

NEWSLETTER

January 2017

From the Desk of the
Chief Executive Officer

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- ◆ Entry Close for NZ Champs
- ◆ Waitangi Day
- ◆ Association Championships
- ◆ NZ Championships



**SPORT
NEW ZEALAND**

MARCHING NEW ZEALAND



Hope you all had a great Christmas, a fantastic holiday season and the New Year was a blast.

Good luck if you made some New Year resolutions and all the best for a brilliant year in health and happiness.

Festive season behind us it is now back to Team practices, Association Committee Meetings, Championships, Judges Training.



KIDS CORNER

Marching Molly



Hi Marching Friends,
 Happy New Year everyone, now I have to remember to write the date correct and use 2017. I bet I forget and still write 2016 when we go back to school. Our Team is on holiday but I still do some of my drill practices at home. I have a pace ladder painted on the pathway at home and I sometimes practice then go with my friends to Riley's house and swim in her pool. Lacey and Riley don't march in a Team but they love practicing the pace ladder with me. Lacey says she might march next year. My Coach says they can come along to our practice anytime they like and join in so Lacey might come when we start practices again in 2 weeks time. We have been having lots of swims and chilling out at the park too. I hope you are enjoying your holidays and having fun too
 +++++
 To everyone having birthday in January



A birthday is an occasion when a person or institution celebrates the anniversary of their birth. Birthdays are celebrated in numerous cultures, often with a gift, party, or rite of passage. Many religions celebrate the birth of their founders with special holidays (e.g. Christmas, Buddha's Birthday). There is a distinction between birth**day** and birth**date**: The former, other than February 29, occurs each year (e.g. May 11), while the latter is the exact date a person was born (e.g. May 11, 1998).



**SPORT
 NEW ZEALAND**

*Marching New Zealand is very grateful to
 SPORT NEW ZEALAND
 for their continued investment in our sport*

