

QUICKSTEP / COMPLIMENTS / MOVEMENTS

UNDER 12 GRADE

DISC	MOVEMENT
Start	Quickstep / Compliments
1	Turn Right
2	Open Formation
3	Mark Time
4	Left Turn Countermarch
5	Left Wheel
6	Reverse Wheels
7	Right Turn
8	Open Formation / Salute
9	Left Turn / Mark Time Turning

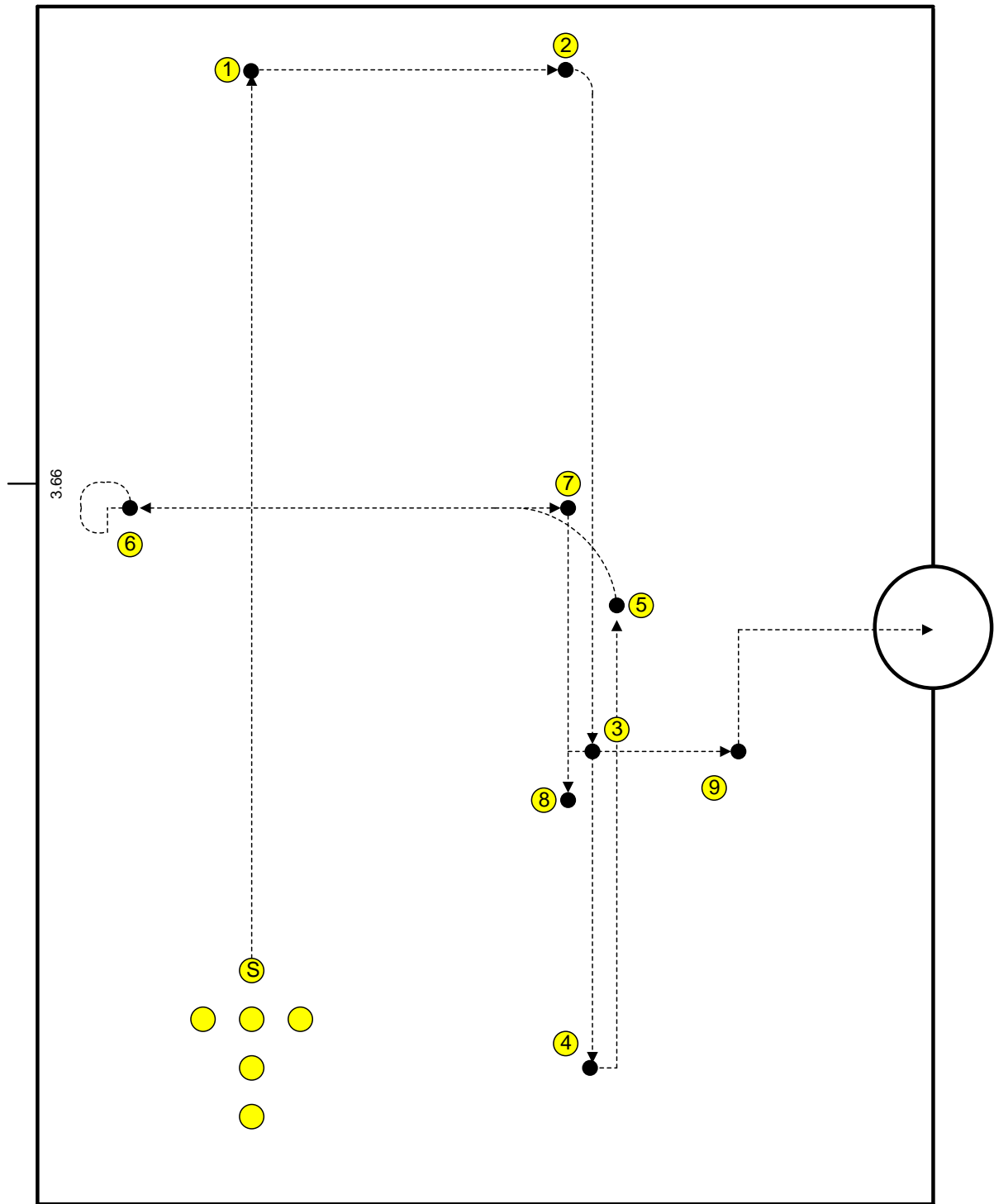
DISC MEASUREMENTS:

Disc	Left of Centre	From Front Boundary	Right of Centre
Assembly	18.91 m	17.08 m	
Start	8.54 m	17.08 m	
1		17.08 m	14.03 m
2		9.15 m	14.03 m
3	3.05 m	8.54 m	
4	10.98m	8.54 m	
5		7.93 m	0.61 m
6		20.13 m	3.05 m
7		9.15 m	3.05 m
8	4.27 m	9.15 m	
9	3.05 m	4.88 m	

Note: The Assembly Position will be 18.91m, Left of Centre, unless this measurement precludes the use of an indoor venue in which case the Assembly Disc can be moved toward the side boundary at 17.69m or 16.47m.

TIME:

2 minutes 16 seconds (approx.)

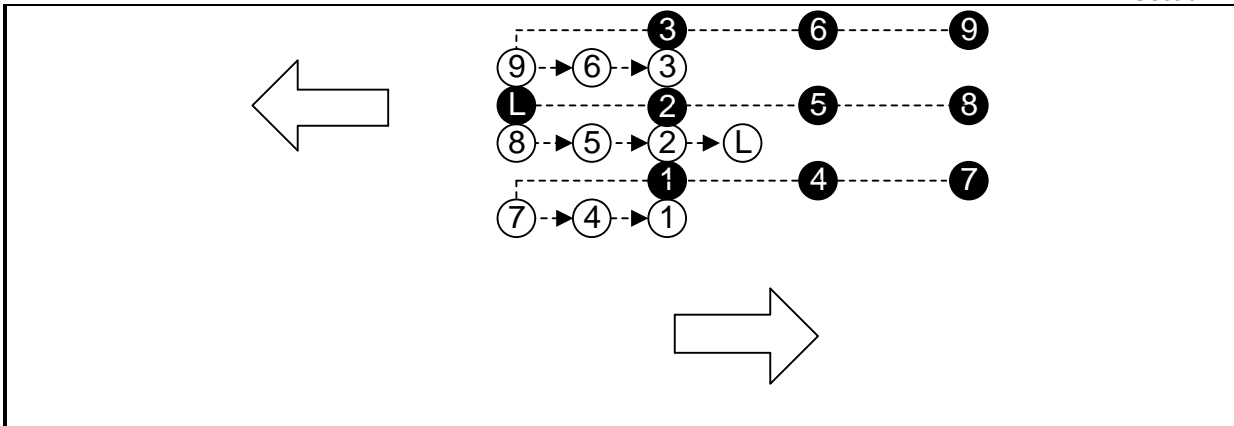


START: By the Centre Quick March

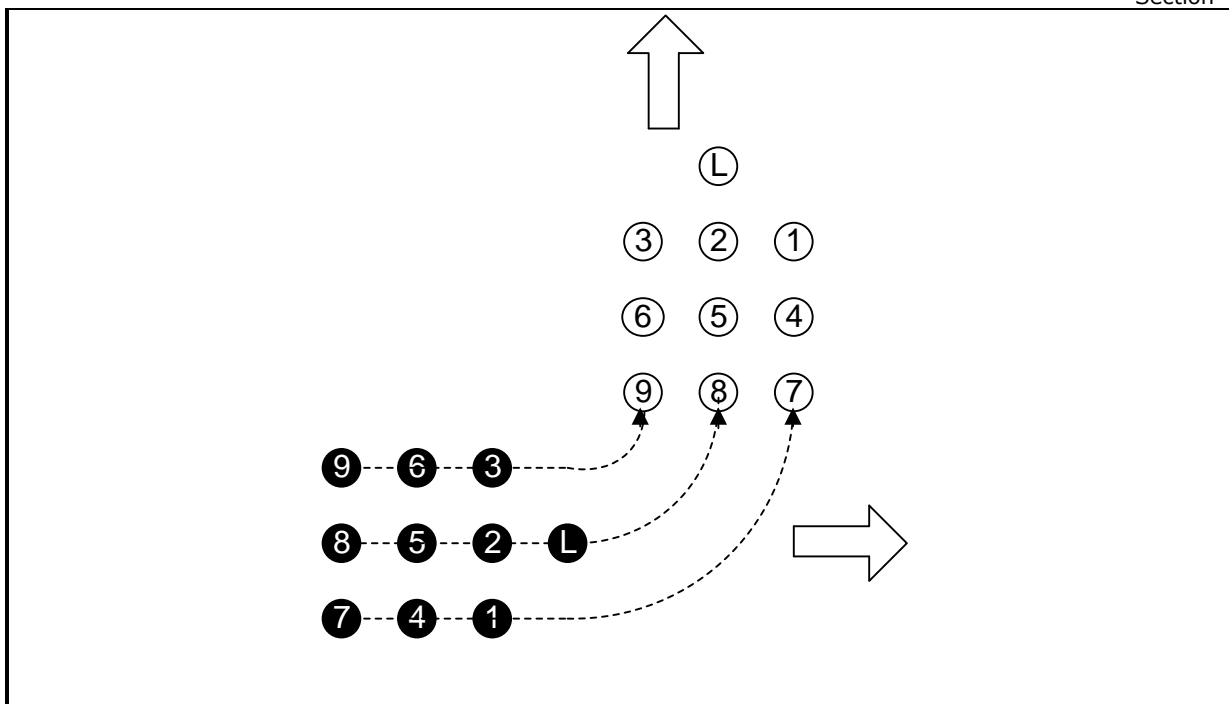
QUICKSTEP/COMPLIMENTS:	
Leader	March nine paces, halt, pause two beats saluting and turning head to the right on the first (left) of these beats, march eleven paces (left arm at side), halt, pause two beats dropping the salute and turning head to the front on the first (left) of these beats, and step out.
No. 1	March nine paces, halt, pause two beats (left and right beats), march eleven paces (arms at sides), halt, pause two beats (left and right beats), and step out.
Nos. 2/3/4/5/6/7/8/9	March nine paces, halt, pause two beats turning heads to the right on the first (left) of these beats, march eleven paces (arms at sides), halt, pause two beats turning heads to the front on the first (left) of these beats, and step out.
All Members	Including the step out pace on the LEFT foot, march seventeen paces to bring the Leader's LEFT foot onto Disc 1.

DISC 1 – TURN RIGHT:	
All Members	Halt, mark time six beats turning evenly 90 degrees to the right.
	Including the step out pace on the LEFT foot, march thirteen paces to bring the Leader's LEFT foot onto Disc 2.

DISC 2 – OPEN FORMATION:	
All Members	Halt
