# **LEWSLETTER**

#### March 2017

From the Desk of the **Chief Executive Officer** 

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### Technical Memo's

Nil



### **乙** Coming up

- **Association Championships**
- NZ Championships
- Closing Days
- Easter





# **OUT 'n ABOUT**

Marching has been out n about in

**Southland** when Blue Jay Stars marched at the Edendale Crank-Up. There seems to be not a lot of teams that couldn't do it this year. It is quite a tricky time of the year with it still being the holidays; but well done to this team for doing it.

Still looking for accommodation in Invercargill for the NZ Championships contact Lorneville lodge



There is no 'I' in Team, but we sure are glad there is 'u' in Volunteer.

THANK YOU - THANK YOU - THANK YOU



### THANK A SPORT MAKER

Nominate a sports volunteer to win \$2,000 worth of sports gear

THANK YOU - THANK YOU - THANK YOU

#### **KIDS CORNER**

Marching Molly

Hi Marching Friends,

Back at school now, and already have got some homework projects. One is on Butterflies – the White Butterfly, which is causing a problem for our gardens and I have seen them in Dad's vegie garden already. Next week is school sports day and I have chosen swim sports instead of athletics or ball sports. We started marching practice last night and our Coach was very pleased with us so that was good. We did a little on the basics and all passed the test and could move onto display. I like display best; it is such fun. My friends Riley and Lacy both came along to practice and joined in the basics training. They think they will both join marching. I am so excited they are going to be in my marching team. Hope you have fun with your friends at marching too. 

#### MARCHING WORD FIND

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E	R	A
O	Ν	Ε

ANSWER NEXT MONTH ANSWER LAST MONTH –ACCESSORY

Obstacles are things a person sees when he takes his eyes off the goal.



Marching New Zealand is very grateful to SPORT NEW ZEALAND for their continued investment in our sport To everyone having birthday in March



March Birthstone is Aquamarine - The serenely colored aquamarine invokes the tranquility of its namesake, the sea. In fact, the name aquamarine is derived from the Latin word aqua, meaning water, and marina, meaning the sea. Aquamarine is most often light in tone and ranges from greenish blue to blue-green; the color usually is more intense in larger stones, and darker blue stones are very valuable. This gemstone was believed to protect sailors, as well as to guarantee a safe voyage. The serene blue or blue-green color of aquamarine is said to cool the temper, allowing the wearer to remain calm and levelheaded. In the Middle Ages, many believed that the simple act of wearing aquamarine was a literal antidote to poisoning. The Romans believed that if you carved a frog into a piece of aquamarine jewelry, it would help to reconcile differences between enemies and make new friends. Other historical groups took this lore even further, using aquamarine as gifts to the bride at a wedding in order to symbolize long unity and love. Some even believed it could re-awaken love between two people. Many ancient medicines used powder from aquamarine to help cure all manner of infection, but it was said to be particularly good for eye ailments and also considered to be a great addition to mental health



The 5<sup>th</sup> March 2017 is Children's Day. Join in the fun and do something special for the young people on this national day! Children's Day – Te Ra O Te Tamariki, provides New Zealanders with an opportunity to give time to children. Children's Day has been running since the early 2000's and is on the first Sunday of March each year. Hundreds of events happen all over the country, some big and some small. Children's Day is about treasuring our children, including:

- Giving time
- Praising and encouraging
- · Listening and talking
- · Sharing Love and affection
- Exploring new experiences

CELEBRATE CHILDREN'S DAY

### Volunteer for February

### **Marching Southland**

Thanks to Robyn, Carla and all members of the Organising Committee + the Volunteers for all the efforts into preparing for the NZ Championships to be held in Invercargill.

Good Luck to all the marchers taking timeout to do the



Otago – Dunedin 5<sup>th</sup> March Nelson – Nelson 12<sup>th</sup> March Wellington – Hutt City 16<sup>th</sup> March Wellington – Kilbirnie 19<sup>th</sup> March Auckland – Hibiscus Coast 29<sup>th</sup> March



# **CHAMPIONSHIPS**

Wellington 5th Mar Wellington Auckland 5th Mar Auckland Otago 5th Mar Dunedin Waikato 11th Mar Hamilton 11th Mar NΖ Invercargill 12th Mar NΖ Invercargill





# Idea

Invite the nearest SCHOOL to attend your CLOSING DAY COMPETITION

where your TEAMS can present displays and show off their Championship Medals and share season experiences and highlights. Add some fun game challenges like Cricket and Softball where everyone can join in.