MARCHING WORD FIND

M	A	R
M	T	I
K	E	S

ANSWER NEXT MONTH
 ANSWER LAST MONTH –MERRYXMAS

~~~~~  
**THANK YOU**  
 to all our volunteers

THANK YOU – THANK YOU – THANK YOU

### Volunteer for December

#### VOLUNTEERS

Marching Waikato & Marching Nelson

Thank you to all the Volunteers who assisted the Host Associations for the Island Championships conduct and deliver a great marching experience for the participants and the spectators.

#### VOLUNTEER

**Ground Markers, Recording Room.**

**Sausage Sizzle**

Marching Wellington

Marching Wellington would like to nominate the numerous people who have this season helped out in all areas of our sport in Wellington. The season to date they have not had to ask on the day for help and have had parents, supporters etc turn up on time ready to offer their assistance. It has certainly made the running of the competitions a lot easier for the Association Secretary who would like to make a special mention to the St Johns Youth Group whom have been to 3 of the competitions to help in the Recording Room.

## TECHNICAL CORNER



### Emails ....

- 24<sup>th</sup> Dec – Judging Panels for NZ Championships

## New Zealand Coach Magazine

Read online at

[www.sportnz.org.nz/get-into-sport/coaching-guide](http://www.sportnz.org.nz/get-into-sport/coaching-guide)

## JUDGES TRAINING KIT

a new resource for judges contains DVD's and a folder of judging sheets. Both new and experienced judges will benefit and should contact their Chief Judge for more information.



## Judge Group Advisors

Technical A - Sue Stenning  
Technical B - Kaylene Mokotupu  
Technical C - Vicky Law  
Technical D - Sue Cornelius  
Display – Viki Kingsley-Holmes

## Coaches' Code of Ethics

1. Respect the rights, dignity and worth of every individual athlete as a human being
2. Maintain high standards of integrity
3. Be a positive role model for your sport and athletes and act in a way that projects a positive image of coaching
4. Professional responsibilities
5. Make a commitment to providing a quality service to your athletes
6. Provide a safe environment for training and competition
7. Protect your athletes from any form of personal abuse

## Judge Uniform

Judges uniform order form available from your Association Chief Judge

|                          |         |
|--------------------------|---------|
| Polo Shirt               | \$30.00 |
| Reversible Vest          | \$54.50 |
| Jacket                   | \$61.00 |
| Track pants              | \$38.50 |
| Ladies ¾ sleeve Blouse   | \$46.00 |
| Men's short sleeve shirt | \$45.00 |

## RISK MANAGEMENT

Highlighting the risks is a vital part of competition planning and crucial for the competition plan.

You should anticipate the risks and give thought to how they could be overcome, or at least indicate actions as to how to minimise their effect

1. Time to look at the RISK MANAGEMENT check list for your competitions
2. Time also to check the validity of officials FIRST AID CERTIFICATES

## Congratulations Coaches Level One Accreditation

Pagen Chalken – Canterbury  
Tracey Gillman – Canterbury  
Kim Coley – Taranaki  
Jaen Bosch – Auckland  
Ngapi Coffin – Waikato  
Ngatai Toopi – Taranaki  
Rebecca Haupapa - Taranaki

## CONGRATULATIONS

Qualified Judges

Compliance Judge (Discs)

Connie Shepherd - Waikato  
Stacey Hogg – Canterbury

National Qualified Judges

Technical B

Kaylene Mokotupu – Canterbury

Display

Donna Hayes-Cox – Otago  
Maryan Zentveld – Taranaki

# Volunteer Management

Know your Volunteers and their needs and expectations.

RECRUITMENT – the process of attracting new Volunteers to your Club/Organisation,  
SELECTION/SCREENING – making sure you appoint the best person for the job and having processes in place to ensure this happens.

ORIENTATION – once a Volunteer has been appointed, making sure they settle in, feel well informed and valued.

TRAINING /DEVELOPMENT – ensuring they have the knowledge and skills to perform their role to the best of their ability.

RECOGNITION – making sure that your Volunteers know that they are appreciated and their work is valued by the Club/Organisation.

RETENTION / REPLACEMENT – planning for and managing the process of Volunteers leaving your Club /Organisation so that it has as little impact as possible on the running of the Club/Organisation.

