

COMMENTS: (Judge to tick appropriate boxes)

POSTURE:

Body not erect
Posture unsteady
Shoulders not level and square to front
Hesitation not completed

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ARMDROP:

Incorrect action
Incorrect direction
Incorrect timing
Incorrect height

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HANDS:

Incorrect grip (fingers/thumbs)
Incorrect alignment (up/down/hooking/twisting)

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HEAD TURN:

Incorrect action
Incorrect timing
Incorrect position (when turned)

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ARMSWING:

Incorrect action
Incorrect direction
Height not uniform, as per drill details
Timing not uniform
Arms not naturally straight

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ARMSWING OUT:

Incorrect action
Incorrect direction
Incorrect timing
Incorrect height

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HAND POSITION:

Incorrect alignment
Not steady

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☐

SALUTE:

Incorrect action
Incorrect timing
Incorrect position (when raised)

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POSTURE

E = Erect
Sh = Shoulders
St = Steady

ARMSWING

A = Action
D = Direction
T = Timing
H = Heights

HANDS

G = Grip
Al = Alignment
P = Position
St = Steady

ARMSWING OUT

A = Action
D = Direction
T = Timing

ARMDROP

A = Action
D = Direction
T = Timing
H = Heights

HEAD TURN

A = Action
T = Timing
Pos = Position

SALUTE

A = Action
T = Timing
Pos = Position