

NEWSLETTER

July 2017

From the Desk of the
Chief Executive Officer

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Technical Memo's

- ◆ Nil



Coming up

- ◆ Coach Workshop
- ◆ Association Annual Meeting
- ◆ Board & TWP Meeting



**SPORT
NEW ZEALAND**

MARCHING NEW ZEALAND

MNZ SERVICE AWARDS

presented at the MNZ Annual Meeting

10 year
SERVICE Badge & Certificate

Stacey Sime
(Hawke's Bay)

30 year
EXTENDED LONG SERVICE Certificate

Colleen Brooking
(Wellington)
Len Foster
(Wellington)

Congratulations Marching Canterbury

host Association for the 2019

NZ MARCHING CHAMPIONSHIPS
(Under 12, Under 16, Senior & Masters Grades)

Horncastle Arena, Christchurch
14th - 15th - 16th March 2019

KIDS CORNER

Marching Molly



Hi Everyone,
 School holidays soon and we are going to have a marching day for our Team. It is a bring a friend day and Anna is my new friend. She has never marched before but is real sporty. She plays netball and does cross country running in the winter and swimming, athletics and last year did softball in the summer and this year thinks she would like to do marching. I hope she does because she is a cool friend. I will tell you all about our marching day next month.
 This Saturday is the last game of netball before the holidays and our Team Mystics Blue have to play the top team who have not lost a game all season so they are really, really good. It will be fun and our Coach says to just play our best and to enjoy the game. We have been getting better each game and have now won 6 games. I hope you have a good holiday. Molly

MARCHING WORDFIND

A	D	E
E	G	L
R	T	U

ANSWER NEXT MONTH
 ANSWER FOR MAY – WORKSHOP

To everyone having birthdays in July



SHARED SUBSCRIPTION

This season those members who introduced a friend under the shared subscription incentive last season will have 50% of their membership refunded IF they and the friend they introduced both register for the coming season. If you want to be part of the Shared Subscription incentive, 'introduce a friend' to marching. How it works; where an existing Marching NZ member introduces someone new in to the Sport of Marching, and that that person is a full paying member, Marching NZ, through the Association Membership Privacy Officers, refund 50% of their Marching NZ subscription in the following year. This is to be conditional upon both the existing and new member renewing after one year. A full paying member is represented by way of an individual registration other than as an Associate Member, and the 50% discount is to apply to the type of membership paid in year one. A members discount is limited to 50% only regardless of the number of new members introduced.



**SPORT
 NEW ZEALAND**

*Marching New Zealand is very grateful to
 SPORT NEW ZEALAND
 for their continued investment in our sport*

PREVENTING BULLYING

Bullying is everywhere... and it's our responsibility to deal with it. Bullying prevention approaches may look different in each school, since they need to align with the values, goals and priorities of each school and their community. But, in the end, they all need to achieve the same thing - every student can come to school unafraid and ready to reach their full potential. For more information and tools go to www.bullyingfree.nz





THANK YOU

to all our volunteers

MNZ BOARD APPOINTMENTS

At the May Board Meeting the following appointments were made (effective 1st July 2017)

Technical Manager; Barbara Newman (Canterbury)
 Director of Coaching; Colleen Brooking (Wellington) *
 Director of Judging; Jan Hoad (Otago) *
 Judging Accreditor; Sue Stenning (Southland)
 Trophy Custodian; Sherryn Wells (Auckland)
 Publication/Merchandise; Diane Burton (Canterbury)
 Social Media; Diane Burton (Canterbury)

(* 2nd and 3rd year respectively of three-year term)



Calendar of Events

July	
3	Association Annual Meeting Otago
5	Association Annual Meeting Southland
8/9	Coach Workshop Wellington
30	Association Annual Meeting Auckland
30	Association Annual Meeting Hawke's Bay
31	Association Annual Meeting Marlborough
August	
4/5	Board/TWP Meeting Wellington

VOLUNTEERS FOR JUNE

Committee Members Marching Wellington

Big thank you to those on the Committee in Wellington particular Len Foster - Ground Marker, also his Team of helpers each week, Anne Burtor our Chief Recorder, Claire Burton Coaching Co-ordinator and Fionna McKendry whom all have done a great job this season keeping things updated and done at each competition. Dianne Bond whom has helped once again with the training of our new Judges. Without your assistance Wellington would not have been able to run their competitions this season.

Diane Burton Marching Canterbury

Di has done a great job this season as the Membership Officer and has also taken on our new role as Competition Secretary. She has spent many hours getting our Membership database up to date and so far, it is looking in pretty good order. Di is a valued member of our Committee and helps where ever she can to make sure it is running smoothly. Thank you Di, for the work you have done so far this season.

