

# NEWSLETTER

December 2016

From the Desk of the  
Chief Executive Officer

PO Box 3197, Richmond 7050  
142 Saxton Rd East, Stoke, 7011  
Telephone (03) 546 3330  
Email: [ceo@marching.co.nz](mailto:ceo@marching.co.nz)  
Web-site: [www.marching.co.nz](http://www.marching.co.nz)



## In this issue

- ♦ November Board Meeting
- ♦ Kids Corner
- ♦ Volunteer of the Month
- ♦ Technical Corner
- ♦ NZ Coach Magazine
- ♦ Judge Accreditor
- ♦ Association Notes
- ♦ About Volunteers
- ♦ LATE MNZ Trophy Returns
- ♦ Blast from the Past
- ♦ Health Tip
- ♦ Calendar of Events
- ♦ First Aid
- ♦ Island Championships
- ♦ Message from the President
- ♦ NZ Championships



## Technical Memo's

- ♦ Updated Judges Sheets
- ♦ Section Pages
- ♦ Recording Manual
- ♦ Introduction to Coaching



## Coming up

- ♦ Santa Parades
- ♦ Island Championships
- ♦ Christmas
- ♦ 2017.....Happy New Year



**SPORT  
NEW ZEALAND**

# MARCHING NEW ZEALAND

## November Board Meeting in brief

- ♦ The two-day meeting was held at the Brentwood Hotel in Wellington commencing Friday Evening with the TWP in attendance
- ♦ Membership registrations very slow - statistics tabled showed no registrations from two Associations, 41 Teams registered, 59 Coaches, 27 Judges and total membership of 679.
- ♦ 24 Members have introduced 25 new members and will be eligible for a Shared Subscription next season
- ♦ 30 Coaches will receive Reward Vouchers for their continued service to Coaching
- ♦ MNZ 2016/17 Budget year to date variances of 71% over on Income and 14% under on Expenditure
- ♦ Five of the eleven associations have submitted end of year accounts with only one Association recording a surplus for the 2015/2016 year
- ♦ The Director of Finance raised concerns of the financial viability of several associations
- ♦ Reports received from the TWP were discussed prior to meeting with them. Recommendations approved included Judging Group Advisors, Island Championship Panels and Elevated Judging Position of Compliance Judge
- ♦ A very comprehensive report received from the Group for Change was discussed with each Board Member taking one of the key points to prepare a paper for the January Meeting.
- ♦ The Board accepted the resignation of Judging Accreditor from Sherryn Palmer and appointed Sue Stenning. Sincere thanks to Sherryn for the many, many years of service in this role.
- ♦ Board Organisational Policies – Financial Policies were updated on the recommendation of the Director of Finance
- ♦ Risk Register discussed and new ratings, mitigation action established.
- ♦ Sport NZ Evaluation review to be completed in January prior to commencing with a new evaluation programme via Sport NZ
- ♦ Marching Bay of Plenty progressing with requirements to recess the Association.
- ♦ Board Mentor programme was reviewed and agreed to continue in the interim with some suggestions for dialogue for the Mentors going forward.
- ♦ Board Effectiveness Test was facilitated by Shona French

*Merry  
Christmas*

## KIDS CORNER

*Marching Molly*



Hi Marching Friends,  
Yahoooo its nearly Christmas. Our Team marched in the Santa Parade last weekend. It was such great fun. We were right in from of the float with Santa on and the announcer on the day announced us as 'marching Santa into Town'. We wore Santa hats and gave out notices to the kids on the way inviting them to join our Team in the Santa Parade next year... and hopefully they will be in our Team for marching next year too. After the parade we went out for lunch, to McDonalds. Our Chaperon had booked us in and they had a Christmas table all ready for us. That was fun too and our Chaperon had a Santa Sack full of parcels for us all. Mine was a coloring book and pencils, I just love colouring in so I was real excited to get that parcel. We have sold heaps of Christmas Cards that we made and our Chaperones even had to make more. Have a good Christmas and holiday Molly

++++  
To everyone having birthday in December



A birthday is a Million Moments, each holding a promise of fulfilment of your dreams and accomplishments of some special plans. Have a great day.



