

NEWSLETTER

AUGUST 2009

From the Desk of the
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Technical Memo's

- ◆ Amended technical details



Coming up

- ◆ Coach/Judge Workshop
- ◆ Publicity Workshop
- ◆ MNZ Level One Accreditation



Kiwi Jump & Jive

MARCHING

NEW ZEALAND



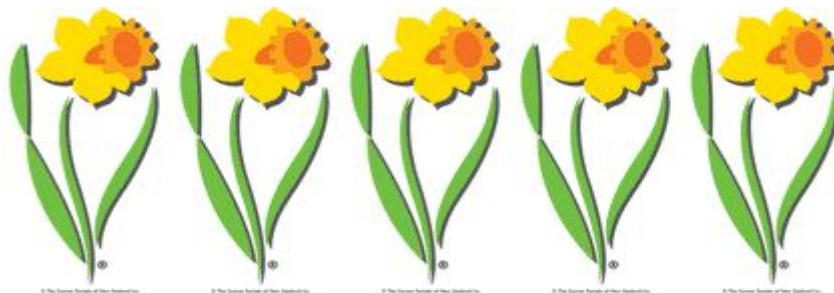
Daffodil Day – 28th August

The Cancer Society of New Zealand's **Daffodil Day** symbolises hope for the 1 in 3 New Zealanders affected by cancer.

The daffodil is one of the first flowers of spring, whose bright yellow blooms remind us of the joys the new season will bring.

Daffodil Day is the Cancer Society of New Zealand's annual flagship event and one of the most important fundraising and awareness campaigns in the country. As well as providing an opportunity to raise awareness of cancer in New Zealand, Daffodil Day is a major funding source for the Cancer Society

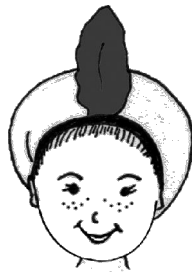
Since 1990, this iconic event has inspired people from across the country to come together and support the Cancer Society's work.



KIDS CORNER

A message from

Marching Molly



I had an awesome holiday: my trip to Australia with my Nana was great. The best part for me was when we went to SeaWorld and watched the dolphins performing. They were amazing when they leapt out of the water and in time with each other, just like a marching team performing together.

When we got back I went to my team's first 'team get together' which was cool and got to meet our new Co Coach who is very nice. She hasn't marched before but always liked watching and now she is learning to be a coach. Our coach had a big surprise for us to and no-one could guess what it was. We are getting a new uniform this season and what's best of all we get to help design it and the colours. She gave us all a picture of a marching girl and we have to draw a uniform and colour it in and then she will talk to us next time about our choices of style and colour and make a decision with our Chaperons. My favourite colour is red so I think a red skirt will be nice. Until next time have fun

.....
Did you no –

Your **appendix** ... looks like a worm dangling from your intestine, and you don't even need it for anything!

Early **X-rays** caused nasty side effects such as skin burns, swelling and hair loss.

The **skin** you can see on your body is dead! New cells are growing underneath to give you a new layer of skin every 30days.

Werewolf Syndrome or hypertrichosis is the name for the condition of excessive body hair.

When you crack your **knuckles** The noise comes from gas bubbles popping in the liquid around your joints.

Blood ... whizzes through the main artery in the body, the aorta, at 30 centimetres a second.

The first time you get a **cold sore**, the virus that causes it lurks in your body for the rest of your life.

You've got jelly in your bones! It is called **bone marrow** and it makes your blood cells.

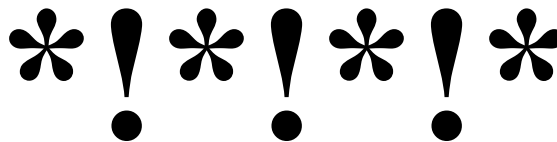
The **cornea** (the surface of your eye) is the only part of your body that has no blood supply.

To everyone having a birthday in AUGUST



HaPPy BiRThdAy

Bright Idea



Daffodils: Don't mix cut daffodils in with other cut flowers as the daffodils produce a toxin that kills off the other flowers.