Irene Shanks Marching Southland

After 23years as Marching Southland Chief Recorder Irene as chosen to stand-down. Irene's many skills and knowledge saw the Recording Room run smoothly at each competition. Always willing to train others, Irene had much patience with the many helpers, welcoming them with a bowl of chocolates and lollies to snack on as they worked. Irene would 'keep an eye out' ensuring the helpers always got to see their march. Irene, and her husband Charles, enabled Marching Southland to hold competitions and store our equipment at the Rugby Club that they are both stalwarts of. Marching Southland came to think of Collegiate as our 'home ground'. Marching Southland thank you Irene so very much for all that you have done for marching. You leave very big shoes to fill and will be sorely missed

THANK YOU – THANK YOU



THANK YOU – THANK YOU

HEALTH TIP

The Downside to SLEEP DEPRIVATION

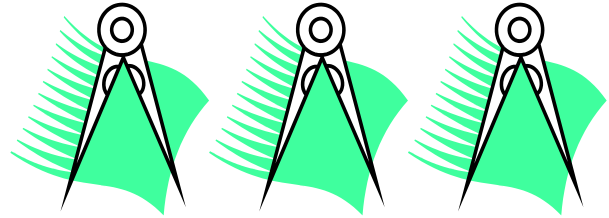
- ✓ Poor mental and physical appearance
- ✓ Risk of health and safety
- ✓ Less growth and repair
- ✓ Daytime drowsiness
- ✓ Lack of concentration
- ✓ Moodiness and irritability
- ✓ Forgetfulness and confusion
- ✓ Lower level of productivity
- ✓ Potential weight gain
- ✓ Poor judgment
- ✓ Lowered immunity
- ✓ Falling asleep standing up or hallucinations (in extreme cases)

If you haven't been sleeping well there could be many reasons as to why. Shift work, consuming substances like alcohol, caffeine, heavy or sugary foods close to bedtime, stress, or an uncomfortable sleeping environment are some factors that can impact your sleep. Technology can also affect how you sleep, as exposure to bright lights, alerting effects and exciting content, all before bedtime and with no clear end time, is a huge factor for many people.

Sleep is crucial for overall wellness. Without sleep, your body cannot function properly. Along with putting into place good sleep habits to aid a good night's sleep, like relaxation technique, keeping electronic devices out of the bedroom can help.

Opportunities are usually disguised as HARD WORK, so most people don't recognise them.

Coaching is all about having someone believe in you and encourage you, about getting valuable feedback, about seeing things from new perspectives and setting your sights on new horizons.



TECHNICAL CORNER

New Zealand Coach Magazine

Read online at

www.sportnz.org.nz/get-into-sport/coaching-guide

JUDGES TRAINING KIT

a new resource for judges contains DVD's and a folder of judging sheets. Both new and experienced judges will benefit and should contact their Chief Judge for more information.



COACH WORKSHOP

To be held at the Brentwood Hotel in Wellington, 8/9 July. Timetable and Information will be circulated by the Technical Manager.

Coaching
is the universal language of
Change and Learning

Technical Drills will be released on 1st July and available from the website



COACHING as a career

Some frequently asked questions



- Who do I contact to become a Coach?
- How old do I have to be before I can become a Coach?
- Can a Marcher be a Coach too?
- Can I Coach beside an experienced Coach first?
- If I am a Judge can I also be a Coach?
- Who do I contact to do the accreditation exam?
- How can I up-skill and update my current accreditation?
- I have Coaching Level One is there Level Two?
- Can you tell me what coaching courses or workshops are coming up this year?
- I am interested in furthering my coaching accreditation; can you suggest any courses or ongoing education that I could undertake?
- When and where do I do the accreditation course?
- Does the Regional Sports Trust have courses for coaching?
- Can I start coaching before doing accreditation courses?
- How much does it cost to become a coach?

For the answers – contact the Association Coaching Co-ordinator or any Team coach in your area

JUDGING as a career

Some frequently asked questions ...



- Who do I contact to become a Judge?
- How old do I have to be before I can judge?
- Can I still be a marcher and a judge at the same time?
- Can I be a Judge for my Association only?
- How much does it cost to become a Judge?
- Do I need to buy a Judges Uniform?
- Where can I get a uniform from?
- Who do I contact to do the accreditation exam?
- When and where are the accreditation exam?
- How can I update my current accreditation?
- I am interested in furthering my judging accreditation; can you suggest any courses or ongoing education that I could undertake?
- Can you tell me what judging courses or workshops are coming up this year?
- Is there a Judges Manual?

For the answers – contact the Association Chief Judge or any member of the local Judging Panel

ASSOCIATION NOTES.....



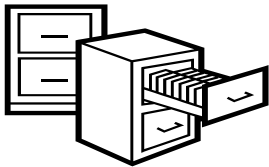
NEW TEAM. Has your Association 'heard' about a new team in the area? Has someone 'seen' a face book comment about a new team forming? Yes, the signs are out there of new teams for the new season BUT Association Secretaries and Committee Members must be alert to these opportunities and MUST ensure all 'interest' is followed through. Association Committees will be being proactive planning strategies and initiatives to form new Teams and existing Clubs and Teams can assist by being proactive too. Where will the Under 12 Team get its new marchers? Where will the Senior Team get those two marchers to march a full squad? Where will the Team find marchers ready and skilled in marching techniques, drills and jargon - from feeder teams, Introductory marchers progressing to U/12 and U/16 marchers moving to Senior. Every Team can help the Association form new Teams by forming a 'feeder Team' to provide the necessary 'feeding' of marchers upwards.