**SPORT  
NEW ZEALAND**

Marching New Zealand is very grateful to  
SPORT NEW ZEALAND  
for their continued investment in our sport

## MARCHING WORD FIND

M	X	M
R	Y	R
S	E	A

ANSWER NEXT MONTH  
ANSWER LAST MONTH – SIDEPACES

**Open Free Choice Teams**  
registered for the 2016/2017 season

Eclipse Mascots – Canterbury  
Empire – Canterbury  
Pioneers Canterbury Cuties – Canterbury  
Blue Jay U16 – Southland  
Blue Jay Kiwi – Southland  
Hokonui Cadets – Southland  
Burlington Fernz – Hawke's Bay  
Inspire Cadets – Wellington  
Inspire U16 – Wellington  
Kapiti Guards – Wellington  
Glennette – Wellington  
Madison Babes - Waikato  
Fusion – Waikato  
Monarch Waikato – Waikato  
Renwick Majors– Marlborough  
Onyx Minions – Otago





# THANK YOU

## to all our volunteers

THANK YOU – THANK YOU – THANK YOU

### Volunteer for November

**Jodie McLuskie**  
Marching Waikato

Marching Waikato have a new Treasurer after several years of having Raelene Sirbu, who decided to have a wee break. Jodie agreed to take on the role, and relished the challenge of filling Raelene's shoes. Wow all this modern stuff, is new to us, but so far so good, and she is doing pretty good. Suddenly we are on a finance program, which Jodie did a bit of research on, and came up with a Xero package. Loading all the codes, and details in to the system was a bit time consuming but all is now done. She has also set us up with on-line banking, so a busy time getting things to her liking. Well done Jodie we all appreciate your easy to read reports and enthusiasm of making us all aware of what we can or cannot afford. If nothing else Waikato has all the modern technology now.

Those who can, do.  
Those who can do more, volunteer.  
We often take for granted the very things  
that most deserve our gratitude.

## TECHNICAL CORNER



Emails ....

- 6<sup>th</sup> Nov – Recording Handbook
- 11<sup>th</sup> Nov – Section Pages, Section One/Twelve
- 12<sup>th</sup> Nov – Judge Sheet Tech C, U/16 Sen Masters
- 15<sup>th</sup> Nov – Tech A Sheet + update Recording Man
- 20<sup>th</sup> Nov – Judge Sheets Tech A, B, C,
- 24<sup>th</sup> Nov – Tech A Sheet page 2
- 27<sup>th</sup> Nov – Introduction to Coaching Resources

## New Zealand Coach Magazine

Read online at

[www.sportnz.org.nz/get-into-sport/coaching-guide](http://www.sportnz.org.nz/get-into-sport/coaching-guide)

## JUDGES TRAINING KIT

a new resource for judges contains DVD's and a folder of judging sheets. Both new and experienced judges will benefit and should contact their Chief Judge for more information.



## Introductory Teams

registered for the 2016/2017 season

Blue Jay Fernz – Southland  
Buckingham Guards – Hawke's Ba  
Te Arakamu Royales – Taranaki

## Judge Group Advisors

Technical A - Sue Stenning  
Technical B - Kaylene Mokotupu  
Technical C - Vicky Law  
Technical D - Sue Cornelius  
Display – Viki Kingsley-Holmes



## Coaches' Code of Ethics

1. Respect the rights, dignity and worth of every individual athlete as a human being
2. Maintain high standards of integrity
3. Be a positive role model for your sport and athletes and act in a way that projects a positive image of coaching
4. Professional responsibilities
5. Make a commitment to providing a quality service to your athletes
6. Provide a safe environment for training and competition
7. Protect your athletes from any form of personal abuse

## Judge Uniform

Judges uniform order form available from your Association Chief Judge

Polo Shirt	\$30.00
Reversible Vest	\$54.50
Jacket	\$61.00
Track pants	\$38.50
Ladies ¾ sleeve Blouse	\$46.00
Men's short sleeve shirt	\$45.00

## JUDGE ACCREDITOR

### THANK YOU

Sherryn Palmer (Marching Canterbury) who has retired from the role of Judge Accreditor.