Leader	March four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), march 18 paces and step out.
Nos. 1/2/3	Mark time six beats, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), march twelve paces and step out.
Nos. 4/5/6	Mark time six beats, pause six beats, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), march six paces and step out.
Nos. 7/8/9	Mark time six beats, pause six beats, mark time six beats, march four regulated paces (arms at sides) to wheel 90 degrees to the right (radius one pace), and step out.



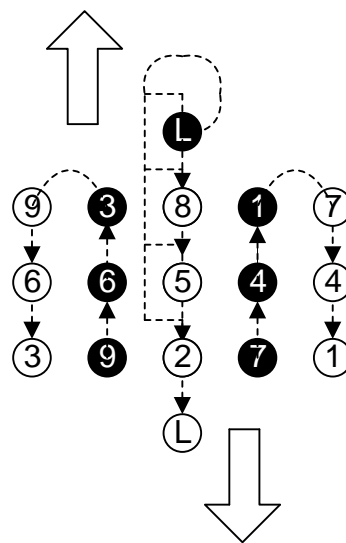
DISC 5 – LEFT WHEEL	
Leader	March ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius four paces), turning head to the left on completion of the whistle signal, and turning head to the new front on the completion of the tenth regulated pace and step out.
Nos. 1/2/3	March two paces, turning heads on completion of the second pace (No. 3 to the right, Nos. 1/2 to the left), march ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius – No. 3 two paces, No. 2 four paces, No. 1 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
Nos. 4/5/6	March four paces, turning heads on completion of the fourth pace (No. 6 to the right, Nos. 4/5 to the left), march ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius – No. 6 two paces, No. 5 four paces, No. 4 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
Nos. 7/8/9	March six paces, turning heads on completion of the sixth pace (No. 9 to the right, Nos. 7/8 to the left), march ten regulated paces (arms at sides) to wheel 90 degrees to the left (radius – No. 9 two paces, No. 8 four paces, No. 7 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
Leader	Including the step out pace on the RIGHT foot, march sixteen paces to bring the Leader’s LEFT foot onto Disc 6.



