

QUICKSTEP/COMPLIMENTS/MOVEMENTS SENIOR GRADE

MOVEMENTS:

DISC	MOVEMENT
Start	Quickstep / Compliments
1	Files Wheel / Fixed Pivot Wheel
2	Change Files / Form Line
3	Split Line Wheels / Slow March / Salute
4	Form Extended Echelon
5	Wheel Into Line / Special About Turn
6	Reform Team
7	Right Turn / Countermarch
8	Form Close Line / Reform Team
9	Independent File Sections Wheel
10	About Turn / Form Line / Wheel / Slow March

DISC MEASUREMENTS:

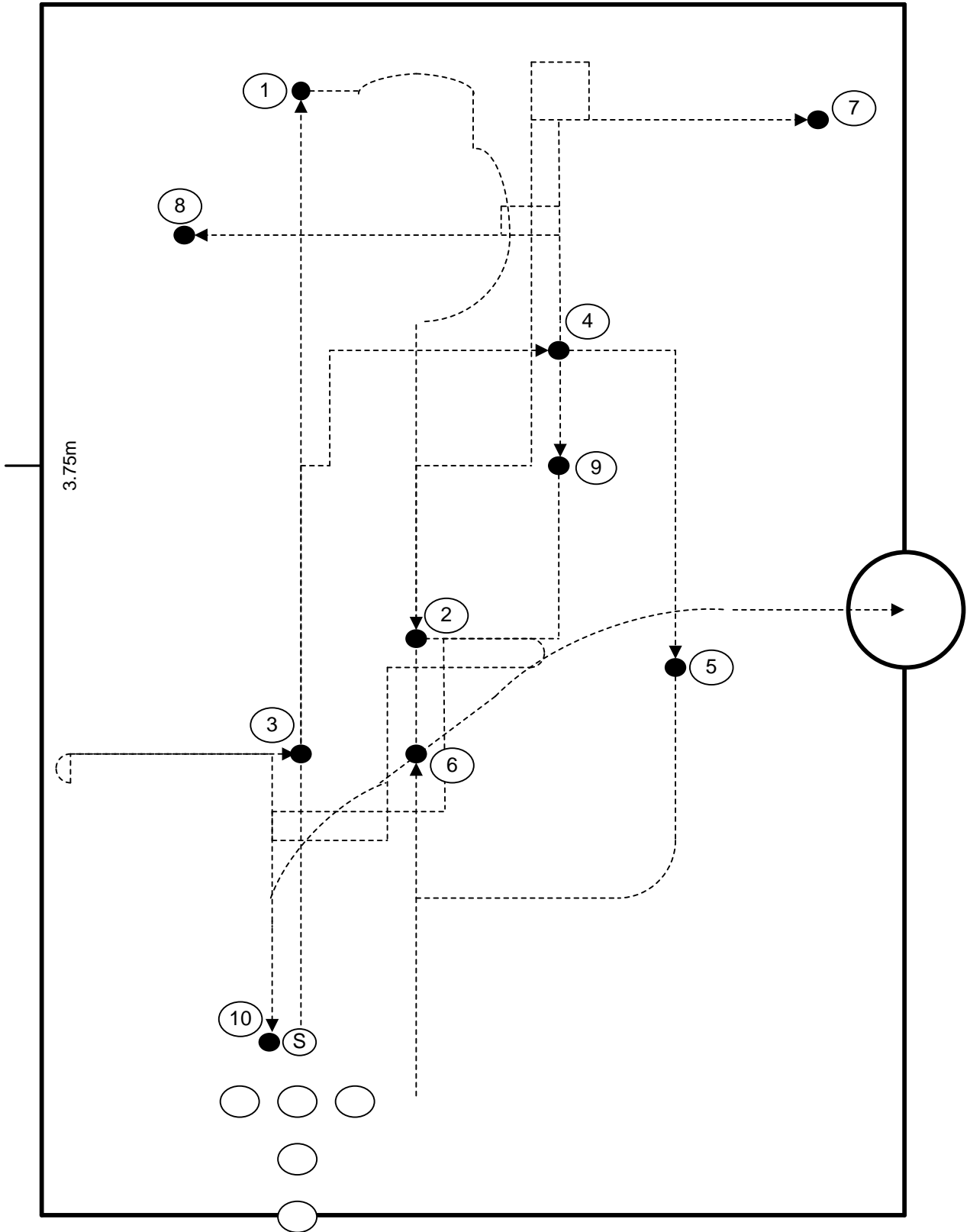
Disc	Left of Centre	From Front Boundary	Right of Centre
Assembly	19.50m	15.75m	-
Start	11.25m	15.75m	-
1	-	15.75m	13.50m
2	0.75m	12.75m	-
3	3.75m	15.75m	-
4	-	9.00m	6.75m
5	1.50m	6.00m	-
6	3.75m	12.75m	-
7	-	2.25m	12.75m
8	-	18.75m	9.75m
9		9.00m	3.75m
10	11.25m	16.50m	

Note: The Assembly Position will be 19.50m, Left of Centre, unless this measurement precludes the use of an indoor venue in which case the Assembly Disc can be moved toward the side boundary at 18.00m or 16.50m.

TIME:

4 minutes 24 seconds (approx.)

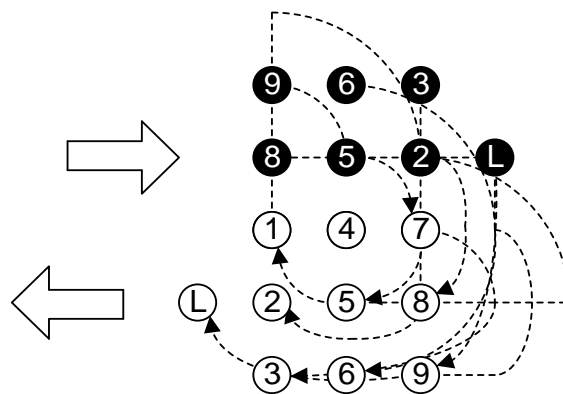
PLAN OF THE QUICKSTEP/COMPLIMENTS/MOVEMENTS PHASE:



START: By the Centre Quick March

QUICKSTEP/COMPLIMENTS:	
All Members	<p>March 10 paces, mark time two beats with the Leader saluting and team members, except No. 1, turning heads to the right in unison during the second beat of mark time, march 10 paces (to complete the 20-pace quickstep course), mark time two beats with team members turning heads to the front and the Leader dropping the salute in unison during the second beat of mark time, march 13 paces to Disc 1.</p> <p>From the START, including the step-out pace with the LEFT foot, THIRTY THREE paces will be taken to bring the Leader's LEFT foot onto Disc 1.</p>
DISC 1 – FILES WHEEL / FIXED PIVOT WHEEL	
All Members	Halt
Leader and Nos. 1/2/3	Take two side paces to the right on the left beat with the right foot
Nos. 4/5/6	Pause four beats
Nos. 7/8/9	Take two side paces to the left
Leader	Hesitate then march seven regulated paces (arms at sides,) to wheel 90° to the right , pivoting on the commencement of the first pace to align shoulders on No. 1 and maintaining distance from No.1 throughout the wheel, mark time one beat pivoting to the new front as the foot descends from the mark time beat
Nos. 1/4/7	Mark time seven beats turning evenly 90° to the right, mark time one beat
Nos. 2/3/5/6/8/9	Hesitate then march seven regulated paces (arms at sides) to wheel 90° to the right (radius Nos. 2/5/8 two paces and Nos. 3/6/9 four paces), mark time one beat
Leader and Nos. 1/2/3	Take two side paces to the right on the left beat with the right foot
Nos. 4/5/6	Pause four beats
Nos. 7/8/9	Take two side paces to the left
Leader and Nos. 1/2/3/7/8/9	Hesitate then march seven regulated paces (arms at sides) to wheel 90° to the right, pivoting to align shoulders to No. 4 on the commencement of the first regulated pace and turning heads to No. 4 on completion of the first regulated pace, maintaining

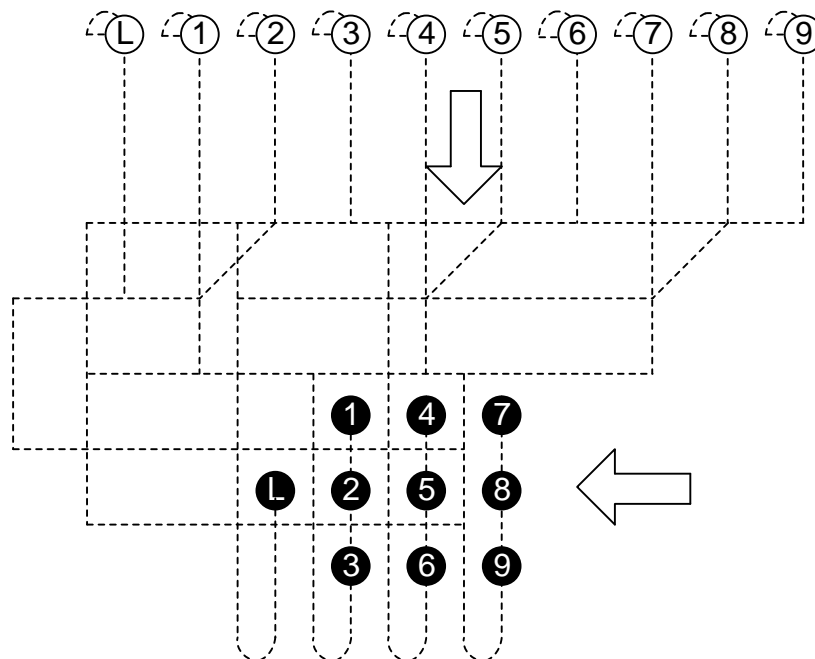
	distance from the pivot throughout, mark time three beats pivoting and turning heads to the new front on completion of the third mark time beat and step out
No. 4	Mark time seven beats turning evenly 90° to the right turning head to No. 5 on the completion of the first mark time, mark time three beats turning head to the new front on completion of the third mark time beat and step out
Nos. 5/6	Hesitate then march seven regulated paces (arms at sides) to wheel 90° to the right (radius No. 5 two paces, No. 6 four paces), turning heads to No. 4 on the completion of the first regulated pace and maintaining distance from the pivot throughout, mark time three beats turning heads to the new front on completion of the third mark time beat and step out
All Members	Including the step-out pace with the LEFT foot, ELEVEN paces will be taken to bring the Leader's LEFT foot onto Disc 2.



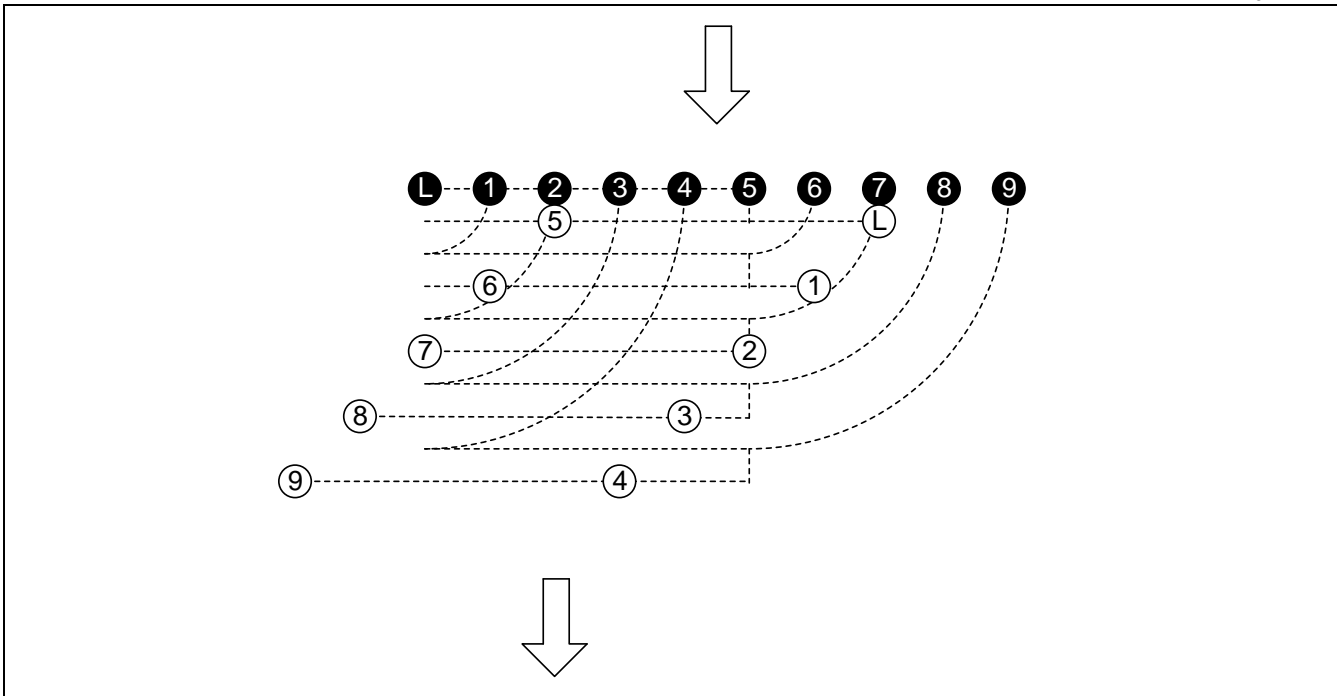
DISC 2 – CHANGE FILES / FORM LINE

All Members	Left turn
Nos. 3/6/9	March two paces, march four regulated paces (arms at sides) to wheel 180° to the right (radius half a pace), march seven paces, left turn
Leader and Nos. 2/5/8	March four paces, march four regulated paces (arms at sides) to wheel 180° to the right (radius half a pace), march five paces, left turn
Nos. 1/4/7	March six paces, march four regulated paces (arms at sides) to wheel 180° to the right (radius half a pace), march three paces, left turn
Leader and Nos. 1/2/3	March six paces, right turn, march four paces, 90° off-step right turn, march three paces and halt.