Thank you Sherryn for the many, many years of service in this role and a 'Thank You' also from the many Judges you have guided through the accreditation programme



### CONGRATULATIONS

Sue Stenning (Marching Southland) who has been appointed Judge Accreditor and will oversee the first Judge Accreditations at the Island Championships this month

~~~~~

## ASSOCIATION NOTES.....



Congratulations

### Marching Waikato

On establishing your accounting processes on Xero Accounting Software. It is imperative that your Association Committee is presented with accurate and correct details to make informed decision on all matters financial in or out each month and to monitor progress against the annual budget. Well done.

## MEMBERSHIP REGISTRATIONS

Registrations may have been slow but we now have 66 teams, 95 Coaches, 50 Judges



## RISK MANAGEMENT

Highlighting the risks is a vital part of competition planning and crucial for the competition plan.

You should anticipate the risks and give thought to how they could be overcome, or at least indicate actions as to how to minimise their effect

1. Time to look at the RISK MANAGEMENT check list for your competitions
2. Time also to check the validity of officials FIRST AID CERTIFICATES



Lexophillia, just a few...

Venison for Dinner again. Oh Deer!  
How does Moses make Tea? Hebrews it.  
England has no kidney bank, but it does have a Liverpool.

I tried to catch some fog, but I mist  
They told me I had type-A blood, but it was a typo.  
I changed my iPod's name to Titanic. Its synching now.

Jokes about German sausage are the wurst.  
I stayed up all night to see where the sun went, then it dawned on me.

# about volunteers

## Young people do volunteer

There are many advantages to including young people in sport volunteering roles. They are energetic and often enthusiastic, and can bring new life and fresh ideas into a club.

Encouraging youth participation may pay dividends in the future. If early life experiences include sport volunteering it is likely people may volunteer later in life. To appeal to young people, volunteering will need to position itself as being as much about fun and good times as about helping others out. Sport organisations need to provide experiences that allow young people to test out activities and practices without creating a role that is onerous or involves a great deal of responsibility. Providing role counselling prior to taking up commitments is important because young volunteers can better understand the commitment that is required for the role and what skills they need to have.

Young volunteers like many others can be *investors* wanting to see others achieve or their sport do well. They are also likely to be *Cautious but Keen* types and hence a bit anxious about whether they can perform as a volunteer. The roles they are typically looking for are junior or assistant roles as these carry less risk and offer more opportunity for mentoring and skill and confidence development. Satisfied younger volunteers will be those whose roles have the right balance of 'safety' and the sociability they seek.

Young people are likely to have commitments as sport players and students, as well as social commitments. As a result, they are sometimes less able to commit to volunteering. Young people often require more intensive training and closer supervision than more mature volunteers and for the younger volunteer, volunteering can add to the pressure they feel to gain an education or the learning required for their work commitments. Voluntary roles can often be seen as onerous, boring, full of responsibilities, providing little reward and not delivering on the social pleasure and interaction they crave, i.e. uncool.

Marching New Zealand Trophies should have been returned by 30<sup>th</sup> November, please return urgently and avoid jeopardising your teams entry to the NZ Championships



**Marching New Zealand Trophy Custodian**  
Mrs Sherryn Wells,  
Waterford Paint Accessories  
80 Stoddard Road  
Mt Roskill, **AUCKLAND 1041**

## Under 12 Teams

registered for the 2016/2017 season

Ashton – Nelson  
Excelsior Nelson Cadets – Nelson  
Pioneers of Canterbury – Canterbury  
Eclipse – Canterbury  
Skellerup Royal Kilties – Canterbury  
Allstars – Canterbury  
Blue Jay – Southland  
Blue Jay Stars – Southland  
Hokonui Militaires – Southland  
Burlington – Hawke's Bay  
Buckingham Guards – Hawke's Bay  
Inspire – Wellington  
Glennette – Wellington  
Counties Pearls – Auckland  
