

## QUICKSTEP / COMPLIMENTS / MOVEMENTS

### UNDER 12 GRADE

DISC	MOVEMENT
Start	Quickstep / Compliments
1	Right Wheel Countermarch
2	Section Wheels
3	Right & Left Turns
4	Right Wheel
5	Form Line
6	Turn Right & Salute
7	Open Formation
8	Form V

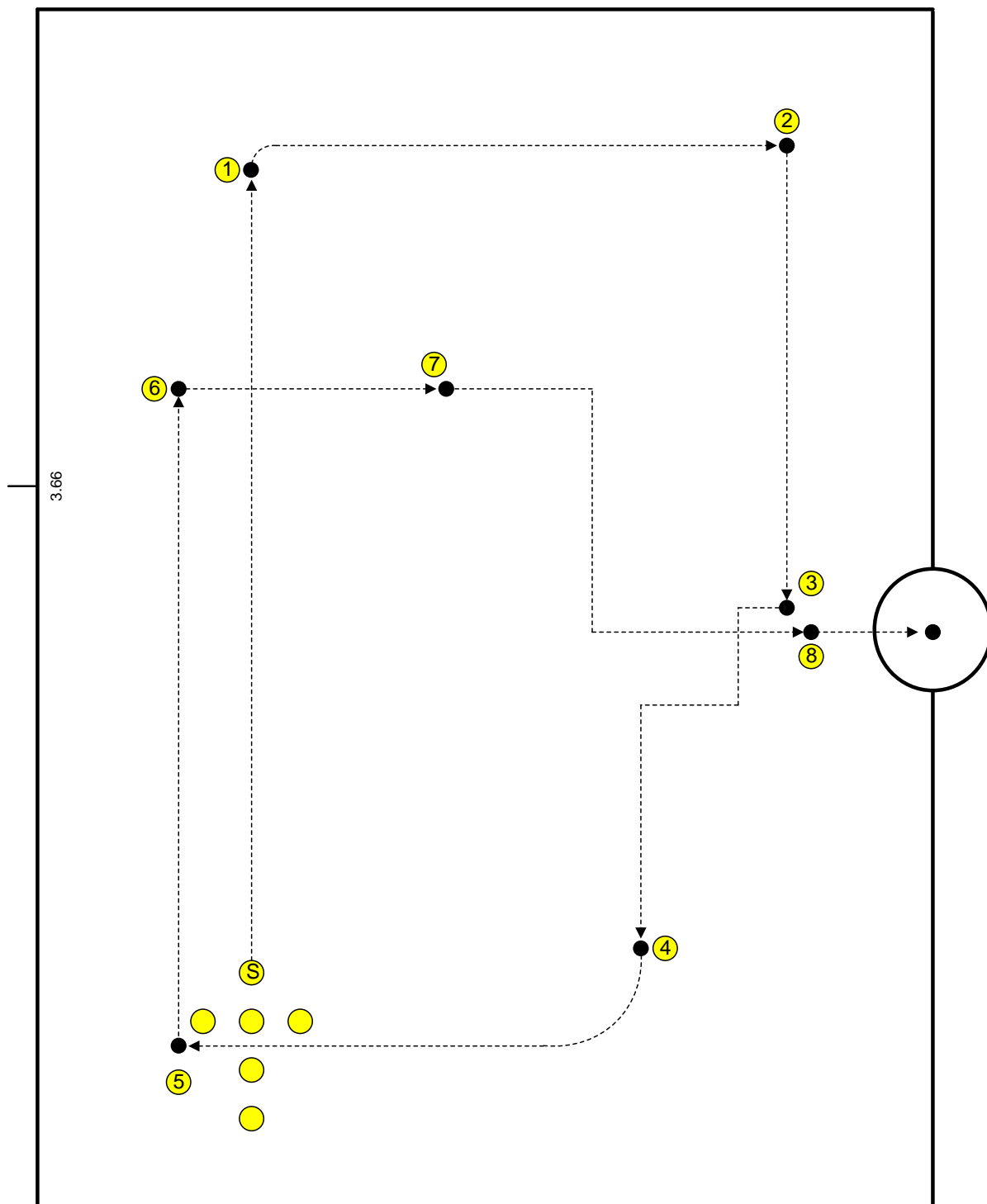
#### DISC MEASUREMENTS:

Disc	Left of Centre	From Front Boundary	Right of Centre
Assembly	18.91 m	17.08 m	
Start	8.54 m	17.08 m	
1		17.08 m	11.59 m
2		3.66 m	12.20 m
3		3.66 m	0.61 m
4	7.93 m	7.32 m	
5	10.37 m	18.91 m	
6		18.91 m	6.10 m
7		12.20 m	6.10 m
8		3.05 m	

**Note:** The Assembly Position will be 18.91m, Left of Centre, unless this measurement precludes the use of an indoor venue in which case the Assembly Disc can be moved toward the side boundary at 17.69m or 16.47m.

#### TIME:

2 minutes 28 seconds (approx.)



**START: By the Centre Quick March**

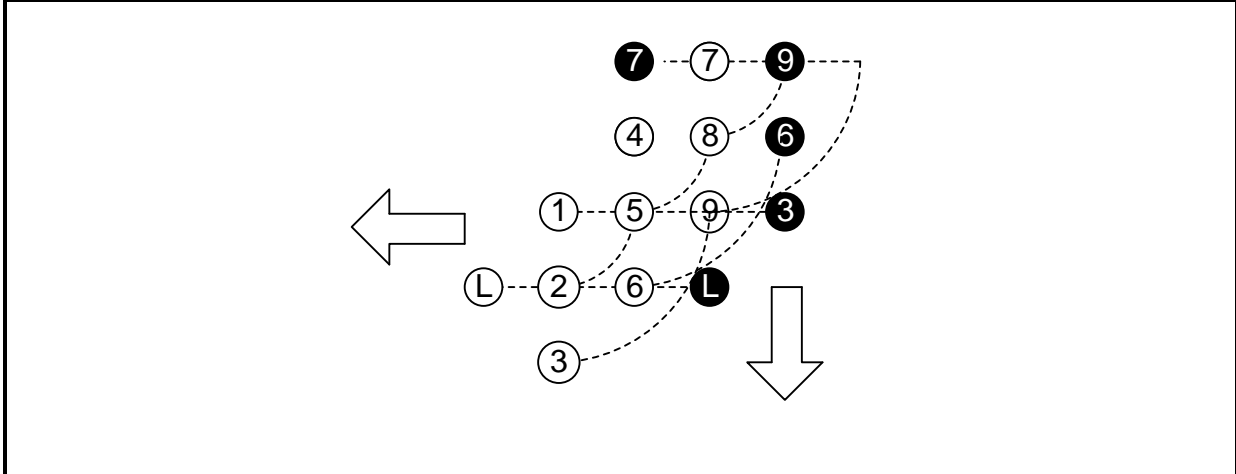
<b>QUICKSTEP/COMPLIMENTS:</b>	
Leader	March nine paces, halt, pause two beats saluting and turning head to the right on the first (left) of these beats, march eleven paces (left arm at side), halt, pause two beats dropping the salute and turning head to the front on the first (left) of these beats, and step out.
No. 1	March nine paces, halt, pause two beats (left and right beats), march eleven paces (arms at sides), halt, pause two beats (left and right beats), and step out.
Nos. 2/3/4/5/6/7/8/9	March nine paces, halt, pause two beats turning heads to the right on the first (left) of these beats, march eleven paces (arms at sides), halt, pause two beats turning heads to the front on the first (left) of these beats, and step out.
All Members	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader's LEFT foot onto Disc 1.

