

# NEWSLETTER

May 2017

From the Desk of the  
Chief Executive Officer

PO Box 3197, Richmond 7050  
142 Saxton Rd East, Stoke, 7011  
Telephone (03) 546 3330  
Email: [ceo@marching.co.nz](mailto:ceo@marching.co.nz)  
Web-site: [www.marching.co.nz](http://www.marching.co.nz)

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## Technical Memo's

- ◆ Nil

## Coming up

- ◆ Board Meeting
- ◆ TWP Meeting
- ◆ Group Advisors Retreat
- ◆ Queen's Birthday
- ◆ MNZ Annual Meeting
- ◆ Association Annual Meeting



**SPORT  
NEW ZEALAND**

# MARCHING NEW ZEALAND

## MOTHERS DAY



Wishing all our  
wonderful Mothers  
and Grandmothers a  
very happy &  
enjoyable Mother's  
Day on Sunday  
14 May

## HAPPY MOTHERS DAY – HAPPY MOTHERS DAY

What some famous people have said of their Mother....

*Mama was my greatest teacher, a teacher of compassion, love and fearlessness. If love is sweet as a flower, then my mother is that sweet flower of love. - Stevie Wonder*

*I remember my mother's prayers and they have always followed me. They have clung to me all my life. - Abraham Lincoln*

*My mother is a walking miracle. - Leonardo DiCaprio*

*My mother is my root, my foundation. She planted the seed that I base my life on, and that is the belief that the ability to achieve starts in your mind. - Michael Jordan*

*Acceptance, tolerance, bravery, compassion. These are the things my mom taught me. - Lady Gaga*

*[What's beautiful about my mother is] her compassion, how much she gives, whether it be to her kids and grandkids or out in the world. She's got a sparkle. - Kate Hudson*

*My mother has always been my emotional barometer and my guidance. I was lucky enough to get to have one woman who truly helped me through everything. - Emma Stone*

*Over the years, I learned so much from mom. She taught me about the importance of home and history and family and tradition. - Martha Stewart*

## HAPPY MOTHERS DAY – HAPPY MOTHERS DAY

**KIDS CORNER**

*Marching Molly*



Hi Marching Friends,  
 Our team is having a marching holiday but I want to tell you about our end of season party. We had the most amazing time. It was for all our family to come to and we had to meet at the School where we have our training. We started with a big treasure hunt game where we had to find different clues where we were going next. Our clues all linked to 'water'. We were not sure if we were going to the beach or the pool but all agreed it was the beach, because we had not been told to bring any swimming clothes. The double decker bus arrived and took us all, even our Mums and Dads and brothers and sisters to the swimming pool which was a trick and then we went to the beach. We had running races, relay races with the Marching Team against the Mum and Dads Team, sandcastle building competitions, beach art competition using only stuff from off the beach, played cricket and baseball. We stopped for a big picnic lunch where we each got a lunchbox of food and a drink and finished with a buried treasure game. While we were off the beach having lunch under the trees some of the Dads went back to the beach and drew 10 big squares and buried the treasures. All the treasures were buried in plastic bags and we each got a treasure to take home. The treasures were all vouchers from the local places. I got a Movie Pass, my friend Lacy got a voucher to the Museum, Dad got a Mega voucher and my Mum changed her Car Wash voucher with another Dad for a Coffee voucher. The double decker bus came back and took us back to the School. It was such an awesome day. Our Marching Team has so much fun I can't wait until marching starts again. Molly

**MARCHING WORD FIND**

E	E	E
W	L	L
J	R	Y

ANSWER NEXT MONTH  
 ANSWER LAST MONTH – CHAPERONE



**SPORT  
 NEW ZEALAND**

*Marching New Zealand is very grateful to  
 SPORT NEW ZEALAND for their continued  
 investment in our sport*

To everyone having birthday in May



As the birthstone for May, the emerald, a symbol of rebirth, is believed to grant the owner foresight, good fortune, and youth. Emerald, derived from the word "smaragdus," means, quite literally, "green" in Greek. Like aquamarine, emerald is a variety of beryl, a mineral that grows with six sides and up to a foot in length. Emerald color can range from light green (though there is some argument whether these very light beryls are truly emeralds) to a deep, rich green. Emeralds are also like aquamarine in that the way the color is presents itself in jewelry depends on a good cut by a skilled gemologist. Most emeralds end up being heat treated to deepen or enhance the color. The deeper or more green an emerald, the more valuable it is. The rarest emeralds will appear to be an intense green-blue. Emeralds are found all over the world, including Colombia, Brazil, Afghanistan and Zambia. The availability of high-quality emerald is limited; consequently, treatments to improve clarity are performed regularly.

**OUT 'n ABOUT**

Thank you to the Teams and Association Officials who were out n about at Anzac Parades on 25<sup>th</sup> April



## Volunteer for April

### St Johns Youth Group Marching Wellington

This may be a bit late coming as the season has ended but Marching Wellington would like to record how much we appreciated the assistance that we received from the Lower Hutt Branch of the St Johns Youth Group that sent along three members to most of our competitions this year to assist in the recording room.