SPARC
ihi AOTEAROA
Sport & Recreation New Zealand

WANTED

TRAINEE JUDGES – in every Association. Contact your local Association Chief Judge or MNZ Director of Judging Graham Blue, phone 09 424 4223 or email gwblue@xtra.co.nz for more information

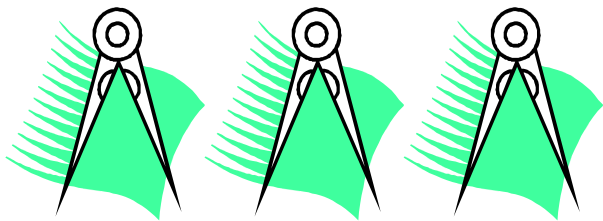
For Sale

Under 12 Grade Marching Uniform

13 x Navy / Silver Trim – Jackets and Satin Skirts (one piece – skirt attached to jacket)
13 x Navy Flat Back Hats with front pocket (As new - worn approx 6 times)
16 x Silver Waist Belts
17 x Black Bootleg Trousers (good for travel or training)
Ex City of Tauranga U12 uniform minus all pink trims.
Phone: 07 579 9123 for more information or email tracy.tredinnick@xtra.co.nz for photos etc.

You can't cross the sea merely by standing and staring at the water.

Rabindranath Tagore, Born 1861 – Died 1941
Indian Poet, playwright and essayist and winner of the Nobel Prize for Literature in 1913.



TECHNICAL CORNER



Email sent 02/08/09 re

Amended technical details

Fernz - New Review & Inspection

Under 12 - R & I,

Note: Mark times have been deleted first part of Review.

Under 12 - Tech

Highlighted words - Page 3 and Page 6

Under 16 - R & I

Note: Mark times have been deleted first part of Review.

Under 16 - Tech

Disc 6 - After the first 10 beats the pause one beat has been deleted.

Senior - R & I

Note: Mark times have been deleted first part of Review.

Highlighted word on Page 3

Masters - Tech

Highlighted word on Page 3



OUT 'n ABOUT

Where have all the marching girls gone.... are they Out n About? They have been in ...

HAWKE'S BAY

When the local Association participated in the local Regional Sports body organised Sport Expo. A static display with TV and DVD player showing footage of the nationals and a Photo Board of every team provided interest. Trophies and medal sashes and a few fairy lights finished off the display. Each team was represented handing out a flyer briefly saying what marching was about and also the coaches' contacts and ages etc of the grades.



FREE POSTAGE....

COMMUNITY POST is a New Zealand Post sponsorship programme designed to support communities throughout the country by donating postage-included envelopes to local non-profit organisations for use in fundraising, communication and other initiatives in their local area.

COMMUNITY POST applications close 31st August click on the link below for more information

[COMMUNITY POST 2009](#)

HEALTH TIP

5 Good Breakfast Ideas

It is true Breakfast is the most important meal of the day, and if you can avoid bacon and eggs and toast and butter, all the better

1. Make your own fruit smoothie. Simply whir a cup of strawberries and a banana in the blender, add a scoop of protein powder and a cup of crushed ice and you've got a healthy-on-the-go breakfast
2. If you have eggs, buy organic. They're generally more expensive, but they are much higher in the all-important omega-3 fatty acids that have been shown to reduce the risk of depression and atherosclerosis
3. Sip a cup of green tea with your breakfast. Green tea is believed to have heart-protective and weight-loss benefits as studies suggest green tea increases the rate at which we burn calories.
4. Try half a grapefruit twice a week. Grapefruit is loaded with folate, found to significantly reduce the risk of stroke. Caution: Certain medications interact negatively with grapefruit juice; so if you're on medications, check with your Doctor.
5. Top your cereal with soymilk. Soymilk is packed with potent phytoestrogens that strengthen the heart and bones.