#### **TECHNICAL CORNER**



Emails in February .... Nil

### Coaches' Code of Ethics

- Respect the rights, dignity and worth of every individual athlete as a human being
- 2. Maintain high standards of integrity
- 3. Be a positive role model for your sport and athletes and act in a way that projects a positive image of coaching
- 4. Professional responsibilities
- 5. Make a commitment to providing a quality service to your athletes
- 6. Provide a safe environment for training and competition
- 7. Protect your athletes from any form of personal abuse

# **New Zealand Coach Magazine**

Read online at

www.sportnz.org.nz/get-into-sport/coaching-guide

# BOUNDARY VIEW

February 2017



Contact your Chief Judge for your copy of the Judge Newsletter if it has not arrived in your email In-Box.

Congratulations are due to
Cheryl Hill, from Marching
Southland who recently qualified in
the Display section and
Kevin Gray from Marching
Wellington who has re-qualified in
the Tech D position. Well done
Cheryl and Kevin.

# Volunteer Management

Where do you find your Volunteers?

- Organised Volunteer schemes
- Past and Present Membership
- New Members via Information Kits on Club Volunteering
- Letter of invite to existing members
- Approach Leisure Teams
- Approach Golden Oldie/Senior Citizen Clubs
- Promote your Club at retirement organisations
- Offer younger members the chance to Volunteer
- · Implement a mentoring scheme
- · 'Bring a Friend' social events
- Organise recruitment drives
- Community Notices
- Advertise on Club Facebook or web-site
- Promote your Club at Secondary Schools
- Approach Tertiary Institutions who require their students to complete a practical component within their course
- Talk to Service Clubs and other Sports Clubs

If your Club can create an atmosphere where everybody works together for the common good of the Club and its members, then your Volunteers are going to be happier, more willing to help and will enjoy being involved.

# **HEALTH TIP**

**AUTUMN IMMUNITY** In summer, our physiology can tolerate a few lifestyle mistakes, but when temperatures fluctuate and seasons changes, the body is prone to imbalance. This is why colds, flu and other illnesses, spread so easily during autumn and spring.

It is important to ramp up health for, and during autumn, because it is the last chance to prepare the body for the demands of winter. In cold months, we use a lot of energy keeping warm. Bacteria and viruses are rampant in heated and unventilated indoor environments, so we need all our reserves and a fully functioning immune system.

We are each unique on the cast spectrum of health. Some people are naturally blessed with healthy genes, while others need to work hard at it, However, one thing is certain - we all detest being sick! Putting some effort into preventive health and making lifestyle adjustments, means that you positively impact your heath.



QUICK MARCH #112 - September 1960

#### **Finances of Major Contests**

A decision to pay a subsidy of £20 next season to Centres conducting national/island championship contests, providing all the usual conditions were observed, was made by the Dominion Executive at its August meeting. Last season the subsidy was £25. The annual report of the Association gave details of the results of last season's contest, in the following terms over the signature of the National President, Mrs Norma Mangos.

For the first time, these events were conducted under the revised financial arrangements which appeared to prove satisfactory. All organising Centres were paid the £25 subsidy by the Executive although in some cases there was not complete compliance with the Conditions governing the conduct of national and island championships. The financial results were as follows –

NZ Senior Championships (West Coast, SI Centre) Profit £25/3/8 and NZ Junior Championships (Auckland Centre) Loss £2/12/4
North Island Senior Championships (Dominion Executive) Loss £2/16/1 & North Island Junior/Midget Championships (Waikato Centre) Profit £11/4/3
South Island Senior Championships (Otago Centre) Loss £2/17/7 & South Island Junior/Midget Championships (Otago Centre) Profit £39/9/8

Owing to the reluctance on the part of Centres to apply for the North Island Senior championships, this event had to be conducted by the Dominion Executive and for a similar reason, both the South Island Senior and South Junior/Midget championships had to be conducted by the Otego Centre. This reluctance on the part of Centres to apply for these important events is a little difficult to understand especially in view of the new favourable financial arrangements. In my view, the holding of a NZ or Island Championships is most beneficial to ta Centre as it cannot but provide a wonderful stimulus to the sport as well as to the personnel of the Centre, I would like to see keen competition for these events and I am confident that every Centre is capable for organising them with great efficiency and enthusiasm".

Real difficulties can be overcome. It is only the imaginary ones that are unconquerable.