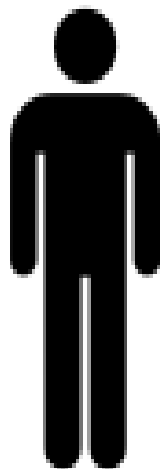
## CHAMPIONSHIPS

|             |                      |              |
|-------------|----------------------|--------------|
| Southland   | 19 <sup>th</sup> Feb | Invercargill |
| Nelson      | 25 <sup>th</sup> Feb | Nelson       |
| Canterbury  | 25 <sup>th</sup> Feb | Christchurch |
| Hawke's Bay | 26 <sup>th</sup> Feb | Napier       |
| Wellington  | 26 <sup>th</sup> Feb | Wellington   |
| Auckland    | 5 <sup>th</sup> Mar  | Auckland     |
| Otago       | 5 <sup>th</sup> Mar  | Dunedin      |
| Waikato     | 11 <sup>th</sup> Mar | Hamilton     |
| NZ          | 11 <sup>th</sup> Mar | Auckland     |
| NZ          | 12 <sup>th</sup> Mar | Auckland     |

## HEALTH TIP

What does water do for you –

- Needed by the brain to manufacture hormones and neurotransmitters
- Forms saliva (digestion)
- Keeps mucosal membranes moist
- Regulates body temperature (sweating and respiration)
- Allows body's cells to grow, reproduce and survive
- Acts as a shock absorber for brain and spinal cord
- Lubricates joints
- Flushes body waste, mainly in urine
- Converts food to components needed for survival (digestion)
- Helps deliver oxygen all over the body
- Water is the major component of most body parts



QUICK MARCH #112 / September 1960

**Wellington Championship will be on aggregate.**

At the recent Annual General Meeting of the Wellington Centre, held at Petone, a very good attendance of members was recorded, considering the atrocious weather. The generous action of the ladies of the Avonettes Teams (Hutt Valley Association) in providing supper was greatly appreciated.

In the election of officers, all were returned to office unopposed, indicating harmony in the Centre.

It was unanimously resolved that future Centre Champions, in all grades, shall be decided on the aggregation of three competitions, the Centre Championships to be the third competition.

At the same meeting it was also resolved that due to the number of junior and midget teams in the Centre, there would be no visitor's competition at the Centre Championships. In the senior grade there would be a visitor's competition with an overall limit of 25 teams.

## MNZ SERVICE AWARDS

CONGRATULATIONS to –

Tracy van Stijn (Otago)  
LONG SERVICE AWARD

Raewyn Shaw (Canterbury)  
EXTENDED LONG SERVICE AWARD

who were presented with their Service Awards at competitions prior to the Christmas-New Year break.

*Do not let what you cannot do interfere with what you can do.*

*Planning is the process of determining what should be achieved and how to achieve it.*

*It isn't the mountains ahead to climb that wear you out: it's the pebble in your shoe.*





## Calendar of Events

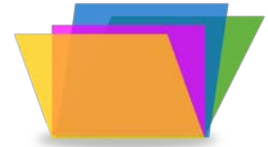
### January

28 New Year Competition Nelson

### February

|    |                               |             |
|----|-------------------------------|-------------|
| 4  | Twilight Competition or       | Wellington  |
| 5  | Local Competition             | Wellington  |
| 5  | 2 in 1 Competition            | Hawke's Bay |
| 5  | Dunedin Contest               | Otago       |
| 11 | Field Da & Picnic 9twilgiths) | Auckland    |
| 11 | Competition                   | Waikato     |
| 11 | Competition                   | Nelson      |
| 11 | March & Go                    | Canterbury  |
| 11 | Competition                   | Southland   |
| 12 | Local Competition             | Wellington  |
| 18 | N.A.M.E                       | Waikato     |
| 18 | March & Stay                  | Canterbury  |
| 19 | Championships                 | Southland   |
| 25 | Championships                 | Nelson      |
| 25 | Championships                 | Canterbury  |
| 26 | Championships                 | Hawke's Bay |
| 26 | Championships                 | Wellington  |
| 26 | Combined Contest              | Otago       |
| 27 | Competition                   | Waikato     |

## ASSOCIATION NOTES.....



### Snippets from Association Minutes

(that other Associations may find helpful as tips or topics for them)

Due to the weather the ground venue changed. We had been warned it was a possibility, but none of the Judges had been informed where we were to go. - I am not sure what the communication tree should be in these circumstances with combined hosting, getting some clarification on that would be helpful.

