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Marching New Zealand is very grateful to
Sport New Zealand
for their continued investment in our sport

Unless someone like you cares a whole awful lot, nothing is going to get better. It's not. ~Dr. Seuss

Volunteers
Supporting Local Sport History

THANK A SPORT MAKER

Nominate a sports volunteer to win \$2,000 worth of sports gear and the ultimate team experience at lottovolunteers.co.nz

THANK YOU - to our Volunteers

Sheena Bunn - Marching Hawke's Bay

We would like to recognise Sheena for her work for Marching Hawke's Bay. She doubles as Treasurer of the Association meaning that all our finances are looked after. And, she is also our wonderful Music Lady and this involves setting up all the music gear and speakers for each Competition Day. This is along with organising the raffle prizes etc for each of our competitions as well. Marching Hawke's Bay would like to thank Sheena for all her help.

Sally Ann Collins - Marching Waikato

Sally Ann has been a bit of a god-send for Marching Waikato, this past couple of years. After some gentle persuasion, Sally-Ann agreed to step in and learn the ropes for the Assn Secretaries role. Breaking her in gently, and with the thoughts of a little bit at a time, she took over the competition running. Well what a great job she has done of this.

Bending over backwards to accommodate all coaches, and their teams, judges travelling, inclement weather, duty teams, the list goes on. This has not always been an easy task but she managed it and still came out smiling, and rising above the challenges. On one occasion she re issued the Competition draw 4 times, just so that everyone knew prior to arrival of the changes needed. She is also our trophy custodian, and the trophies have arrived each week gleaming. Sally Marching Waikato would like to thank you for a tremendous job you have done so well.

BOARD APPOINTMENTS

As per Rule of Participation A7.4 applications in writing close with the CEO on 30th April 2018 for the following Board Appointments.

- Director of Coaching
- Judging Accreditor
- Marketing Co-ordinator
- Trophy Custodian
- Publications/Merchandising Co-ordinator
- Social Media Administrator

All applications will be considered by the Board at the Board Meeting on 4th/5th May. The term of appointment is for 12 months, effective 1st July 2018 except for the Director of Coaching (3year term). For a copy of the Job Profile of any position contact your local Association Secretary or from the MNZ website where they are available in printable format.



COACH'S SELF EVALUATION

End of season and time to reflect and prepare for next season. In evaluating your season, honestly answer the questions

- I planned and prepared well for the season
- I listened to my athletes
- I was positive
- I gave effective feedback
- I was enthusiastic
- I kept my cool
- I provided quality learning experiences
- I varied my tone of voice
- I provided equal attention to all athletes
- My demonstrations were understood
- My explanations were clear and concise
- I allowed some athlete decision-making
- My coaching actions matched my coaching philosophy
- Training sessions were well organised
- The training environment was safe
- I found the season enjoyable
- What worked well during the season
- What can I improve for next season
- How well did the athletes respond to my style of Coaching?

Copied in part from Principles of Sports Coaching – Level One (SPARC Publication)

*It was Henry Ford that said
"You can't build a reputation on what you are going to do, so take action....."*

THANK YOU – THANK YOU



THANK A SPORT MAKER
Nominate a sports volunteer to win \$2,000 worth of sports gear and the ultimate team experience at loftvolunteers.co.nz

THANK YOU – THANK YOU

New Zealand Coach Magazine

Read online at www.sportnz.org.nz/get-into-sport/coaching-guide

Tips for Officials

Practical ideas to help you become a better official



Managing People.

Communication Skills - To be a good official you must be able to communicate clearly and consistently. Good communication requires conscious thought about what types of messages you are sending and receiving.

Body language - Use your physical appearance, your posture, gestures and facial expressions to get your messages across during a game or an event. That way, the athletes don't have to hear you to know what you expect of them.

Tone of voice - This is not about WHAT you say – rather, it's about HOW you say it. Your tone of voice is significantly affected by your emotions, so you need to keep track of how you are feeling emotionally as you perform your officiating duties.

Words - Choose your words carefully – the words you use should be appropriate for the people who are playing your sport. Avoid swearing or derogatory words.

Hints for effective communication

- Keep cool. Keep your emotions under control even if provoked
- Speak firmly, but don't shout. Shouters lose respect and invite criticism
- Look good. Dress neatly and appropriately for your sport. This invites respect for your position and can help you perform better.
- Be confident. Nervousness is easily recognised (through non-verbal signals) and can make you vulnerable.
- Use clear and timely signals. Players deserve this, and it's your job. Avoid pointing your finger – use an open palm instead.
- Be open-minded. Listen to other views and answer reasonable questions from players and coaches.
- Use technology. Make use of the available technology where appropriate.

Copied from Sport NZ publication 'Officials Calling the Game'



In the Diary Coming up

MAY

- 4 Board & TWP Meeting in Wellington
- 5 Board & TWP Meeting in Wellington

JUNE

- 23 MNZ Annual Meeting in Wellington
- 24 MNZ Annual Meeting in Wellington

Running your Club



What are the de-motivators to taking part for older people? As well as what influences older people, we need to also understand what challenges older people face in participating. Perception and attitude can be the first stumbling blocks.

I'm too old! - 'Old body', each older person has strong views about what the older person body can and or should do at a certain age with regards to physical activity and just being too old is a strong deterrent even amongst the 'young old'

It's too hard and competitive. Perception, the word 'sport' is primarily perceived as being for younger people, very strenuous and too competitive. So with age, sport and many other forms of physical activity become less appealing, except that of being a spectator.