# Calendar of Events

#### March

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4	Competition	Waikato
4	Competition	Nelson
4	Trophy Day	Canterbury
5	Championships	Auckland
5	Championships	Wellington
5	Championships	Otago
11	Championships	Waikato
17	NZ Champs Qualifying	Invercargill
18	NZ Championships	Invercargill
26	Closing Day	Southland



#### NZ MARCHING CHAMPIONSHIP

2017 in Southland

@ SIT Zero Fees Velodrome

2018 in Waikato

@ Mystery Creek,

2019 in ????????

Associations are invited to make application to host the 2018 NZ Marching Championships as outlined in Rule of Participation NZC1-2. All applications are to reach the CEO no later than 30<sup>th</sup> April 2017 for consideration at the May Board meeting.

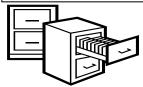
#### **BOARD APPOINTMENTS**

As per Rule of Participation A7.4 applications in writing close with the CEO on 30<sup>th</sup> April 2017 for the following Board Appointments.

Technical Manager
Judging Accreditor
Marketing Co-ordinator
Trophy Custodian
Publications/Merchandising Co-ordinator
Social Media Administrator

All applications will be considered by the Board at the Board Meeting on 5th/6th May. The term of appointment is for 12 months, effective 1st July 2017 except for the Technical Manager which will be a term of 3years effective 1st July 2017. For a copy of the Job Profile of any position contact your local Association Secretary or available in printable format on the MNZ website.

#### MNZ ANNUAL MEETING



# 72<sup>nd</sup> ANNUAL MEETING to be held at the

### **BRENTWOOD HOTEL, WELLINGTON**

Sunday 25th June 2017

The Annual Meeting is a <u>One-Day-Meeting</u> and will commence at 10am with Morning Tea on arrival, Welcome at 10.30am and conclude at 4pm.

#### NOTICE OF MOTIONS-REMITS

This Annual Meeting, being the 'every second' year, is the first Annual Meeting not to submit remits to change Policies or Rules of Participation. (Rule 7.1) Remits for changes to the Constitution only will be submitted to the Annual Meeting.

Does your Association have any proposed changes to the Marching New Zealand Constitution? Notice of Motions to be presented to the Annual Meeting must be received by the CEO no later than the 30<sup>th</sup> April 2017 and must be endorsed at an Association meeting first.

#### ITEMS FOR GENERAL BUSINESS

Does your Association have any item to be included for discussion in General Business? All items to be to the CEO no later than 30<sup>th</sup> April 2017

#### NOMINATIONS FOR BOARD

Nominations required for the position of President (Rule 5.3.2 Commencing with the Annual Meeting in year 2017, the President shall retire after four consecutive years in office) and One Board Member (Rule 5.3.2 Commencing with the Annual Meeting in year 2016, one (1) of the existing elected Board Members (other than the President) (together with any replacement Board Member) shall retire by rotation at each Annual Meeting. Election shall be for a period of three (3) years.

A précis penned by your nominee must be included with the nomination and be received by the CEO no later than 30<sup>th</sup> April 2017

#### **REGISTRATION**

Early bird registration of \$50

#### MNZ SERVICE AWARD

Congratulations Dianne Cox (Marching Canterbury) who was presented with her MNZ Long Service Award at a local competition recently.

# ASSOCIATION NOTES.....



#### What is decision fatigue?

Decision fatigue is responsible for increasingly poor choices, indecision and even complete decision avoidance as the day progresses. One of the consequences of decision fatigue is a reduction in our ability to resist impulses. Decision fatigue is likely to be something all of us experience from time to time. However, there is a variety of ways to reduce this risk to Committee performance.

Content of the Agenda – Most Committees will find that they deal with some matters imply out of habit or because of lack of planning how they will most productively spend their time. Agenda typically contain more items than the Committee can process in a considered way. Items to which the Committee cannot add value consume valuable time as well as energy. Few Committees that take a hard look at how they spend their time o not find opportunities to apply some 3-D thinking – DEFER, DELEGATE, DITCH. Wherever possible Committees should decide ahead of time (say for the next 6-12month period) on the topics that most deserve their attention.

Structure of Agenda – Decision fatigue or not, the most important items on the agenda should be dealt with first. The normal pressure to close the meeting at an agreed time makes Committees particularly vulnerable to the danger of making poor judgments towards the end of the meeting, a decision they would never have agreed to had it been proposed earlier in the meeting.