Nos. 4/5/6	March four paces, right turn, march four paces, 90° off-step right turn, march five paces and halt
Nos. 7/8/9	March two paces, right turn, march four paces, 90° off-step right turn, march seven paces and halt
Leader	Hesitate then pivot 90° to the left on the ball of the right foot and march four regulated paces to travel two paces and halt, march five paces and take one side pace to the left
Nos. 1/4/7	Hesitate then pivot 90° to the left on the ball of the right foot and march four paces and halt, march five paces and take one side pace to the left
Nos. 2/5/8	Hesitate then pivot 45° to the left on the ball of the right foot and march four regulated paces to end in line with and two paces to the left of Nos. 3/6/9, off-step 45° left turn, march five paces and take one side pace to the left
Nos. 3/6/9	March four paces, off-step left turn, march five paces and take one side pace to the left
All Members	March four regulated paces (arms at sides) to wheel 180° to the right (radius half a pace) and step out
All Members	Including the step-out pace with the LEFT foot, EIGHT paces will be taken to bring the Leader's RIGHT foot onto Disc 3.



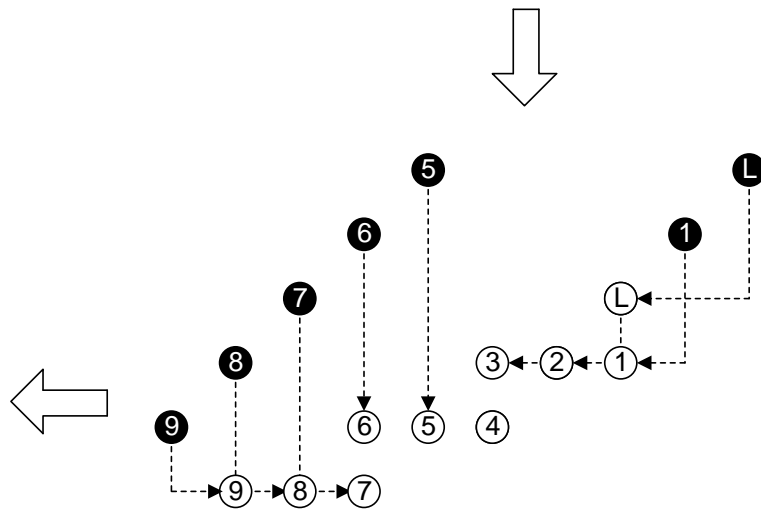
DISC 3 – SPLIT LINE WHEELS / SLOW MARCH / SALUTE	
Leader and No. 5	Mark time 13 beats turning evenly 90° to the right, mark time one beat
Nos. 1/2/3/4/6/7/8/9	March 13 regulated paces (arms at sides) to wheel 90° to the right (radius Nos. 1 & 6 two paces, Nos. 2 & 7 four paces, Nos. 3 & 8 six paces, Nos. 4 & 9 eight paces), mark time one beat
Leader and Nos. 1/2/3/4	Hesitate then pivot 90° to the left on the ball of the right foot, hesitate then pivot 90° to the left on the ball of the right foot
Nos. 5/6/7/8/9	Take one side pace to the left
All Members	March one pace (arms at sides), slow march 10 paces of approximately 67.5cm in length and halt
Leader and Nos. 1/2/3/4	Take one side pace to the right (with the right foot on the left beat), mark time six beats turning evenly 90° to the right
Nos. 5/6/7/8/9	Pause two beats, mark time six beats turning evenly 90° to the left
Leader and No. 5	Take four side paces to the left
Nos. 1/6	Take two side paces to the left, pause four beats
Nos. 2/7	Pause eight beats
Nos. 3/8	Take two side paces to the right (with the right foot on the left beat), pause four beats
Nos. 4/9	Take four side paces to the right (with the right foot on the left beat)
All Members	Pause six beats saluting to the front on the first paused beat and dropping the arms to the sides on the fourth paused beat and step out
All Members	Including the step-out pace with the LEFT foot, EIGHT paces will be taken to bring the Leader’s RIGHT foot onto Disc 4.



DISC 4 – FORM EXTENDED ECHELON

Leader and Nos. 1/8	March four paces, mark time six beats
Nos. 2/9	March two paces, mark time eight beats
Nos. 3/4	Mark time 10 beats
No. 5	March eight paces, mark time two beats
Nos. 6/7	March six paces, mark time four beats
Leader	Hesitate then pivot 90° to the right on the ball of the right foot and march four paces (arms at sides), pivot 90° to the left on the ball of the right foot and bring the left foot to the stationary position and hesitate, pause one beat
Nos. 1/2/3	Take two side paces to the right (with the right foot on the left beat), pause two beats
Nos. 4/5/6	Pause six beats
Nos. 7/8/9	Take two side paces to the left, pause two beats
All Members	Mark time three beats hesitating in the raised position of the third beat, pivot 45° to the right as the foot is lowered from the raised position. The third mark time will need to be speeded up and down to allow for the hesitation in the raised position, hesitate then pivot 45° to the right and step out