Royal Guards – Auckland  
Railfreight Cavaliers – Waikato  
Fusion – Waikato  
Madison Blues – Waikato  
Onyx Militaires – Otago

## Blast from the Past

### QUICK STEP #6 – March 1979 Island Championships Results

|                      | North           | South                |
|----------------------|-----------------|----------------------|
| Champion             | Kilmarnock      | Canterbury Motors    |
| Midget               | Auckland        | Canterbury           |
| 2 <sup>nd</sup> Team | Waitemata Guard | Blue Star Taxis      |
|                      | Auckland        | Canterbury           |
| 3 <sup>rd</sup> Team | Glennette       | McVicar Cadets       |
|                      | Wellington      | Canterbury           |
| Champion             | Glennette       | Edinburgh Guards     |
| Junior               | Wellington      | Otago                |
| 2 <sup>nd</sup> Team | Whitiora        | Blue Star Taxis      |
|                      | Waikato         | Canterbury           |
| 3 <sup>rd</sup> Team | Windsor Guards  | McVicar Guards       |
|                      | Auckland        | Canterbury           |
| Champion             | Tawhai          | Acme Pioneers        |
| Senior               | Wellington      | Canterbury           |
| 2 <sup>nd</sup> Team | Canadian Guards | Skellerup Militaries |
|                      | Auckland        | Canterbury           |
| 3 <sup>rd</sup> Team | Shamrock        | McAlpine Stars       |
|                      | Wellington      | Canterbury           |

## HEALTH TIP

### Your SECRET WEAPON this silly season.

In December, we take on different routines to squeeze more into our days. We eat & drink more, and have later nights than we're used to. Sleep can take a background to everything else that's going on. A lack of sleep affects mental, emotional & physical health. We don't function as well, confusion & forgetfulness ensue, and everyday events grow ever more taxing. Don't let the bright lights of the festive season be dimmed by feelings of overwhelm, pressure, stress and tiredness. Consider these tips to make quality sleep your secret weapon.



Get organised - Do you lay your head on your pillow and a few seconds later you are bombarded with thoughts of everything you still need to do before Christmas arrives? This can become a

vicious cycle as worry causes your heart rate to increase, which bumps up your temperature, reducing your body's drive to sleep & in turn making you worry more. Instead, organise the next day's festive planning before you go to bed so you can put those thoughts to bed - literally.



Allow yourself to settle - Help yourself wind down at night by rearranging your evening for quality 'me time' before bed. Try leaving electronic distractions away from the bedroom, drinking

chamomile tea, taking a warm bath, reading or stretching to enable your body & mind to slow down, relax and settle in for a restful sleep.



Maintain your sleep schedule - The odd sleep-in isn't an issue but your natural sleep-wake cycle loves routines! Your body's natural alarm clock dictates your day, including when you feel hungry, alert, happy & sleepy. It's no surprise that sleeping past your natural rising time

can result in grumpiness and sluggishness. Where you can, go to bed & get up at roughly the same times each day to programme your body to sleep better.



Be mindful of treats - When it comes to food, do your normal routines of moderation get thrown out the window in December? While it is enjoyable to indulge in fabulous-tasting treats, keep in

mind foods effect on sleep. It's harder for your body to metabolise rich & unhealthy foods, especially if they're eaten just before bed. Forcing your body to metabolise while sleeping can mean a sore stomach, heartburn and poor sleep. Be mindful of what, when and how much you eat.



Balance your nutrients - Your body needs a nutritional top up now more than ever to sleep well in this hectic season! Boosting magnesium levels helps tense or tight muscles to relax,

and subsequently helps your body to fall better to sleep. You also need calcium for natural muscle contraction, so keeping these two minerals in balance is important.

## SOUTH ISLAND CHAMPIONSHIPS

Hosted by Marching Nelson  
Sunday 4<sup>th</sup> December 2016  
Trafalgar Centre, Nelson

## NORTH ISLAND CHAMPIONSHIPS

Hosted by Marching Waikato  
Saturday 10<sup>th</sup> December 2016  
Queen Elizabeth Youth Centre, Tauranga



## Calender of Events

### December

|    |                     |          |