I wouldn't fit in. Not belonging, participating in any form of exercise for most people is more pleasurable with others but many older people feel unsure about taking the first step to being involved with a new group

I don't need to - Healthy enough, irrespective of age, older adults are informed about the health benefits of being physically active via sport and other forms of activity but the majority claim to be healthy enough

I don't know if this is ok for me. Health issues, become more prolific with age and a lack of knowledge with regards to the benefits and risks associated with physical activity are not fully understood so the safest option becomes to withdraw from placing any form of undue stress on the body

There are practical considerations that put up barriers.

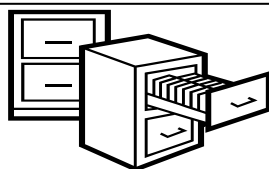
I get hurt easy now. The fear of injury, people are more risk adverse as they age and it takes longer to recover from any injury

I really don't have time. Time, the assumption that people have more time when they retire is not always true, many have time pressures and commitments to other family roles and activities, such as volunteering.

It is really off-putting. The uninviting environment, this includes a range of factors including weather, noise levels, uncomfortable mixing with other age groups, too busy and crowded, not clean, inadequate changing facilities, feeling unsafe or threatened, and designed more for younger people.

I can't afford it. Cost, those reliant on superannuation or saving for retirement have limited budgets. This impacts the amount people may be willing to pay for participating in any activity or programme or purchasing clothing or equipment

MNZ ANNUAL MEETING



73rd ANNUAL MEETING to be held at the **BRENTWOOD HOTEL, WELLINGTON** Saturday/Sunday 23/24 June 2018

The Annual Meeting is a Two-Day-Meeting and will commence at 1pm Saturday and conclude at 3pm Sunday

NOTICE OF MOTIONS-REMITTS

Does your Association have any proposed changes to the Marching New Zealand Constitution, Policies, Rules of Participation? Notice of Motions/Remits must be received by the CEO no later than the 30th April 2018 and must be endorsed at an Association meeting first.

ITEMS FOR GENERAL BUSINESS

Does your Association have any item to be included for discussion in General Business? All items to be to the CEO no later than 30th April 2018

NOMINATIONS FOR BOARD

One Board Member
(Rule 5.3.2 Commencing with the Annual Meeting in year 2016, one (1) of the existing elected Board Members (other than the President) (together with any replacement Board Member) shall retire by rotation at each Annual Meeting. Election shall be for a period of three (3) years. A précis penned by your nominee must be included with the nomination and be received by the CEO no later than 30th April 2018

There is no election for President, the President has completed 1 year of a 4 year term and there is no election for the Director of Finance, this position is appointed by the Board. Rule 5.2.

ACCOMMODATION

Available at the Brentwood Hotel, use Group Booking - Reference # 79211.

REGISTRATION

Early bird registration prior to 15th May of \$80
Late registration of \$95.

Here we go again, a time for sound reasoning which hopefully will advance our sport in the eyes of the public, and not legislation that could put blocks in the way of our girls that can lead to frustration. It is their sport and we should legislate bearing in mind the enjoyment of their leisure hours.

Copied from a very old Quick March (no date)

NZ CHAMPIONSHIPS

Was successfully hosted by **Marching Waikato** on Thursday/Saturday 15/17th March 2018 at the **Claudlands Event Centre**



Limited supply of Souvenirs still available contact **Marching Waikato**

Black Boot Bag \$10
Glow in the Dark Silicone Wrist Band \$ 2.50
Teddy \$6 - Ear Buds \$5 - Raincoat Ball \$5

CONGRATULATIONS

NZ CHAMPION TEAMS

Senior Grade - **STORM** – Wellington
Under 16 Grade- **ONYX MILITAIRES** – Otago
Under 12 Grade - **ECLIPSE** - Canterbury
Masters Grade - **BANDOLIER** -Wellington



A full list of results from the NZ Marching Championship are posted on the marching web-site www.marching.co.nz/events

CHAMPIONSHIP MARCH

Under 12 Grade
Champion Technical & Champion Display Team
ECLIPSE - Canterbury

Under 16 Grade
Champion Technical Team
ONYX MILITAIRES - Otago
Champion Display Team
ECLIPSE - Canterbury

Senior Grade
Champion Technical & Champion Display Team,
STORM - Wellington

Masters Grade
Champion Technical & Champion Display Team
BANDOLIER - Wellington

PLATE MARCH

Under 12 Grade
1st Technical & 1st Display Team
SOUTHERN STARS BLUE JAY – Southland

Under 16 Grade
1st Technical Team
EXCELSIOR– Nelson
1st Display Team
ALLSTARS – Canterbury

Senior Grade
1st Technical Team,
BUCKINGHAM GUARDS – Hawke’s Bay

1st Display Team
SKELLERUP MILITAIRE GUARDS – Canterbury

BOWL MARCH

Under 12 Grade
1st Technical Team
ALLSTARS – Canterbury
1st Display Team
FUSION – Waikato

NORTH v SOUTH

North v South Challenge Awards at the NZ Championships were won by the North Island in the Masters & Senior Grade and the South Island in the Under 12 & Under 16 Grade. To determine the winner, the team placing's taken from Technical Drill & Display Team placing from the Qualifying March is aggregated and the best average is the winner.

NZ MARCHING CHAMPIONSHIP 2018

in Waikato
@ Claudlands Event Centre
2019 in Canterbury
@ Horncastle Arena
2020 in ??????????

Associations are invited to make application to host the 2020 NZ Marching Championships as outlined in Rule of Participation NZC1-2. All applications are to reach the CEO no later than 30th April 2018 for consideration at the May Board meeting.



ANZAC DAY

25th April

'We will remember them'