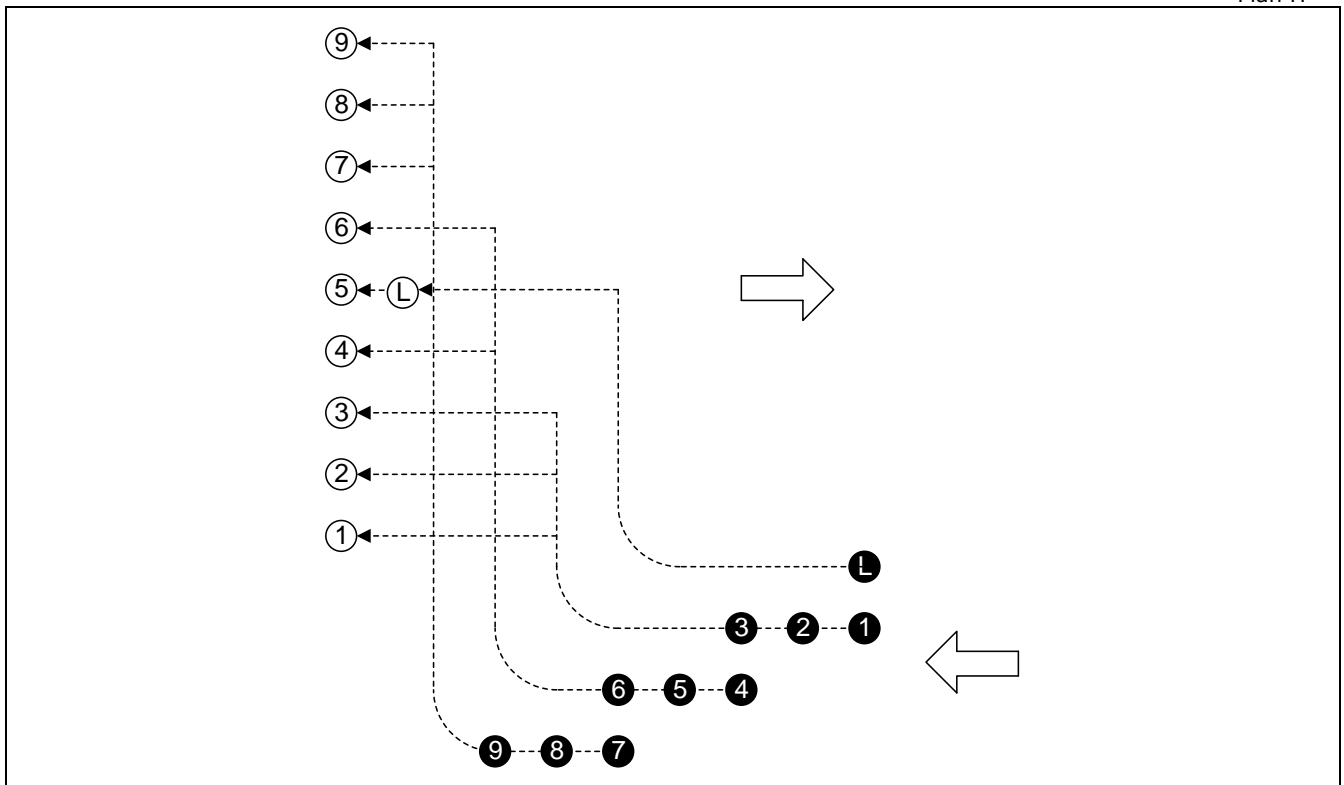
All Members	Including the step-out pace with the RIGHT foot, SEVEN paces will be taken to bring the Leader's RIGHT foot onto Disc 5.
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DISC 5 - WHEELS INTO LINE / SPECIAL ABOUT TURN

Leader	Mark time four beats, march six paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march seven paces, left turn, march seven paces, halt
No. 1	Mark time four beats, march four paces, mark time four beats, march four paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march one pace, left turn, march seven paces, halt
No. 2	Mark time four beats, march four paces, mark time four beats, march two paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march three paces, left turn, march seven paces, halt
No. 3	Mark time four beats, march four paces, mark time four beats, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march five paces, left turn, march seven paces, halt
No. 4	Mark time two beats, march two paces, mark time two beats, march four paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march nine paces, left turn, march five paces, halt
No. 5	Mark time two beats, march two paces, mark time two beats, march two paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march 11 paces, left turn, march five paces, halt

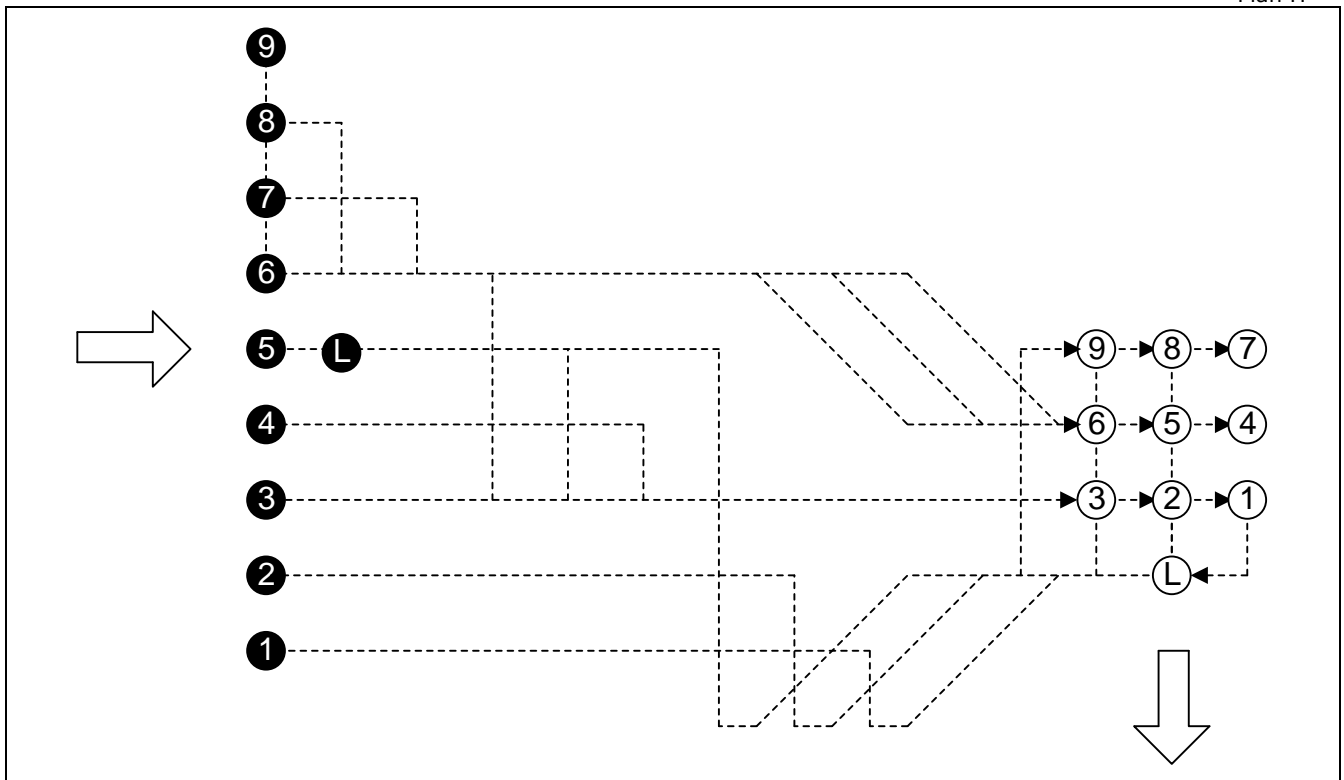
No. 6	Mark time two beats, march two paces, mark time two beats, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march 13 paces, left turn, march five paces, halt
No. 7	March four paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march 17 paces, left turn, march three paces, halt
No. 8	March two paces, march four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march 19 paces, left turn, march three paces, halt
No. 9	March four regulated paces (arms at sides) to wheel 90° to the right (radius two paces), march 21 paces, left turn, march three paces, halt
All Members	<p>About turn as follows, and step out</p> <p>Beat 1 (left): Hesitate and pivot 90° to the left on the ball of the right foot at the same time extending the left foot to the line of march</p> <p>Beat 2 (right): Pause</p> <p>Beat 3 (left): Hesitate and carry the left foot back to the stationary position</p> <p>Beat 4 (right): Pause</p> <p>Beat 5 (left): Hesitate and pivot 90° to the left on the ball of the right foot</p> <p>Beat 6 (right): Pause</p> <p>Beat 7 (left): Hesitate and raise the right foot to the mark time position</p> <p>Beat 8 (right): Pause</p> <p>Beat 9 (left): Hesitate and lower the right foot to rest beside, close to and parallel with the toes in line</p> <p>Beat10 (right): Pause</p>
All Members	Including the step-out pace with the LEFT foot, TWELVE paces will be taken to bring the Leader’s RIGHT foot onto Disc 6.