Quality of information – Committees rely heavily on the quality of information they receive. Committee Members consume too much meeting time floundering around because their papers do not clearly explain what is proposed or monitoring reports do not highlight what is significant. Committee members should not need to go 'mining' for the information that is central to their responsibilities. Fatigue can set in even before the meeting starts because Committee Members have been forced to deal with lengthy and unduly dense preparatory material.

Meeting process management – An increased awareness of the Committees vulnerability to decision fatigue is particularly important to the Chair. The Chair must pay attention to Committee Members energy and attention levels – even at the start of the meeting - and be ready to defer important decisions if these seem low. Decisions are better not made if there is a high probability they will be poorly considered and subsequently vulnerable to a lack of commitment and possible reiteration.

Access to food and refreshments – It is not always possible for Committees to schedule their meetings early in the day. When Committees build access to food into the meeting process, it can have other benefits as well. For example, sharing food before a meeting creates an opportunity for Committee Members to re-engage with each other before getting down to business.

# **NZ CHAMPIONSHIPS**

2017 NZ CHAMPIONSHIPS hosted by Marching Southland



Thursday/Saturday 16/18 March 2017

CHAMPIONSHIP VENUE
SIT Zero Fees Velodrome



**ILT Stadium Invercargill** 

Homesteadvilla

Motel
Dee Street, Invercargill

#### **MARCHING FORMAT -**

Qualifying March is 'March n Go' and Coach/Judge Interviews to ask clarifying questions only, will be held at the conclusion of the Qualifying March morning and afternoon sessions (MNZ Rule of Participation NZC13-1). At the conclusion of Coach/Judge interviews, a copy of the Contest Draw for the Team Championship, Plate or Bowl March will be available from the Director of Coaching. Results from the Qualifying March will determine allocation into the Championship, Plate or Bowl March (MNZ Rule of Participation NZC3-4)



All Marching is indoors on a carpet laid floor.

#### **Timetable**

Thursday 16<sup>th</sup> March – Official Opening @3pm Welcome, Official Opening and Pre-Contest Meeting at the venue

Friday 17<sup>th</sup> March - Qualifying March @9.30am All grades -Under 12, Masters, Under 16, Senior,

Saturday 18<sup>th</sup> March - Plate March @9.30am Championship March@2.30pm

Plate March (if applicable)-Championship March for All Grades –Under12, Masters, Under16, Senior followed by Presentation of Awards, Parade of Champions and Flag Ceremony

# FREE ADMISSION TO THE VENUE FOR ALL TEAMS AND SPECTATORS

**Souvenir List** and **Order Form** have been circulated, also available on the MNZ website

### **CONGRATULATIONS**

Judging Panel for NZ Championships to be held in Southland in March

Compliance Deirdre Fairlie (Southland)
Technical A Sue Stenning (Southland)
Technical B Kaylene Mokotupu (Canterbury)

Dianne Cox (Canterbury)

Technical C Nikki Rillstone (Nelson) Vicky Law (Canterbury)

Technical D Sue Cornelius (Nelson)

Katherine Simonsen (Ótago)

Display Victoria Kingsley-Holmes(Otago)

Bob Gibbison (Wellington) Brenda Potter (Waikato)

Grades applicable to Judges will be advised at a later date

U/12-U/16-Senior-Masters

# **TEAMS MANAGERS**

please CANCEL any accommodation you have previously booked and is now not required for the NZ Championships in Invercargill.

#### **GOOD LUCK**

to everyone participating at the NZ CHAMPIONSHIPS

Champions do not become champions when they win the event, but in the hours, weeks, months and years they spend preparing for it.

The victorious performance itself is merely the demonstration of their championship character.



### **LOST & FOUND**

LOST - Marching Waikato bought a complete set of 24 gold trophies a few years back for the N.A.M.E. competition only. BUT, this year only have about 12 of these. Despite emails around North Island Coaches that have been to N.A.M.E. events over the years they all say they don't have them. So, where are they? Team Coaches, PLEASE, ask Team Management and Marchers to look in the garage, under the stairs, under the bed, hallway cupboard. Association Secretaries check into the assets of recessed Teams. Any queries contact Marching Waikato waikato@marching.co.nz

## **BUY-SELL-EXCHANGE**

End of season fast approaching, if your Team is wanting to buy, sell or exchange send details (including a Team contact) to the CEO <a href="mailto:ceo@marching.co.nz">ceo@marching.co.nz</a> for inclusion in the April Newsletter.