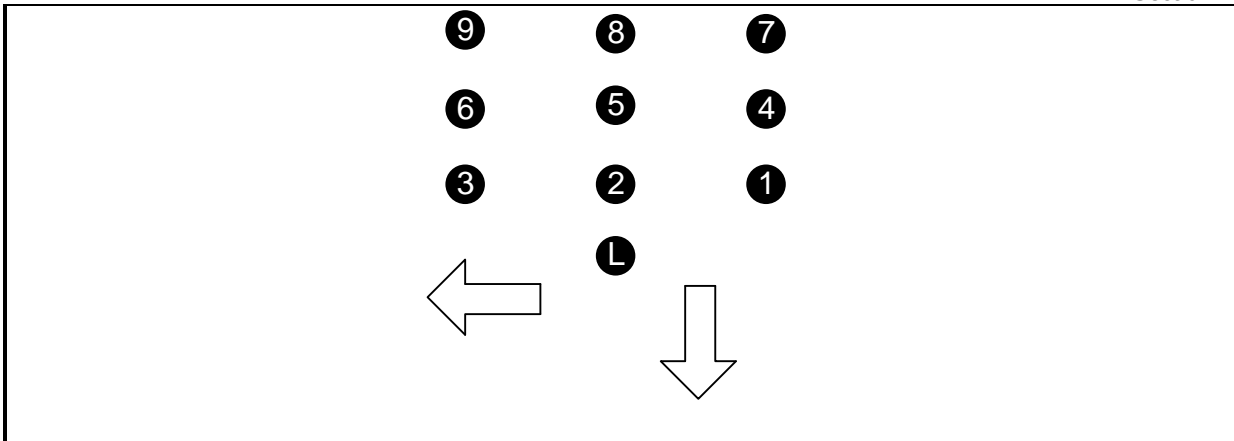
DISC 6 – REVERSE WHEELS:

All Members	Halt
Leader	March one pace (arms at sides), halt, take one side pace to the left, march seven regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the seventh regulated pace pivot 90 degrees to the left on the ball of the left foot and march eight paces, halt and step out
No. 2	March one pace (arms at sides), halt, take one side pace to the left, march two paces, march seven regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the seventh regulated pace pivot 90 degrees to the left on the ball of the left foot and march six paces, halt and step out
No. 5	March one pace (arms at sides), halt, take one side pace to the left, march four paces, march seven regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the seventh regulated pace pivot 90 degrees to the left on the ball of the left foot and march four paces, halt and step out
No. 8	March one pace (arms at sides), halt, take one side pace to the left, march six paces, march seven regulated paces (arms at sides) to wheel 270 degrees to the right (radius one pace), on the completion of the seventh regulated pace pivot 90 degrees to the left on the ball of the left foot and march two paces, halt and step out
No. 1	March eight regulated paces (arms at sides) to wheel 180 degrees to the right (radius one pace), march four paces, mark time four beats, pause four beats and step out.
No. 4	March two paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the right (radius one pace), march two paces, mark time four beats, pause

	four beats and step out.
No. 7	March four paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the right (radius one pace), mark time four beats, pause four beats and step out.
No. 3	March eight regulated paces (arms at sides) to wheel 180 degrees to the left (radius one pace), march four paces, mark time four beats, pause four beats and step out.
No. 6	March two paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the left (radius one pace), march two paces, mark time four beats, pause four beats and step out.
No. 9	March four paces, march eight regulated paces (arms at sides) to wheel 180 degrees to the left (radius one pace), mark time four beats, pause four beats and step out.
Leader	Including the step out pace on the LEFT foot, march ten paces to bring the Leader's RIGHT foot onto Disc 7.