2009 WORKSHOPS

Coach/Judge Workshop

15/16 August 2009, Brentwood Hotel, Wellington

Publicity Workshop

30 August 2009, Brentwood Hotel, Wellington

MNZ Accreditation Level One

5 Sept 2009, venue to be confirmed, Hamilton

6 Sept 2009 venue to be confirmed, Christchurch

12 Sept 2009 venue to be confirmed, Blenheim

Kiwi Jump & Jive

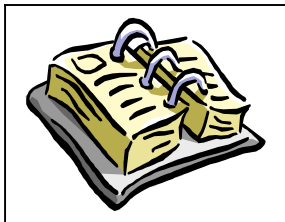
PUBLICITY WORKSHOP

to be held at the

Brentwood Hotel, Wellington

Sunday 30th August 2009

10am – 4pm



Calendar

of Events

August

15/16 Coach/Judge Workshop Wellington

30 Publicity Workshop Wellington

September

5 Level One Accreditation Hamilton

6 Level One Accreditation Christchurch

12 Level One Accreditation Blenheim

October

11 Field Day Wellington

11 Field Day Nelson

17 Field Day Bay of Plenty

18 Field Day Hawke's Bay

18 Opening Day Nelson

31 Opening Day Taranaki



Blast from the Past

From the

Annual Meeting - 19th & 20th June 1971

- 51 Executive and Delegates in attendance
- 16 Associations represented – including Northland, Wanganui, Wairarapa and South Canterbury
- Reasons given for loss in membership were – lack of suitable people to instruct teams, a drop in the standard of administration, a passing phase which happens from time to time.
- The top three Associations team numbers were - Auckland 41 teams, Wellington 36 and Canterbury 31.
- Auckland boasted 11 senior teams and 14 junior teams and Wellington 18 midget teams.
- There were 10 week-night Executive Meetings and two weekend meetings during the year
- Expenses included an Audit Fee of \$25.00, Conference Expenses \$526.55, Championship Expenses \$ 710.31
- Income from Membership fees was \$5982.00
- Subscriptions increased from 25c to 75c for Midget and Junior and from \$1 to \$1.50 for Senior. Individuals increased from \$2 to \$2.50
- The Technical Meeting held in Wellington during the year was attended by just over 300 people
- Grading examinations were conducted for 32 judges
- There were 16 nominations for the Executive Committee (7 required)
- Life Membership was conferred upon Mr B Plumb and Mr D MacDonald
- 19 Notice of Motion remits to changes to the Constitution were considered and 83 general remits

Congratulations

To all elected Association Committee personnel and Association appointees.

Enjoy the 2009-2010 season

(Secretaries, please forward the Annual Meeting Minutes to MNZ and the Financial Accounts to MNZ and also to Incorporated Societies at your earliest convenience)



Some tips from within the **CHAPERONS KIT**

WORKING WITH PARENTS/CAREGIVERS

Parents play a vital role in sport. Parental expectations have a big influence on the attitudes of children towards participating in sport, on behavior, levels of performance and enjoyment.

Effective communication with parents is important. Parents can contribute positively to a child's sporting experience so take time to interact with them and try to ensure they understand the chaperon role and responsibilities.

A good strategy for working with parents is to provide them with an induction kit that includes the contact details the team officials, when and where training will be held, how they will be advised if training is cancelled, what their children should wear for training and games, game schedule, and codes of conduct for children and parents.

Parents' attitudes can range from one extreme to the other, from the over-protective, to the aggressive 'demander' -while others take no interest at all. Some can make your task nearly impossible, while others are totally supportive and of great assistance.

It is important to get parents onside and involve them from the beginning of the season. This can be achieved by:

- Encouraging their help and participation - many will feel they can't spare the time, or have the confidence to take on a major role but will be happy to help out with smaller tasks such as washing uniforms or helping with transport
- Explaining your expectations of the participants and parents
- Encouraging them to follow your lead of giving positive feedback — discourage destructive criticism of participants, officials, administrators or other teams, offer to help parents who are interested to better understand the game and the philosophy and aims of junior sport
- Being prepared to listen when parents have concerns or issues to raise, although the coach has the final say in matters affecting the team, the parent may have a valid point.

A pre-season meeting is a good way to meet parents, more on this next month.

CONGRATULATIONS TO MARCHING WELLINGTON

Who have planned 10 marching competitions for this marching season

'25 ways to be happy' -

23. Invite friends over for dinner. Get everyone to dress up, and decorate the room and the table. Greet everyone with cocktails or champagne and have music playing. Spend time thinking about and planning the menu, enjoy the shopping and cooking. People can't help but respond positively when you've gone to a lot of effort for them. The night will be good fun. And don't get stressed over cleaning the house beforehand – no-one will even notice.
24. Smile, smiling is contagious – try it and see
25. Make someone else's day happier. It may sound a bit corny, but why not? Start by suppressing the urge to blast your horn at the slow driver ahead. Or you could even make a positive move by volunteering your time for a charity.

BE HAPPY – BE HAPPY – BE HAPPY – BE HAPPY

CONGRATULATIONS TO MARCHING MARLBOROUGH

Who are projecting an increase in team numbers to 14 Teams for this marching season



Trophies won by a Team, are to be returned to the respective Associations by 31 August each year, in excellent condition and well cleaned.