National Marching Week Objective –
The major objective of Marching Week 1983 is AWARENESS. We want to create a greater public awareness and interest in the sport of marching, and a more positive image in the public mind. In particular, we want to reach out to new groups of people with whom we've had little contact in the past. We want THEM to see marching and to learn something about our sport. Theme – The theme to connect the Marching Week programmes throughout New Zealand and 'SHOW A FLAG'. It might be the NZ Flag.... or your city flag, or provincial emblems.... or your own marching colours. The idea is to brighten up our public displays with some flag routines... big flags, little flags... show of flags by marching teams ...patterns of flags and flag drills... SHOW A FLAG



MNZ ANNUAL MEETING



72nd ANNUAL MEETING

In brief

- Meeting was held in the Kauri 3 /4 Room at the Brentwood Hotel, Wellington with 50 attendees
- Was One Day meeting and the first for only remits to change the Constitution
- Board elections – President, Mr John Lloyd and Board Member, Mrs Vicky Law
- 2 remits to change rules to the Constitution were submitted and both were carried
- Remits –
 - ✓ Yes, for the term of election for Board Members to change from 3 to 4 years
 - ✓ Yes, for retiring Board Members to be eligible for nomination for election after a two year lapse.
- BDO of Christchurch were appointed Auditor
- Hamish Walker of Izard Western of Wellington was appointed Honorary Solicitor
- No increase in subscriptions same as last year
 - Under 12 Grade marchers - \$64
 - Under 16, Senior, Masters & Individuals - \$96
 - Individual Associate Members - \$7
 - Marchers & Officials of Introductory Grade - \$19
 - Marchers & Officials of Open Free Choice - \$19
- 2019 NZ Championships to be hosted by Marching Canterbury indoors at the Horncastle Arena in Christchurch on 14/15/16 March 2019
- 2018 NZ Championships to be hosted by Marching Waikato indoors at Mystery Creek Events Centre in Hamilton on 15/16/17 March 2018
- CEO presented the report from the Group for Change to which the Delegates from every Association pledged support.
- 18 items for General Business discussion
 - * On-line Registration Process to be investigated that is user friendly and allows members to register quickly.
 - * Police /Conviction Checks supported and the Board to establish a Policy.
 - * NZ Championships, Board to consider distance and accessibility of Teams when allocating to Host Associations, to also consider seating arrangements for competing Teams and that the results of Plate March be advised on website after the presentation of awards.
 - * Governance and Operational Structure of Marching New Zealand to be reviewed along with the role of the CEO.
 - * Registration of Open Free Choice Grade be a Team registration and not individual to be considered by Board

- * Board Member conflict of interests, Annual Meeting supports and trusts elected members to act appropriately despite any conflict.
- * Future of Masters Grade covered under Matters Arising and left for Marching Canterbury to progress with remits next year.
- * Association Chief Judge role and recruitment for Judging Panels for the TWP to share success stories such as Marching Wellington and to review the role description for Chief Judge.
- * Workshop schedule for Coaches to be reviewed, specifically the long time since a National Coaches Workshop.
- * Marcher eligibility to compete at NZ Championships is a Coach ethic issue though Board currently reviewing the Registration Paper and will consider if/how it may be covered.
- * NZ Championships be aggregated over the two marches not supported.
- * Masters Grade have a lesser entry fee at NZ Championships (they march only two phases not three and less movements) not supported.
- * Winners of Plate March eligible to march in Championship March at NZ Championships for Marching Canterbury to progress with remits to next Annual Meeting.
- * Uniform Awards being introduced was not supported.
- * Where are our Displays heading to be addressed by TWP adding to criteria detail to eliminate inappropriate actions, movements and music.
- * Technical Drill changes rotation for new routines need to be more often to be considered by the TWP.
- * Numbers behind seats permitted under criteria, maybe not ethical, TWP looking at how it can be managed.
- * Display all Grades increasing number of marchers from 14 to 16 was not supported.

MNZ BOARD

President	Mr John Lloyd, Wellington
Director of Finance	Mr Craig Rhodes, Canterbury
Board Members	Mrs Karen Bedingfield Waikato
	Mrs Shona French, Otago
	Mrs Vicky Law, Canterbury
	Mr David Miller, Wellington

SERVICE AWARDS

Presented at the meeting to

Service Badge & Certificate (10years)

- * Mrs Stacey Sime, Hawke's Bay

Extended Long Service Certificate (30years)

- * Mrs Colleen Brooking, Wellington
- * Mr Len Foster, Wellington

MEMBERSHIP – congratulations to
Marching Wellington, MNZ Membership Trophy
Marching Canterbury, top Association for retention
Marching Wellington top Association for recruitment
Marching Wellington, greatest increase in teams