DISC 6 – REFORM TEAM

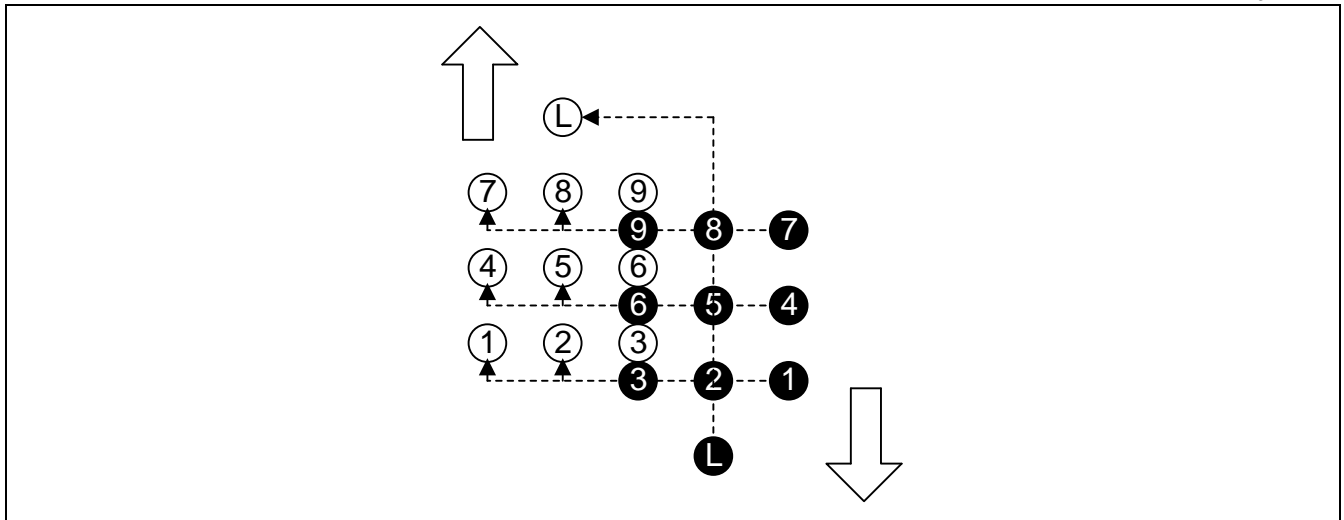
Leader	March 10 paces, right turn, march four paces and halt, mark time six beats turning evenly 90° to the left, march seven paces and halt
No. 1	March 16 paces, right turn, march two paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march one pace and halt
No. 2	March 14 paces, right turn, march four paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march one pace and halt
No. 3	March 12 paces, right turn, march six paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march one pace and halt
No. 4	March 10 paces, right turn, march two paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march seven paces and halt
No. 5	March eight paces, right turn, march four paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march seven paces and halt
No. 6	March six paces, right turn, march six paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march seven paces and halt

No. 7	March four paces, right turn, march two paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march 13 paces and halt
No. 8	March two paces, right turn, march four paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march 13 paces and halt
No. 9	Right turn, march six paces and halt, mark time two beats, mark time six beats turning evenly 90° to the left, march 13 paces and halt
Leader	March four paces, halt, pause three beats, hesitate then march three paces, 90° off-step right turn, march two paces, 90° right turn, march two paces, 90° left turn and step out
Nos. 4/5/6	March four paces, halt, pause three beats, hesitate then march three paces, 90° left turn, march two paces, 90° right turn, march two paces, 90° off step right turn and step out
Nos. 1/2/3	Hesitate then pivot 45° to the left on the ball of the right foot and march seven regulated paces to end two paces to the right of Nos. 4 / 5 / 6, 45° off-step right turn, march three paces, 90° left turn, march two paces, 90° right turn, march two paces, 90° off step right turn and step out
Nos. 7/8/9	Hesitate then pivot 45° to the right on the ball of the right foot and march seven regulated paces to end two paces to the left of Nos. 4 / 5 / 6, 45° left turn, march three paces, 90° left turn, march two paces, 90° right turn, march two paces, 90° off step right turn and step out
All Members	Including the step out pace with the LEFT foot, EIGHT paces will be taken to bring the Leader's RIGHT foot onto Disc 7.