*Marching New Zealand
is very grateful to SPARC for their continued
investment in our sport through till 2010*



Random Rules - Constitution and Rules of Participation

RULE 3.23 POWERS

Delegate duties and co-opt or appoint sub-committees or individuals

RULE 10 COMMON SEAL

Marching New Zealand shall have a Common Seal. Subject to the Incorporated Societies Act 1908, the Board shall determine when the Common Seal is used and make provision for its safe custody.

RULE 16.1 ASSOCIATIONS - Objects

The Objects of an Association of Marching New Zealand are to:

- 16.1.1 Promote, encourage, administer and control the Sport of Marching in a geographic area defined in the Rules of Participation.
- 16.1.2 Create opportunities for all participants (e.g. competitors and non-competitive display performers), within the Association's geographic area, to reach their potential and gain maximum enjoyment from their participation.
- 16.1.3 Create opportunities for all members who participate in a support role (e.g. coaches, judges, administrators and other officials), within the Association's geographic area, to reach their potential and gain maximum enjoyment from their participation.
- 16.1.4 Represent the Sport of Marching in the Association area.

A12.1 FUNCTIONING OF ASSOCIATION

Where, in the view of the Board, an Association is not functioning in appropriate manner in meeting its Objects, the Board will deem that the constitutionally elected and appointed Association Committee will not operate for a period of time, and the Board will appoint a Committee to meet the Objects and Powers of the Association.

A16.1 MEMBERSHIP & REGISTRATIONS

The Board will, prior to 1 September each year, issue to Associations, details of and forms applicable to new applications and renewal applications for Membership, together with details and forms applicable to the Registrations of Teams and Clearances/Transfers, as well as any other details necessary in respect of the Membership Registration process.

A19.8 COMMUNICATION

All communications to the Board shall come via the Association Secretary (and in reverse also), with the following exceptions:

- a. If it can be proven that an Association Committee has not dealt with a subject matter within a reasonable time, and this is accepted as such by the Board;
- b. Matters concerning the participation of a Team in a New Zealand Championship or International Challenge other than in respect to matters associated with the completion of Judging Sheets, subsequent to the submission of an entry form;
- c. Contact between Association elected/appointed personnel and their counterpart Board Member or Appointee, e.g. Treasurer to/from Director of Finance, Coaching Co-ordinator to/from Director of Coaching, Chief Judge to/from Director of Judging, Registrar/Privacy Officer to/from Membership/Privacy Officer, Promotions/Publicity Officer to/from Marketing Co-ordinator.

JULY Board Meeting in brief

- The Board sadly accepted the resignation of Melissa Gyde as Director of Coaching and thanked her for her commitment to the position over the past 2years.
- Moving forward they hoped to appoint a new Director of Coaching within 10days
- New TWP members, new Technical Manager Barbara Newman and Director of Judging Graham Blue were welcomed
- Approximately 40 Coaches have registered interest in attending MNZ Level One
- Level One course scheduled for Hawke's Bay moved to Marlborough on 12th August. Northern region course to be held in Hamilton and Mainland region in Christchurch
- MNZ Financial Accounts have been lodged with the Ministry of Economic Development
- 62 Coaches and 32 Judges have registered for the Combined National Coach/Judge Workshop in Wellington on 15/16 August
- The Brentwood Hotel and Conference Centre (Wellington Airport) to be booked for 2010-2011 Board Meetings
- Board Members reported on SPARC Seminars attended recently
- Investment Schedule with SPARC signed for further 12months
- No changes to any of the MNZ Organisational Policies
- Nine Associations have registered for the Publicity Workshop in Wellington on 30th Aug
- Potential for meeting with Marching Australia regarding International Challenge
- The Board were pleased to reinstate the November Meeting of the TWP into the meeting schedule at the request of the TWP
- Board to consider Association visit schedule at September meeting
- All Associations have now submitted the Satisfaction Survey Implementation template and David Miller to collate, reporting to the September Board meeting strategies for implementation
- Final statement of accounts not yet received from Marching Marlborough for the NZ Championships
- Board accepted 10 and will be guided by the TWP on the remaining 2 recommendations from the Gala March review

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Team Coaches are reading the new Drills & Routines, Judges also, so must only be weeks before Teams 'step out' for the new season of marching. Have a great month

*Diane Gardiner*