It was brought up that we need to review how we are looking at doing awards so that teams don't have to march twice at competitions. Looking forward to hearing what the final decision is for this.

*So far judges have had two meetings, and we are planning our own Xmas get together once this side of the season has completed.*

Judges have been looking at applying for funding to cover things like uniforms, fees, transport, importing other judges, our own callipers, subsidising qualifying judges – those sorts of things that will belong to the association. We would like to look at doing a sausage sizzle fundraiser to raise some funds ourselves so that we aren't relying solely on applications. We are hoping that the committee is happy for us to do this and any guidance around whom not to approach or any contacts would be appreciated.

*Open Free Choice Team have recently changed back to 1 hr practises on a Saturday from 3pm – 4pm, we continue to struggle getting all girls to practises. We have now settled with 6 wee girls, and have been working hard with them concentrating on stepping out with the left foot with everything we do not just at the start of tech. We have also had a chat with the parents reminding them how important it is to ensure they are on time for practises and competitions – to ensure everything runs smoothly for everyone.*

We've been lucky to get sheets now from all positions on the field, but from a coaches point of view I find the sheets still hard to understand, and I suspect even by Nationals I may still be scratching my head to come to grips with them. I find myself more than ever having to take more weight from what the judge says, rather than what the sheet says. Interviews are more important than ever now.

**Bright**  **Idea**

in the summer sun  
**SLIP-SLOP-SLAP**

+

**PUT ON A HAT**



Is your FIRST AID certificate current?  
Does your Team have a certified FIRST AIDER?  
Has the Association a FIRST AID KIT?

**HAPPY NEW YEAR**

## DRUG FREE SPORT UPDATE

The two key modifications to the [2017 Prohibited List](#) are **Salbutamol Inhalers (marketed as Ventolin)** Commonly used to treat asthma. The limitations on use of inhaled salbutamol have been amended. Athletes are allowed a maximum of 1600 micrograms over 24hours, but are not to exceed 800 micrograms every 12hours.

### Salmeterol (Severent)

Commonly used to treat asthma. The maximum allowable dosage of salmeterol has been defined for the first time as "200 micrograms over 24hours". This is consistent with manufacturers' recommendations.

Contact DFSNZ to determine if your athlete needs to apply for a TUE. A full summary of the 2017 Prohibited List is on the [Drug Free Sport NZ website](#). + the latest 2017 anti-doping information is available on MNZ website, listed under Coaching Resources.



## RESULTS

### SOUTH ISLAND CHAMPIONSHIPS

Hosted by Marching Nelson on 4<sup>th</sup> December

#### **UNDER 12-** Champion Team - Eclipse

##### Technical Team

- 1<sup>st</sup> Eclipse (Canterbury)
- 2<sup>nd</sup> Hokonui Militaires (Southland)
- 3<sup>rd</sup> Onyx Militaires (Otago)

##### Display Team

- 1<sup>st</sup> Eclipse (Canterbury)
- 2<sup>nd</sup> Hokonui Militaires (Southland)
- 3<sup>rd</sup> Onyx Militaires (Otago)

#### **UNDER 16-** Champion Team - Eclipse

##### Technical Team

- 1<sup>st</sup> Eclipse (Canterbury)
- 2<sup>nd</sup> Onyx Militaires (Otago)
- 3<sup>rd</sup> Ashton (Nelson)

##### Display Team

- 1<sup>st</sup> Onyx Militaires (Otago)
- 2<sup>nd</sup> Eclipse (Canterbury)
- 3<sup>rd</sup> Allstars (Canterbury)

#### **SENIOR-** Champion Team – Eclipse

##### Technical Team

- 1<sup>st</sup> Eclipse (Canterbury)
- 2<sup>nd</sup> Empire (Canterbury)
- 3<sup>rd</sup> Onyx Militaires (Otago)

##### Display Team

- 1<sup>st</sup>= Skellerup Militaire Guards (Canterbury)
- 1<sup>st</sup>= Eclipse (Canterbury)
- 3<sup>rd</sup> Blue Jay (Southland)

#### **MASTERS-** Champion Team – Onyx Millitaires

##### Technical Team

- 1<sup>st</sup> Onyx Millitaires (Otago)

##### Display Team

- 1<sup>st</sup> Onyx Millitaires (Otago)

Congratulations to all  
Teams, Judges & Officials  