DISC 7 – RIGHT TURN / COUNTERMARCH

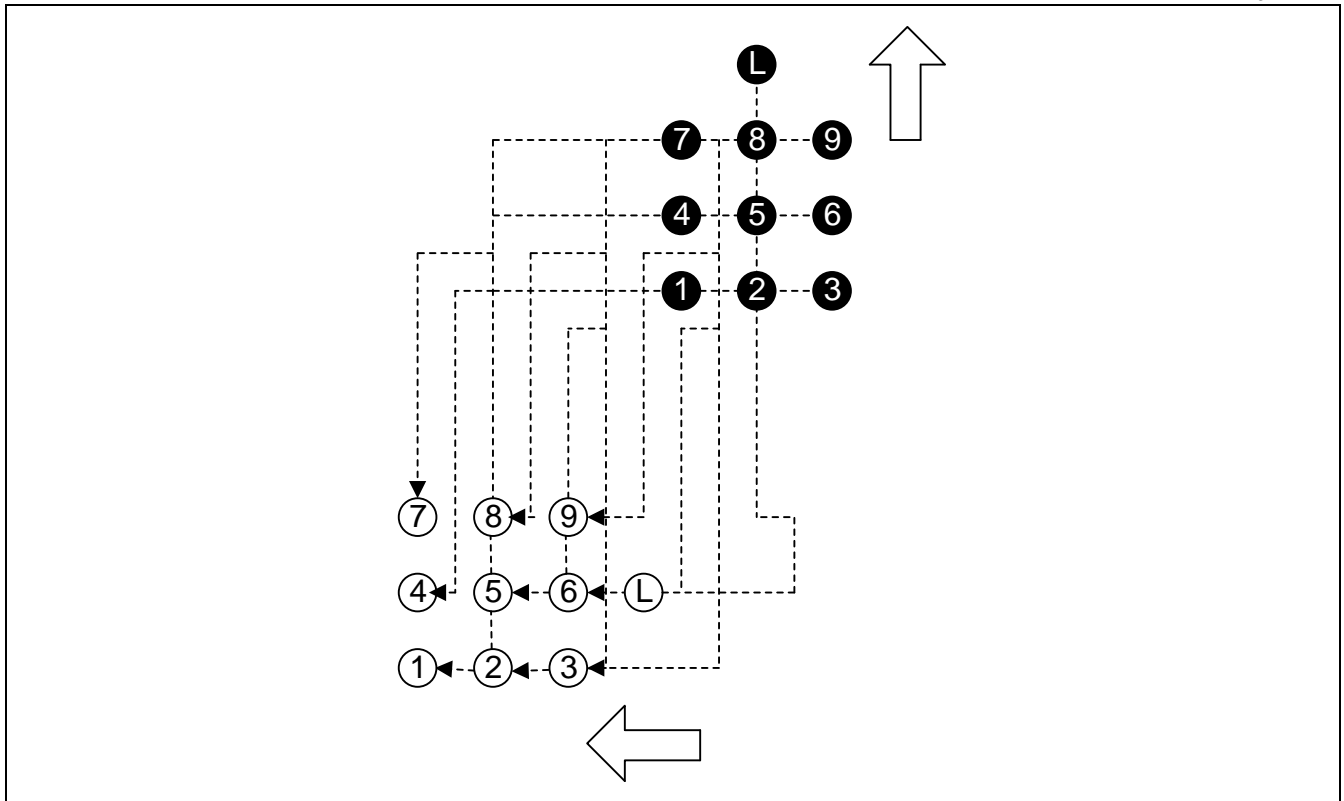
<p>Leader</p>	<p>Halt, pause one beat, hesitate then pivot 90° to the right on the ball of the left foot, hesitate then pivot 90° to the right on the ball of the left foot, hesitate then march nine paces, pivot 90° to the left on the ball of the left foot and march four paces, 90° off-step right turn and step out</p>
<p>Nos. 1/4/7</p>	<p>Right turn, march eight paces, take one side pace to the right, mark time one beat, mark time six beats turning evenly 90° to the right and step out</p>
<p>Nos. 2/5/8</p>	<p>Right turn, march four paces, take one side pace to the right, mark time five beats, mark time six beats turning evenly 90° to the right and step out</p>
<p>Nos. 3/6/9</p>	<p>Right turn, and without stepping out take one side pace to the right, mark time nine beats, mark time six beats turning evenly 90° to the right and step out</p>
<p>All Members</p>	<p>Including the step-out pace with the LEFT foot, THIRTEEN paces will be taken to bring the Leader’s LEFT foot onto Disc 8.</p>



DISC 8 – FORM CLOSE LINE / REFORM TEAM

Leader	Halt, hesitate then pivot 90° to the left on the ball of the right foot, pause seven beats
Nos. 1/4/7	Left turn, march five paces and halt, pause two beats
Nos. 2/5/8	Left turn, march four paces and halt, pause three beats
Nos. 3/6/9	Left turn, march three paces and halt, pause four beats
Leader	Hesitate then pivot 90° to the left on the ball of the right foot and march nine paces and halt, pause three beats
Nos. 1/2/3	Hesitate then pivot 90° to the left on the ball of the right foot and march three paces and halt, pause nine beats
Nos. 4/5/6	Hesitate then pivot 90° to the left on the ball of the right foot and march three paces and halt, take one side pace to the right (with the right foot on the left beat), hesitate then march two paces and halt, pause four beats
Nos. 7/8/9	Hesitate then pivot 90° to the left on the ball of the right foot and march three paces and halt, take two side paces to the right (with the right foot on the left beat), hesitate then march four paces and halt
All Members	Hesitate then march three slow regulated paces (arms at sides) commencing with the left foot on the right beat to travel two paces and halt
Leader	Take one side pace to the left, march two paces, mark time six beats turning evenly 90° to the right, march two paces, mark time one beat, march two paces and step out.