|----|---------------------|----------|
| 3  | Competition         | Waikato  |
| 3  | SI Competition      | Nelson   |
| 4  | SOUTH ISLAND CHAMPS | Nelson   |
| 10 | NORTH ISLAND CHAMPS | Tauranga |

### January

|    |                      |        |
|----|----------------------|--------|
| 28 | New Year Competition | Nelson |
|----|----------------------|--------|

## CHAMPIONSHIPS

|              |                      |              |
|--------------|----------------------|--------------|
| South Island | 4 <sup>th</sup> Dec  | Nelson       |
| North Island | 10 <sup>th</sup> Dec | Tauranga     |
| Southland    | 19 <sup>th</sup> Feb | Invercargill |
| Nelson       | 25 <sup>th</sup> Feb | Nelson       |
| Canterbury   | 25 <sup>th</sup> Feb | Christchurch |
| Hawke's Bay  | 26 <sup>th</sup> Feb | Napier       |
| Wellington   | 26 <sup>th</sup> Feb | Wellington   |
| Auckland     | 5 <sup>th</sup> Mar  | Auckland     |
| Otago        | 5 <sup>th</sup> Mar  | Dunedin      |
| Waikato      | 11 <sup>th</sup> Mar | Hamilton     |
| NZ           | 11 <sup>th</sup> Mar | Auckland     |
| NZ           | 12 <sup>th</sup> Mar | Auckland     |



Is your FIRST AID certificate current?  
Does your Team have a certified FIRST AIDER?  
Has the Association a FIRST AID KIT?



**JUDGING PANEL**  
**SOUTH ISLAND CHAMPIONSHIPS**

Nelson 4<sup>th</sup> December

|             |                                      |
|-------------|--------------------------------------|
| Technical A | Mr David Miller (Wellington)         |
| Technical B | Ms Margo Jackson (Waikato)           |
| Technical C | Ms Nikki Rillstone (Nelson)          |
| Technical D | Ms Sue Cornelius (Nelson)            |
| Display A   | Mrs Rosemary Dyer (Nelson)           |
| Display B   | Mrs Victoria Kingsley-Holmes (Otago) |

**NORTH ISLAND CHAMPIONSHIPS**

Tauranga 10<sup>th</sup> December

|             |                                      |
|-------------|--------------------------------------|
| Technical A | Mrs Jenny Cox (Canterbury)           |
| Technical B | Ms Margo Jackson (Waikato)           |
| Technical C | Ms Victoria Law (Canterbury)         |
| Technical D | Mrs Pauline Ward (Southland)         |
| Display A   | Mrs Victoria Kingsley-Holmes (Otago) |
| Display B   | Mr Bob Gibbison (Wellington)         |

*Good Luck to all Teams,  
Judges and Officials for a  
very successful  
Island Championships*

**Under 16 Teams**

registered for the 2016/2017 season

Ashton — Nelson  
Excelsior — Nelson  
Eclipse — Canterbury  
Skellerup Royal Guards — Canterbury  
Allstars — Canterbury  
Pioneers of Canterbury — Canterbury  
Burlington Knightz — Hawke's Bay  
Glennette — Wellington  
Westlake — Auckland  
Ignite — Waikato  
Te Arakamu Crown Guards — Taranaki  
Onyx Militaires — Otago

**SEASON'S GREETINGS**

**FROM THE PRESIDENT**

**TO: MEMBERS OF**

**MARCHING NEW ZEALAND**

Thank you one and all for your continuing efforts to maintain the Sport of Marching for future generations.

Your Board recently set up a small Group of personnel, facilitated by an ex-Board Member to come up with ideas for change that would be beneficial going forward. Their role was not to work out if the ideas were workable, affordable etc etc. The emphasis being on providing the Board with ideas that could be considered as a means of re-positioning the Sport to make it more appealing to potential Marchers, Parents and Caregivers. That Group reported to the Board meeting early in November and all Board Members have been charged with analysing a component of the report through a technique around How, Why, When, Where, Cost, Feasibility etc etc and reporting to the next Board meeting early in February 2017. Suffice to say that some of the IDEAS FOR CHANGE are well worth in-depth consideration. A big thank you goes out to the personnel involved.

The Christmas/New Year period is a joyous season to take a step back from our busy lives and enjoy time with our loved ones.

Best wishes to you and yours.

Season's Greetings!! Be sure to take some time out of your busy life to enjoy the magic of the holidays this season.

John H Lloyd



## Senior Teams

registered for the 2016/2017 season

Skellerup Militaire Guards – Canterbury  
Eclipse – Canterbury  
Empire – Canterbury  
Blue Jay – Southland  
Glennette – Wellington  
Storm – Wellington  
Royal Guards – Auckland  
Railfreight Cavaliers – Waikato  
Ignite – Waikato  
Millataires Waikato – Waikato  
Taranaki Squad – Taranaki  
Clutha Guards – Otago