<b>DISC 1 – RIGHT WHEEL COUNTERMARCH</b>	
Leader	Halt, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march ten paces, mark time six beats and step out.
No 1	Halt, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march six paces, mark time ten beats and step out.
No 2	Halt, march two paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march eight paces, mark time six beats and step out.
No 3	Halt, march four paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march ten paces, mark time two beats and step out.
No 4	Halt, march two paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march four paces, mark time ten beats and step out.
No 5	Halt, march four paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march six paces, mark time six beats and step out.
No 6	Halt, march six paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march eight paces, mark time two beats and step out.
No 7	Halt, march four paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march two paces, mark time ten beats and step out.
No 8	Halt, march six paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march four paces, mark time six beats and step out.
No 9	Halt, march eight paces, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius 1 pace), march six paces, mark time two beats and step out.

All members	Including the step out pace on the LEFT foot, march eleven paces to bring the Leader's LEFT foot onto Disc 2.

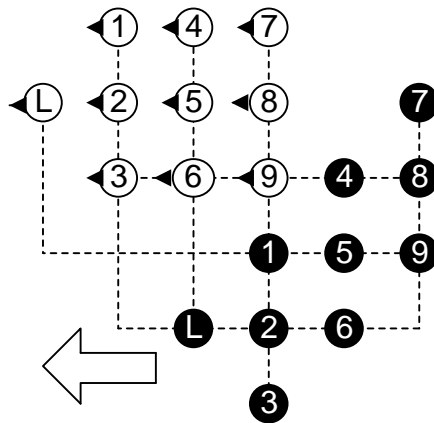
**DISC 2 – SECTION WHEELS:**

Leader	Halt, take two side paces to the right (on the left beat), pivot 90 degrees to the right on the ball of the right foot and march four paces (arms at sides), mark time six beats and step out
Nos 1/2/3	Halt, take two side paces to the right (on the left beat)
Nos 4/5/6	Halt, pause four beats
Nos 7/8/9	Halt, take two side paces to the left
Nos 1/4/7	Mark time eight beats turning 90 degrees to the right, mark time two beats and step out.
Nos 2/5/8	March eight regulated paces (arms at sides) to wheel 90 degrees to the right (two pace radius), mark time two beats and step out
Nos 3/6/9	March eight regulated paces (arms at sides) to wheel 90 degrees to the right ( <b>four</b> pace radius), mark time two beats and step out
All members	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader's LEFT foot onto Disc 3.



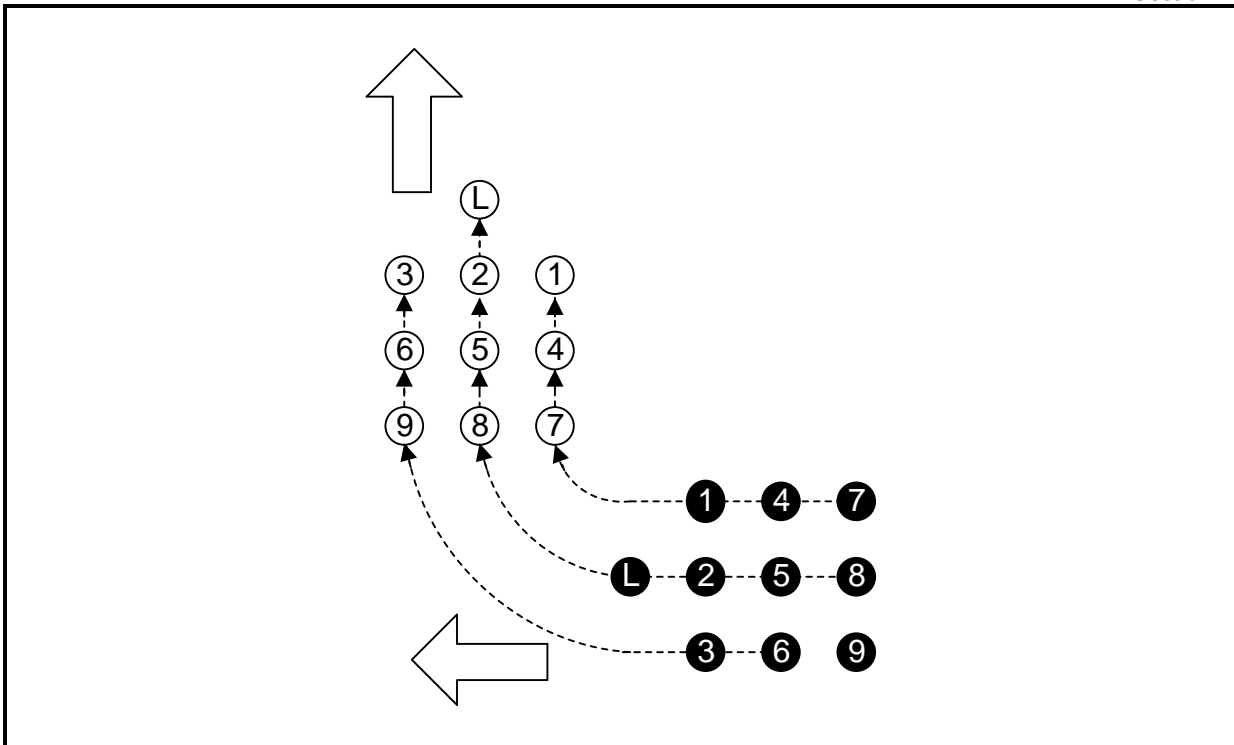
**DISC 3 – REFORM TEAM/RIGHT & LEFT TURNS**