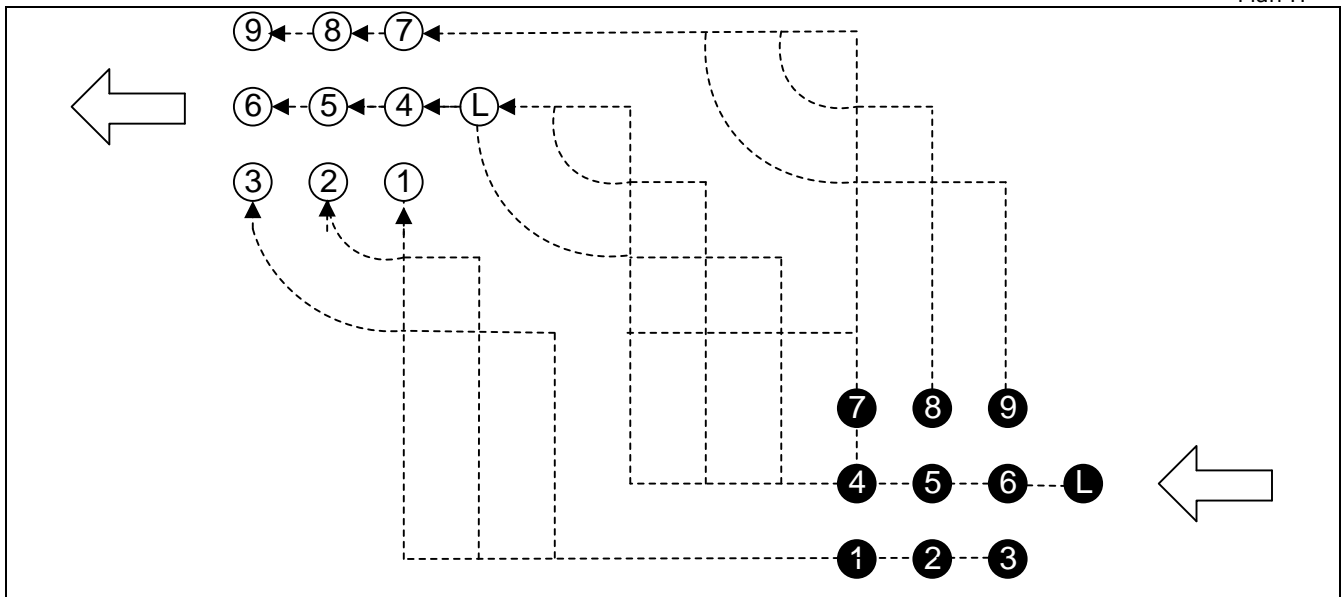
No. 7	Mark time four beats, mark time six beats turning evenly 90° to the right, mark time five beats and step out.
No. 8	Mark time four beats, mark time six beats turning evenly 90° to the right, mark time four beats, march one pace and step out.
No. 9	Mark time four beats, mark time six beats turning evenly 90° to the right, mark time three beats, march two paces and step out.
No. 4	Mark time two beats, march two paces, mark time six beats turning evenly 90° to the right, march one pace, mark time four beats and step out.
No. 5	Mark time two beats, march two paces, mark time six beats turning evenly 90° to the right, march one pace, mark time three beats, march one pace and step out.
No. 6	Mark time two beats, march two paces, mark time six beats turning evenly 90° to the right, march one pace, mark time two beats, march two paces and step out.
No. 1	March four paces, mark time six beats turning evenly 90° to the right, march two paces, mark time three beats and step out.
No. 2	March four paces, mark time six beats turning evenly 90° to the right, march two paces, mark time two beats, march one pace and step out.
No. 3	March four paces, mark time six beats turning evenly 90° to the right, march two paces, mark time one beat, march two paces and step out.
All Members	Including step out pace with the RIGHT foot, FIVE paces will be taken to bring the RIGHT foot onto Disc 9.



DISC 9 – INDEPENDENT FILE SECTIONS WHEELS

Nos. 7/8/9	Right turn
Nos. 7	March ten paces, mark time one beat
Nos. 8	March eight paces, left turn, march two paces
Nos. 9	March six paces, left turn, march four paces
No. 7	Pivot 90° to the left on the ball of the right foot and at the same time mark time seven beats turning evenly 90° to the right, pivot 90° to the left on the ball of the left foot and march twelve paces and step out.
Nos. 8/9	March seven regulated paces (arms at sides) to wheel 90° to the right, (radius No. 8 two paces, No. 9 four paces) pivot 90° to the left on the ball of the left foot and march twelve paces and step out.
Nos. 4/5/6	March six paces, right turn
No. 4	March ten paces, mark time one beat
No. 5	March eight paces, left turn, march two paces
No. 6	March six paces, left turn, march four paces

No. 4	Pivot 90° to the left on the ball of the right foot and at the same time mark time seven beats turning evenly 90° to the right, pivot 90° to the left on the ball of the left foot and march six paces and step out
No. 5/6	March seven regulated paces (arms at sides) to wheel 90° to the right, (radius No. 5 two paces, No. 6 four paces), pivot 90° to the left on the ball of the left foot and march six paces and step out.
No. 1/2/3	March twelve paces, right turn
No. 1	March ten paces, mark time one beat
No. 2	March eight paces, left turn, march two paces
No. 3	March six paces, left turn, march four paces
No. 1	Pivot 90° to the left on the ball of the right foot and at the same time mark time seven beats turning evenly 90° to the right, pivot 90° to the left on the ball of the left foot and step out
Nos. 2/3	March seven regulated paces (arms at sides) to wheel 90° to the right, (radius No. 5 two paces, No. 6 four paces), pivot 90° to the left on the ball of the left foot and step out
Leader	March six paces, right turn, march four paces, left turn, march six paces, mark time three beats, pivot 90° to the right on the ball of the left foot and march six paces, pivot 90° to the left on the ball of the left foot and march four paces and step out.
All Members	Including the step out pace with the RIGHT foot FOUR paces will be taken to bring the LEFT foot onto Disc 10.