### Clare McKissick Marching Waikato

Marching Waikato would love to be able to nominate Clare McKissick as one of our valued volunteers.

Clare marched in Auckland for Ritchie Guards, Canadian Guards, Kilmarnock, Challenge Hussars and Balmoral and has always maintained her interest and love of marching. In December 2015 Clare visited the Marching New Zealand website and saw the advert for the North Island Championships being held in Auckland. Thinking she would indulge in some nostalgia Clare and her mother drove up to Auckland to watch. During the day, she bought some raffle tickets and chatted with the seller saying she had marched in Auckland. Sherryn Wells was that seller and said she must come back to the sport. Clare responded saying that she did not have the time to march and Sherryn quickly replied 'what about judging' and gave Clare a contact number in Hamilton – the rest is history. In January 2016 Clare joined the Waikato panel as a trainee Tech C judge and worked hard for the last part of the season. After attending the judge's workshop in 2016 Clare was faced with new sheets and a new judging system so for her it was like starting afresh in the 2016/2017 season.

The success of the story is that Clare, in April this year, has become a 'Qualified' Tech C judge. Clare as a volunteer has given up many hours to achieve this goal and Waikato are very proud of her success and we congratulate her on her tenacity. Welcome to our Waikato Judges Panel Clare, and I am sure all coaches can only benefit by having you on the field each week.

## THANK YOU – THANK YOU



## THANK YOU – THANK YOU



## TECHNICAL CORNER



Emails in April .... Nil

## New Zealand Coach Magazine

Read online at

[www.sportnz.org.nz/get-into-sport/coaching-guide](http://www.sportnz.org.nz/get-into-sport/coaching-guide)

## JUDGES TRAINING KIT

a new resource for judges contains DVD's and a folder of judging sheets. Both new and experienced judges will benefit and should contact their Chief Judge for more information.



## JUDGING GROUP ADVISORS RETREAT

The Judging Group Advisors will be meeting later in May so now is the time to present feedback, both positive and negative, on judging matters.

## COACH WORKSHOP

To be held at the Brentwood Hotel in Wellington, 8/9 July. Timetable and Information will be circulated by Technical Manager nearer the time.

"Tell me and I forget, teach me and I may remember, involve me and I learn."  
— Benjamin Franklin

## The Policy & Operations (Technical) Manual or The Manual.

is **available online** to download and print off or store and use from your own technical device; PC, phone, tablet.

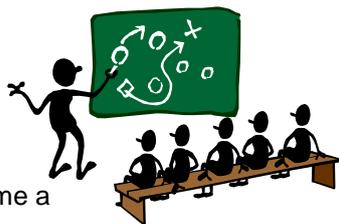
## NEWS FLASH...

Under 16 Grade will get a **NEW** Quickstep/Compliments/Movement routine for 2017-2018

## COACHING as a career...

Some frequently asked questions ...

- Who do I contact to become a Coach?
- How old do I have to be before I can become a Coach?
- Can a Marcher or Judge be a Coach too?
- Can I Coach beside an experienced Coach first?
- Who do I contact to do the accreditation exam?
- How can I up-skill and update my current accreditation?
- I have Coaching Level One is there Level Two?
- Can you tell me what coaching courses or workshops are coming up this year?
- I am interested in furthering my coaching accreditation; can you suggest any courses or ongoing education that I could undertake?
- When and where do I do the accreditation course?
- Does the Regional Sports Trust have courses for coaching?
- Can I start coaching before doing accreditation courses?
- How much does it cost to become a coach?



For the answers – contact the Association Coaching Co-ordinator or any Team coach in your area

## JUDGING as a career ...

Some frequently asked questions ...

- Who do I contact to become a Judge?
- How old do I have to be before I can judge?
- Can I still be a marcher and a judge at the same time?
- Can I be a Judge for my Association only?
- How much does it cost to become a Judge?
- Do I need to buy a Judges Uniform?
- Where can I get a uniform from?
- Who do I contact to do the accreditation exam?
- When and where are the accreditation exam?
- How can I update my current accreditation?
- I am interested in furthering my judging accreditation; can you suggest any courses or ongoing education that I could undertake?
- Can you tell me what judging courses or workshops are coming up this year?



For the answers – contact the Association Chief Judge or any member of the local Judging Panel

How do we ensure young people develop a lifelong love of community sport and being physically active?

Kiwis love their community sport, and we know it enriches our lives, builds kids' determination to succeed and makes our communities better places to live. But when parents are arguing on the sidelines of an under 8's game most would agree we're taking it too seriously. Of course, sport is competitive by definition – and some kids want that and thrive on it – but for many, winning is not the most important thing. Having fun is.

