Sector Tariana Turia. Some smaller gaming machine societies have claimed they can no longer fund sport following a High Court decision that said the promotion of horse racing and, in some cases, amateur sport, were not charitable purposes. "We would like to reassure the community that gaming machine societies can still give grant money to sport provided they are operating according to the law and their governing trust deeds," the Ministers said. "While it is still up to societies to decide who to give money to, we are pleased to hear that many of them, including most of the large societies, have told the Department of Internal Affairs they are confident that their granting practices will remain the same." The Ministers said those gaming machine societies that existed to support 'authorised purposes' under the Gambling Act (and did not restrict themselves to charitable purposes) could give money to sporting purposes as long as they were non-commercial and benefited the community, regardless of whether they were charitable. And the gaming machine societies set up to support 'charitable purposes' could still give money to sport as long as that sporting activity was being used to achieve a charitable purpose, for example, promoting health, fitness, education, or physical or social wellbeing through sport.

## Rules - Constitution and Rules of Participation

### Rule 16.2.8 ASSOCIATIONS

Subscribe to, affiliate and co-operate with kindred or other organisations in the Association area, in furtherance of the Objects of the Association.

### Rule 16.2.13 ASSOCIATIONS

Apply funds raised through membership fees, grants, donations, sponsorship, and specific fund raising ventures in accord with the Objects of the Association.

### Rule 16.2.19 ASSOCIATIONS

Promote the Association and its activities.

### A21.3 TEAM STRUCTURES

The Coach is responsible for the training of the Team. The Coach selects the Team, arranges the formation/s, and decides where and when the Team is to participate, while taking account of the welfare and well-being of Team members.

### A21.6 TEAM STRUCTURE

If, due to unforeseen circumstances, at least one Team Chaperon is unable to attend a contest or gathering that the Team is attending, or due to ill health at a Contest, at least one Team Chaperon is unable to take up the required position at a contest, the Secretary of the conducting authority, is to be informed of the name of another member of Marching New Zealand (who is at least 20 years of age), who will deputise.

### A21.7 TEAM STRUCTURES

A Team Manager, will be responsible for making all Team travel and accommodation arrangements as required by the Coach, including applications for Marching Overseas, and assisting with any other Team matters of a non-coaching nature, except those concerning the welfare and control of the behaviour of Team members.

### A22.1 TEAM APPEARANCES

Teams wishing to accept an invitation to take part at any gathering not held under the auspices of their Association, other than for a Championship or Competition, are to apply to their Association for permission to do so.

### A22.2 TEAM APPEARANCES

In the case where travel and/or accommodation expenses are involved, the Association is to be satisfied that the Team has sufficient funds in order to meet such commitments.

### NZC15 TROPHIES

New Zealand Championship trophies are to be returned to the Custodian of Trophies by the 30 November following their presentation.

### OM2.1 OVERSEAS TOURS

Teams wishing to travel overseas will advise their Association of this intention at least (4) months before the proposed travel. The Association will obtain from the Chief Executive Officer an application form approved by the Board, for the Team to complete and submit to the Board no later than three (3) months before the proposed travel.

### RAC2.2 CONDUCTING OF CHAMPIONSHIPS

Associations are to, where practicable, conduct Competitions for Teams of all Grade throughout a season.

### RAC2.7 CONDUCTING OF CHAMPIONSHIPS

Where only one Team takes part in a Competition, it will be regarded as having competed.

## NORTHERN AREA MARCHING EXTRAVAGANZA



Marching Waikato extends an invitation to all competitive grade teams to attend and take part in a great competition to be held annually.

**WHERE:** Taupo

**VENUE:** INDOORS at the  
AC Baths & Taupo Events Centre  
Spa Road, Taupo.

**WHEN:** Saturday 27 February 2010.

**REPORT:** 11.30AM (to be confirmed)

**START:** 12.30. (to be confirmed).

**ENTRY:** \$120.00 PER TEAM.

### EARLY BIRD SPECIAL:

\$100.00 if payment and entry received by 1<sup>st</sup> February

### SUPER EARLY BIRD:

\$80.00 if payment and entry received by 1<sup>st</sup> December.

All enquiries to:

Marie Brown, Secretary Marching Waikato

Ph. 07 8541062 or Mob. 0273357657

Email: [JPWABrown@xtra.co.nz](mailto:JPWABrown@xtra.co.nz)

## UNDER 16 GRADE TEAMS

Shonate Star Guards – Marlborough

Excel Guards of Renwick – Marlborough

McVicar Majors – Canterbury

Miltonette Royal Guards – Taranaki

Ngatahi – Otago

Onyx Militaires – Otago

Pioneers of Canterbury – Canterbury

Temuka Militaries – Canterbury



*Marching New Zealand  
is very grateful to SPARC for their continued  
investment in our sport through till 2010*

All the pre season planning is being reaped now that the marching season has been officially opened throughout the country. Have a great 'on the field' marching season.

*Diane Gardiner*