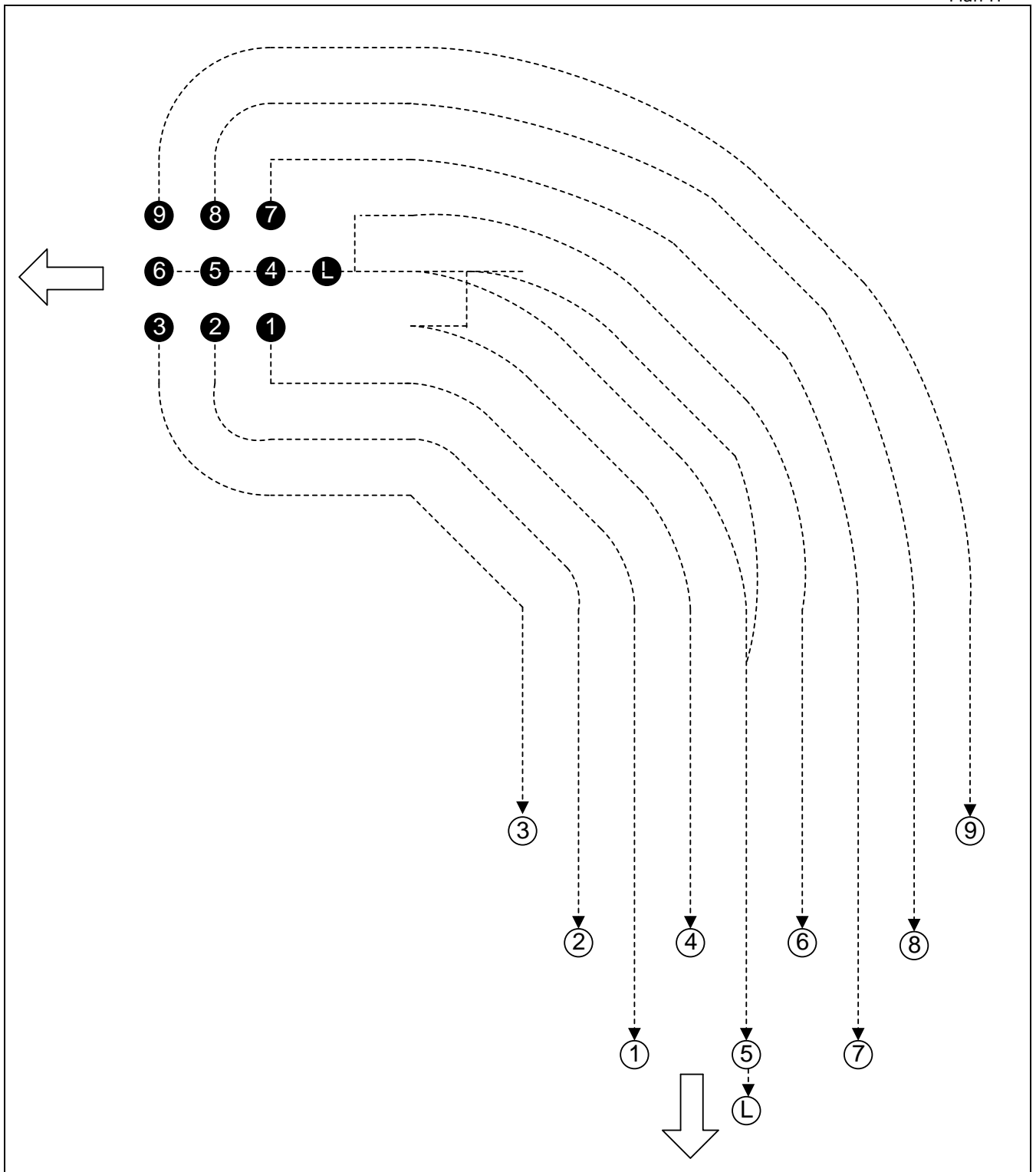


DISC 10 – SPECIAL ABOUT TURN FORM LINE WHEEL/SLOW MARCH/WHEEL

<p>All Members</p>	<p>Halt</p> <p>About turn as follows:</p> <p>Beat 1 (left): Hesitate and pivot 90° to the left on the ball of the right foot at the same time extending the left foot to the line of march</p> <p>Beat 2 (right): Pause</p> <p>Beat 3 (left): Hesitate and carry the left foot back to the stationary position</p> <p>Beat 4 (right): Pause</p> <p>Beat 5 (left): Hesitate and pivot 90° to the left on the ball of the right foot</p> <p>Beat 6 (right): Pause</p> <p>Beat 7 (left): Hesitate and raise the right foot to the mark time position</p> <p>Beat 8 (right): Pause</p> <p>Beat 9 (left): Hesitate and lower the right foot to rest beside, close to and parallel with the toes in line</p> <p>Beat 10 (right): Pause</p>
<p>Nos. 7/8/9</p>	<p>Pivot 90° to the left on the ball of the right foot and march two paces, mark time two beats</p>
<p>No. 7</p>	<p>Mark time seven beats turning evenly 90° to the right, march five paces and halt, mark time one beat</p>
<p>Nos. 8/9</p>	<p>March seven regulated paces (arms at sides) to wheel 90° to the right, (radius No. 8 two paces, and No. 9 four paces)</p>

	march five paces and halt, mark time one beat
Nos. 1/2/3	Pivot 90° to the right on the ball of the right foot and march two paces, mark time two beats
No. 1	Mark time seven beats turning evenly 90° to the left, march five paces and halt, mark time one beat
Nos. 2/3	March seven regulated paces (arms at sides) to wheel 90° to the left, (Radius No. 2 two paces, No. 3 four paces) march five paces and halt, mark time one beat
Nos. 4/5/6	March seven paces and halt
No. 6	Take two side paces to the left, pivot 90° to the left on the ball of the left foot and take two side paces to the right, hesitate and pivot 90° to the right on the ball of the left foot, mark time one beat
No. 5	Pause nine beats, mark time one beat
No. 4	Take two side paces to the right (with the right foot on the left beat), pivot 90° to the right on the ball of the left foot and take two side paces to the right, hesitate and pivot 90° to the left on the ball of the right foot, mark time one beat
Leader	March seven paces and halt, pause four beats, pivot 90° to the right on the ball of the left foot and take two side paces to the right, hesitate and pivot 90° to the left on the ball of the right foot, mark time one beat, pivot to align shoulders on No. 3 and march thirteen regulated paces (arms at sides) to wheel 45° to the right maintaining the same radius from the pivot throughout, pivot to the new front and halt, pause one beat, slow march six paces (approximately 67.5 cm in length commencing with the right foot on the right beat and halt, pivot to align shoulders on No. 3 and march thirteen regulated paces (arms at sides) to wheel 45° to the right maintaining the same radius from the pivot throughout pivot to the new front and march eight paces and halt.
No. 3	Mark time thirteen beats turning evenly 45° to the right, pause two beats, slow march six paces (approximately 67.5 cm in length starting with the right foot) and halt, mark time thirteen beats turning evenly 45° to the right
Nos. 2/1/4/5/6/7/8/9	March thirteen regulated paces (arms at sides) to wheel 45° to the right, (radius No. 2 two paces, No. 1 four paces, No. 4 six paces, No. 5 eight paces, No. 6 ten paces, No. 7 twelve paces, No. 8 fourteen paces, No. 9 sixteen paces) and maintaining the same radius from the pivot throughout, halt, pause one beat, slow march six paces (approximately 67.5 cm in length) commencing with the right foot on the right

	beat and halt, march thirteen regulated paces (arms at sides) to wheel 45° to the right, (radius No. 2 two paces, No. 1 four paces, No. 4 six paces, No. 5 eight paces, No. 6 ten paces, No. 7 twelve paces, No. 8 fourteen paces, No. 9 sixteen paces) and maintaining the same radius from the pivot throughout
Nos. 3/9	Mark time eight beats finishing in the Position of Attention, pause one beat
No. 1/5/7	March eight paces and halt
Nos. 2/4/6/8	March four paces, mark time four beats finishing in the Position of Attention, pause one beat
All Members	Pause eight beats, saluting to the front on the third paused beat and dropping the arms to the sides on the sixth paused beat, turn to the left and march off the competition area.



NOTES:

1. There will be no whistle signal to indicate the final halt.
2. The left turn executed to march off the competition area is optional, but must not exceed six beats.
3. The team must march directly off the competition area and must not halt or disband until well clear of the side boundary.