For New Zealand to be the world's most successful sporting nation winning on the world stage is one measure of that, but so too is more kiwis participating in community sport for the sheer enjoyment of it and the benefits both derive. Clearly there is a relationship between the two – both are valid and the pathways through our sport should cater for both. There is a balance to be found between creating engagement and participation in community sport and achieving excellence. Experience shows that if engagement comes first – if young people enjoy their experience – then they are more likely to stay (often for life). The more who stay, the more talent will emerge and the more relevant our pathways to excellence will become. But if we forget about making it fun, for kids, we'll see engagement and participation evaporate. Undoubtedly it's a message for parents as it is for all of us in the community sport system. It's time to change the way we think. When someone window-shops community sport, but doesn't stay instead asking – as traditionally we may have tended to – 'What's wrong with them?' we should instead be asking 'What's wrong with us?' We should be thinking harder about what young people are looking for that we don't seem to offer. Asking what changes to the way 'we've always done things' would lead to more of them – regardless of gender, ethnicity, ability, location or socio-economic background – having fun and participating in community sport.

### MNZ SERVICE AWARD

Congratulations Olive Matheson-Croudís (Marching Auckland) who was presented with her MNZ Long Service Award at the Auckland Championships



## Calendar of Events

<b>May</b>		
5	Board & TWP Meeting	Wellington
6	Board & TWP Meeting	Wellington
<b>June</b>		
25	MNZ Annual Meeting	Wellington

## HEALTH TIP

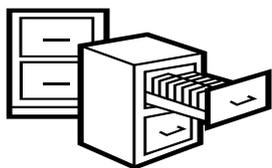
**VITAMIN C are you getting enough ...** If you have orange juice for breakfast and eat green leafy vegetables with dinner you may think you are getting enough of this essential vitamin. However, feeling run down, lacking in energy, prone to ills and chills, bruise easily or finding that wounds and sores take time to heal are all symptoms of Vitamin C deficiency.

The answer may be that at certain times, diet alone is not sufficient to supply your body with enough Vitamin C to support the immune system. Stressful situations at home or work, drugs taken to combat ill and chills, polluted air, the birth control pill, smoking and drinking alcohol are just a few things which can increase your body's demand for extra vitamin C. The human body cannot synthesise Vitamin C; it must be obtained from diet or supplementation. It is a water-soluble vitamin which means that it is lost very easily from the body and requires topping up daily.

Checklist – you may need extra vitamin C if

- You have been exposed to physical stress on the body such as burns fractures and operations
- You smoke – each cigarette destroys on average 25mg of Vitamin C
- You are menstruating – menstruation causes a regular loss of iron in women of all ages (Vitamin C is essential for the assimilation of iron)
- You are taking medications – birth control pills and Aspirin deplete the tissue of Vitamin C

## MNZ ANNUAL MEETING



### 72<sup>nd</sup> ANNUAL MEETING

to be held at the  
**BRENTWOOD HOTEL, WELLINGTON**

Sunday 25<sup>th</sup> June 2017

The Annual Meeting is a One-Day-Meeting and will commence at 10am with Morning Tea on arrival, Welcome at 10.30am and will conclude at 4pm.

### NOTICE OF MOTION-REMITs, GENERAL BUSINESS & NOMINATIONS

Notice of Motions (Constitution), General Business and Nominations for the MNZ President & Board Member closed on 30<sup>th</sup> April

### AGENDA

Will be circulated late May to all registered Delegates and Observers and to MNZ Life Members on request

### REGISTRATION

Early bird registration of \$50

## Blast from the Past

### QUICK MARCH 1954

Items for the Annual General Meeting 1954

- There was no discussion on a remit from Auckland that - a three-inch shorter pace in the slow march than in the quick march apply to juniors. It was carried.
- A Waikato remit concerning uniformity of judge's sheets was amended and carried as a resolution that the Dominion Chief Judge should submit pro forma judge sheets to Centres for them to copy for the use of their own judges
- On the motion of the South Canterbury Centre – that a position inside the enclosure be set aside for instructors and chaperons of competing teams, such position to be selected by the Chief Judge. No person other than officials directly required (i.e. judges, marshals, timekeepers, pace-counters, ambulance, and bandsmen) to be permitted inside the enclosure except at the direct request or invitation of the Chief Judge, who shall have complete control of the contest.
- A decision based on a Wanganui remit which was amended was that no member of a senior team who has any connection with a junior team competing be allowed to judge junior teams at Island or National Championships
- On the motion of Nelson Centre, it was decided to elect a senior vice –president, who shall be a president-elect. Nelson's object was to give the president-elect a years' experience before assuming the national office.
- A Wanganui remit passed was that Centres holding Island or National Championships be allowed to appoint their own announcer for broadcasting if they so desire.
- Among the defeated remits were three from Wanganui which were for two pace judges to march with the teams, another sought the replacement of discs by flags, and the third sought the adoption of the March Plan in future for two consecutive seasons.

What you want around a boardroom table is an array of perspectives relevant to the business to guide the board. If you had people around the table all with the same background, you might as well have only one person.

(John Palmer, Chair, Air New Zealand)

*`Change is not made without inconvenience, even from worst to better` – Samuel Johnson*