who participated in the  
Island Championships and a  
big Thank you to Host  
Associations Marching  
Nelson & Marching Waikato  
and all the volunteers



## RESULTS

### NORTH ISLAND CHAMPIONSHIPS

Hosted by Marching Waikato on 10<sup>th</sup> December

#### **UNDER 12-** Champion Team – Glennette

##### Technical Team

- 1<sup>st</sup> Glennette (Wellington)
- 2<sup>nd</sup> Buckingham Guards (Hawke's Bay)
- 3<sup>rd</sup> Railfreight Cavaliers (Waikato)
- 4<sup>th</sup> Burlington (Hawke's Bay)

##### Display Team

- 1<sup>st</sup> Buckingham Guards (Hawke's Bay)
- 2<sup>nd</sup> Glennette (Wellington)
- 3<sup>rd</sup> Burlington (Hawke's Bay)
- 4<sup>th</sup> Railfreight Cavaliers (Waikato)

#### **UNDER 16-** Champion Team - Glennette

##### Technical Team

- 1<sup>st</sup> Glennette (Wellington)
- 2<sup>nd</sup> Ignite (Waikato)
- 3<sup>rd</sup> Te Aramaku Crowne Guards (Taranaki)

##### Display Team

- 1<sup>st</sup> Glennette (Wellington)
- 2<sup>nd</sup> Ignite (Waikato)
- 3<sup>rd</sup> Te Aramaku Crowne Guards (Taranaki)

#### **SENIOR-** Champion Team - Storm

##### Technical Team

- 1<sup>st</sup> Storm (Wellington)
- 2<sup>nd</sup> Storm Lancers (Wellington)
- 3<sup>rd</sup> Ignite (Waikato)

##### Display Team

- 1<sup>st</sup> Storm (Wellington)
- 2<sup>nd</sup> Ignite (Waikato)
- 3<sup>rd</sup> Millitaires Waikato (Waikato)

#### **MASTERS-** Champion Team - Bandolier

##### Technical Team

- 1<sup>st</sup> Bandolier (Wellington)

##### Display Team

- 1<sup>st</sup> Bandolier (Wellington)

# NZ CHAMPIONSHIPS

2017 NZ CHAMPIONSHIPS  
hosted by  
**Marching Southland**



Thursday/Saturday 16/18<sup>th</sup> March 2017

CHAMPIONSHIP VENUE  
**SIT Zero Fees Velodrome**  
**ILT Stadium Invercargill**

**ENTRY FORMS** – available from Association Secretaries or can be downloaded from the marching website [www.marching.co.nz/events](http://www.marching.co.nz/events)

**ENTRY FEE** – Under 12 Grade \$430 and Under 16, Senior and Masters Grade \$535

**ENTRIES CLOSE** – 31<sup>st</sup> January 2017

**OFFICIAL HOTEL** –

**Homesteadvilla**

**Motel**

Dee Street, Invercargill

**TIMETABLE OF EVENTS** –

Thursday 16<sup>th</sup> March – Official Opening  
Friday 17<sup>th</sup> March - Qualifying March for all grades  
Saturday 18<sup>th</sup> March – Plate/Championship March

**MARCHING FORMAT** –

Qualifying March is 'March n Go' and Coach/Judge Interviews to ask clarifying questions only, will be held at the conclusion of the march (MNZ Rule of Participation NZC13-1). At the conclusion of Coach/Judge interviews, a copy of the Contest Draw for the Team Championship, Plate or Bowl March will be available from the Director of Coaching. Results from Qualifying March will determine allocation into the Championship, Plate or Bowl March (MNZ Rule of Participation NZC3-4)

It was Muhammad Ali that said  
"Don't **count** the **days**, make the  
**days count.**"

Timetable

**DRAFT ONLY**

**Thursday 16<sup>th</sup> March – Official Opening**

Welcome, Official Opening and Leaders & Coach Meeting at the venue

**Friday 17<sup>th</sup> March - Qualifying March,**

All grades – Masters, Under 12, Under 16, Senior,

**Saturday 18<sup>th</sup> March – Bowl/Plate March and Championship March,**

Bowl/Plate March (if applicable)-Championship March for All Grades – Masters, Under12, Under16, Senior followed by Presentation of Awards, Parade of Champions and Flag Ceremony

**FREE ADMISSION TO THE VENUE  
FOR ALL TEAMS AND SPECTATORS**

The **Souvenir List** and **Order Form** will be forwarded to all Associations to send onto teams, early January

All Marching is indoors on a carpet laid floor.

## CONGRATULATIONS

Judging Panel for NZ Championships to be held in Southland in March

Technical A Sue Stenning (Southland)

Technical B Kaylene Mokotupu (Canterbury)  
Dianne Cox (Canterbury)

Technical C Nikki Rillstone (Nelson)  
Vicky Law (Canterbury)

Technical D Sue Cornelius (Nelson)  
Katherine Simonsen (Otago)

Display Victoria Kingsley-Homes(Otago)  
Bob Gibbison (Wellington)  
Brenda Potter (Waikato)

**Grades applicable to Judges will be  
advised at a later date.**

And it was Vincent Van Goh that said  
"Great things are **not done by  
impulse**, but by a series of small  
things **brought together.**"