~~~~~

Lexophillia, a few more ...

This girl said she recognised me from the Vegetarian Club, but I'd never met herbivore.  
I'm reading a book about anti-gravity. I just can't put it down.  
I did a theatrical performance about puns. It was a play on words.  
Why were the Indians here first? They had reservations.  
I didn't like my beard at first. Then it grew on me.  
Did you hear about the cross-eyed Teacher who lost her job because she couldn't control her pupils?  
Broken pencils are pointless.  
What do you call a dinosaur with an extensive vocabulary? A Thesaurus.  
I got a job at a Bakery because I kneaded dough.  
Velcro – what a rip off.  
Don't worry about old age; it doesn't last

~~~~~

To all Marchers, Team Management, Coaches,  
Judges, Administrators and Competition Day  
Volunteers have a fantastic holiday season



## NZ CHAMPIONSHIPS

2017 NZ CHAMPIONSHIPS

hosted by

**Marching Southland**

Thursday/Saturday 16/18<sup>th</sup> March 2017

**SIT Velodrome  
Stadium Southland**



### ENTRY FEE

Under 12 - \$430.00

U16, Senior & Masters - \$535.00

OFFICIAL HOTEL

**Homesteadvilla**

**Motel**

Dee Street, Invercargill

**Timetable**

**DRAFT ONLY**

**Thursday 16<sup>th</sup> March – Official Opening**

Welcome, Official Opening and Leaders & Coach Meeting at the venue

**Friday 17<sup>th</sup> March - Qualifying March,**

All grades – Masters, Under 12, Under 16, Senior,

**Saturday 18<sup>th</sup> March – Bowl/Plate March and  
Championship March,**

Bowl/Plate March (if applicable)-Championship March for All Grades – Masters, Under 12, Under 16, Senior followed by Presentation of Awards, Parade of Champions and Flag Ceremony

## Masters Teams

registered for the 2016/2017 season

Empire Guards– Canterbury

Bandolier – Wellington

Argent – Auckland

Onyx Militaires – Otago