Leader & Nos 1/2/3	Halt, take two side paces to the right (on the left beat);
Nos 4/5/6	Halt, pause four beats;
Nos 7/8/9	Halt, take two side paces to the left;
All Members	March four paces, right turn, march four paces, left turn and step out
All members	Including the step out pace on the LEFT foot, march ten paces to bring the Leader’s RIGHT foot onto Disc 4



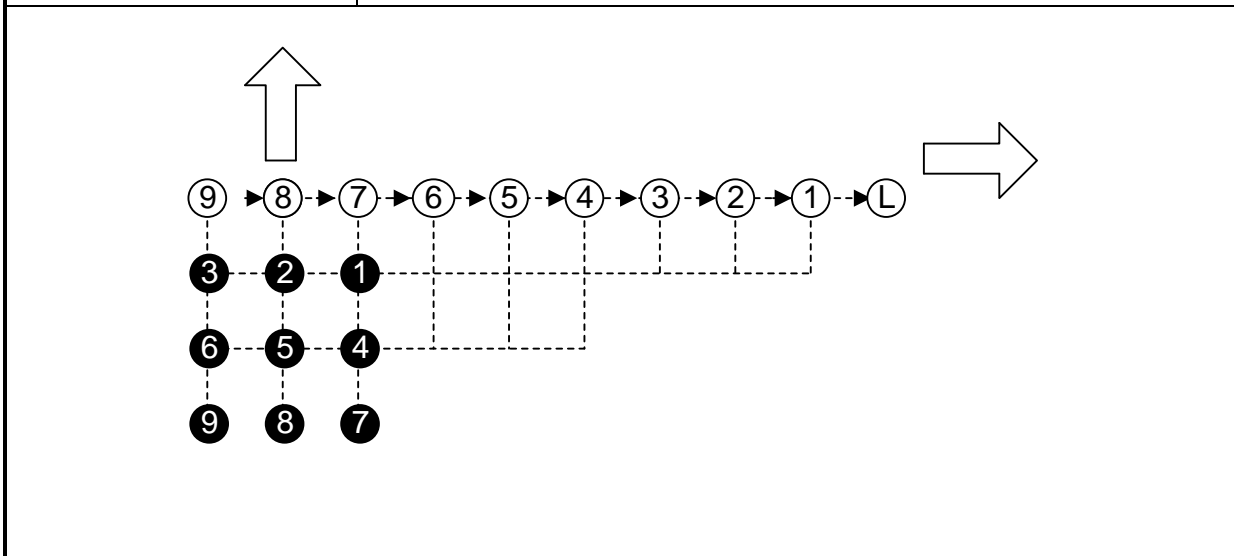
**DISC 4 –RIGHT WHEEL:**

Leader	March ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius four paces), turning head to the right on completion of the whistle signal, and turning head to the new front on the completion of the tenth regulated pace and step out.
Nos. 1/2/3	March two paces, turning heads on completion of the second pace (No. 1 to the left, Nos. 2/3 to the right), march ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius – No. 1 two paces, No. 2 four paces, No. 3 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
Nos. 4/5/6	March four paces, turning heads on completion of the fourth pace (No. 4 to the left, Nos. 5/6 to the right), march ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius – No. 4 two paces, No. 5 four paces, No. 6 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
Nos. 7/8/9	March six paces, turning heads on completion of the sixth pace (No. 7 to the left, Nos. 8/9 to the right), march ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius – No. 7 two paces, No. 8 four paces, No. 9 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
