

TECHNICAL B - INTRODUCTORY GRADE

TEAM NO:.....

TEAM NAME:.....**DATE:**

			VALUE	AWARD	COMMENTS
POSTURE					
Erect	5		10		
Heads Steady	5				
LEG / FOOT ACTION					
Pacing Together Between Movements	5		10		
Even Length Paces	5				
ARMSWING					
Arms Swinging Together	5		10		
Stopping Arms At Sides When Required	5				
HANDS					
Grips Held	5		10		
Hands Steady At Sides	5				
			40		TOTAL AWARD

Judge's Signature