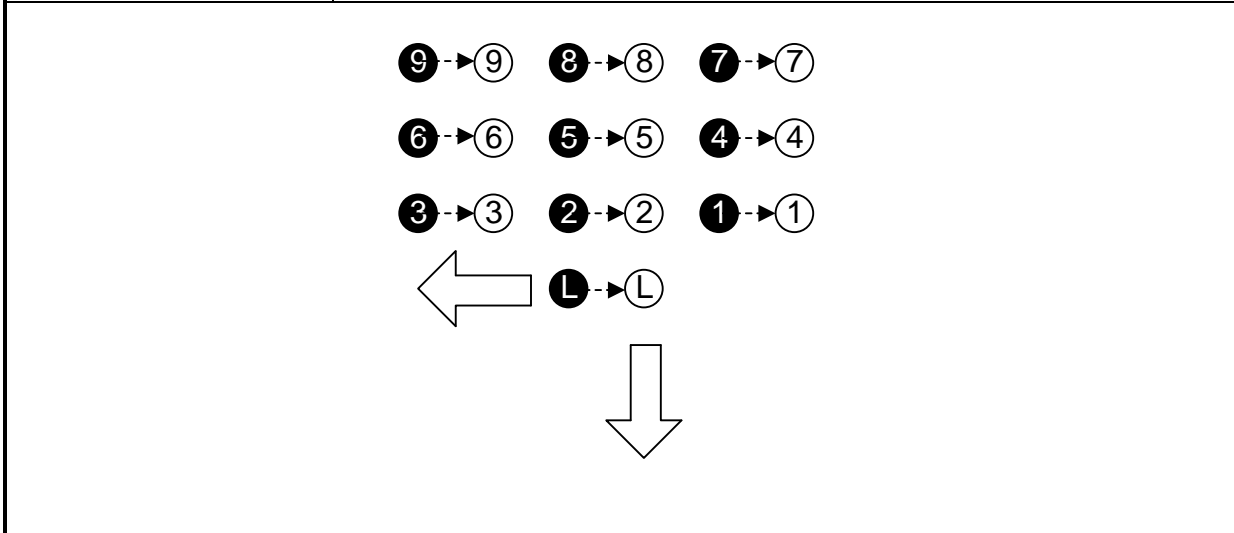


DISC 7 – RIGHT TURN:	
All Members	Right turn Including the step out pace on the RIGHT foot, march Twelve paces to bring the Leader's LEFT foot onto Disc 8.



DISC 8 – OPEN FORMATION / SALUTE:

All Members	Halt, pivot 90 degrees to the left on the ball of the right foot, pause one beat
Leader & Nos. 1/2/3	Take two side paces to the left, pause eight beats (saluting in unison on beat three and concluding salute on beat six), pause four beats and step out
Nos. 4/5/6	Pause two beats, take one side pace to the left, pause eight beats (saluting in unison on beat three and concluding salute on beat six), take one side pace to the left, pause two beats and step out
Nos. 7/8/9	Pause four beats, pause eight beats (saluting in unison on beat three and concluding salute on beat six), take two side paces to the left and step out.
All Members	Including the step out pace on the LEFT foot, march seven paces to bring the Leader's LEFT foot onto Disc 9



DISC 9 – LEFT TURN / MARK TIME TURNING:

All Members	Left turn
Leader & Nos. 2/4/5/6/8/	March five paces, mark time three beats
Nos. 1/9	March three paces, mark time five beats
Nos. 3/7	March seven paces, mark time one beat
All Members	Pause two beats, mark time six beats turning evenly 90 degrees to the right, march eight paces (arms at sides for the first four paces), halt in the Position of Attention, pause one beat

Leader	Pause eight beats, saluting on the third paused beat and dropping the salute on the sixth paused beat, left turn and step out.
Nos. 1/2/3/4/5/ 6/7/8/9	Pause eight beats, left turn and step out.

NOTES:

1. There will be no whistle signal to indicate the final halt.
2. The left turn executed to march off the competition area is optional, but must not exceed four beats.
3. The team must march directly off the competition area and must not halt or disband until well clear of the side boundary.