Leader	Including the step out pace on the LEFT foot, march fifteen paces to bring the Leader’s LEFT foot onto Disc 5.



**DISC 5 – FORM LINE**

All members	Halt, pivot 90 degrees to the right on the ball of the left foot, pause one beat
Leader	March sixteen paces, mark time two beats and step out
Nos. 1/2/3	March twelve paces, mark time two beats, take two side paces to the left and step out
Nos. 4/5/6	March six paces, mark time two beats, pause two beats, take four side paces to the left and step out
Nos. 7/8/9	Mark time four beats, take two side paces to the left, pause two beats, take four side paces to the left and step out
All members	Including the step out pace on the LEFT foot, march ELEVEN paces to bring the Leader’s LEFT foot onto Disc 6.



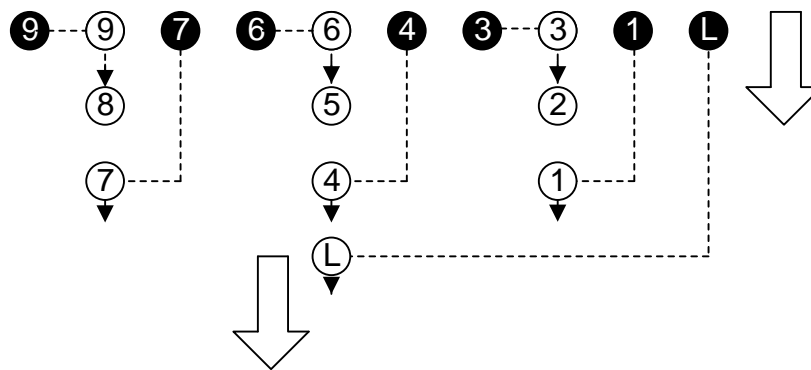
**DISC 6 – TURN RIGHT/SALUTE:**

All Members	Halt, mark time six beats turning evenly 90 degrees to the right, pause two beats
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Leader & Nos. 2/4/6/8	March one pace (arms at sides), halt, pause eight beats (saluting in unison on beat three and concluding salute on beat six), pause two beats and step out
Nos. 1/3/5/7/9	Pause two beats, pause eight beats (saluting in unison on beat three and concluding salute on beat six), march one pace (arms at sides), halt and step out
All Members	Including the step out pace on the LEFT foot, march ten paces to bring the Leader's RIGHT foot onto Disc 7.

**DISC 7 – OPEN FORMATION:**

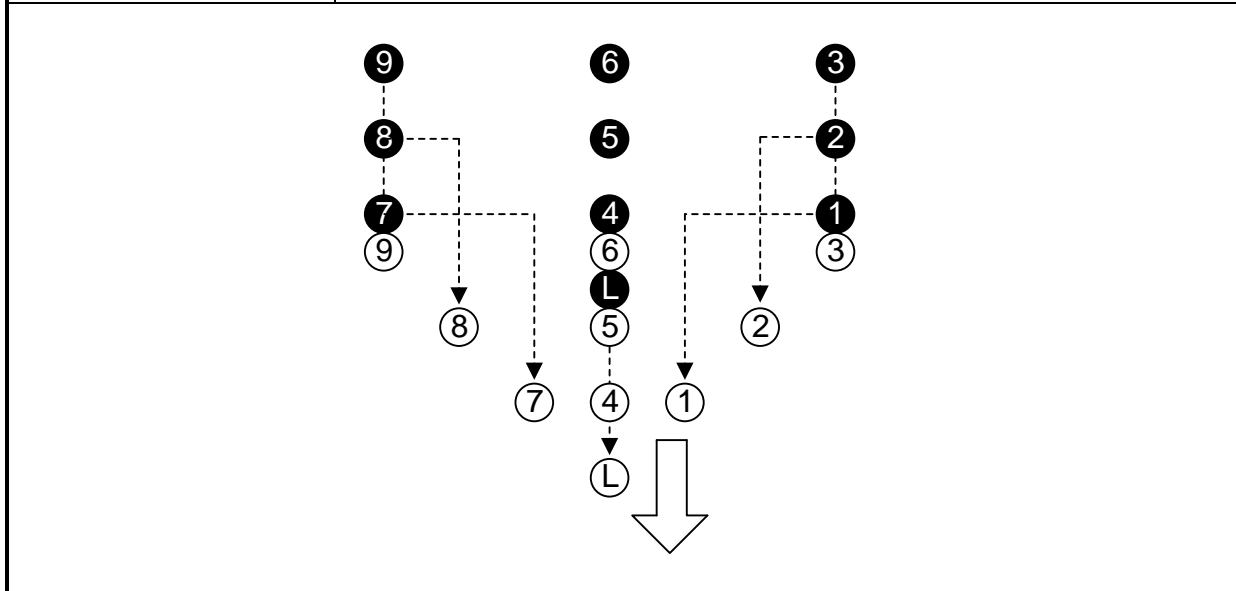
Leader	March six paces, right turn, march ten paces (arms at sides), left turn and step out
Nos. 1/4/7	March four paces, mark time two beats, take two side paces to the right (on the left beat), mark time eight beats and step out
Nos. 2/5/8	March two paces, mark time four beats, pause four beats, mark time eight beats and step out
Nos. 3/6/9	Mark time six beats, take two side paces to the left, mark time eight beats and step out
All Members	Including the step out pace on the LEFT foot, march NINE paces to bring the Leader's LEFT foot onto Disc 8.



**DISC 8 – FORM V**

Leader & Nos. 4/5/6	Halt, mark time twelve beats, pause two beats;
Nos. 1/2/3	Halt, mark time six beats turning 90 degrees to the right;
Nos. 7/8/9	Halt, mark time six beats turning 90 degrees to the left;
Nos. 3	Mark time six beats, pivot 90 degrees to the left on the ball of the right foot, pause one beat;

Nos. 2	March two paces, mark time 4 beats, pivot 90 degrees to the left on the ball of the right foot, pause one beat;
Nos. 1	March four paces, mark time 2 beats, pivot 90 degrees to the left on the ball of the right foot, pause one beat;
Nos. 9	Mark time six beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat;
Nos. 8	March two paces, mark time 4 beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat;
Nos. 7	March four paces, mark time 2 beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat;
All Members	March five paces and Halt in the Position of Attention
Leader	Pause eight beats, saluting on the third paused beat and dropping the salute on the sixth paused beat, left turn and step out.
Nos. 1/2/3/4/5/ 6/7/8/9/	Pause eight beats, left turn and step out.



**NOTES:**

1. There will be no whistle signal to indicate the final halt.
2. The left turn executed to march off the competition area is optional, but must not exceed four beats.
3. The team must march directly off the competition area and must not halt or disband until well clear of the side boundary.